



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

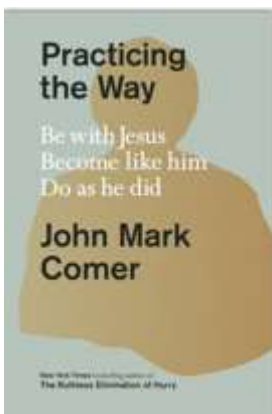
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Campion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

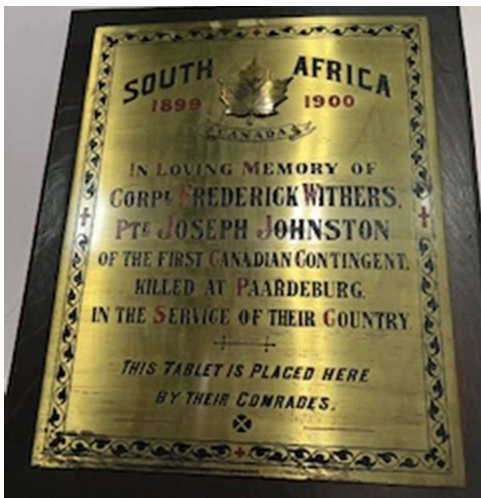


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantifest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

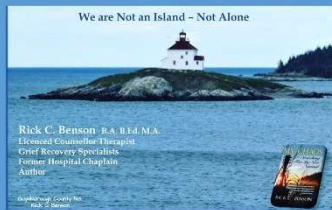
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

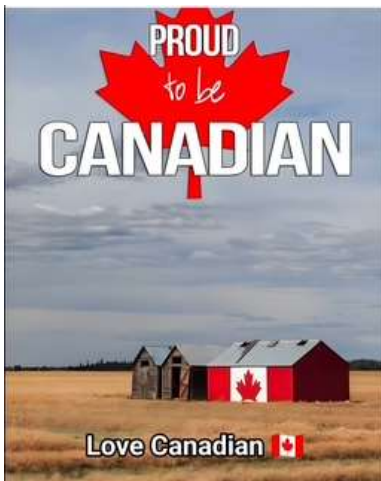
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

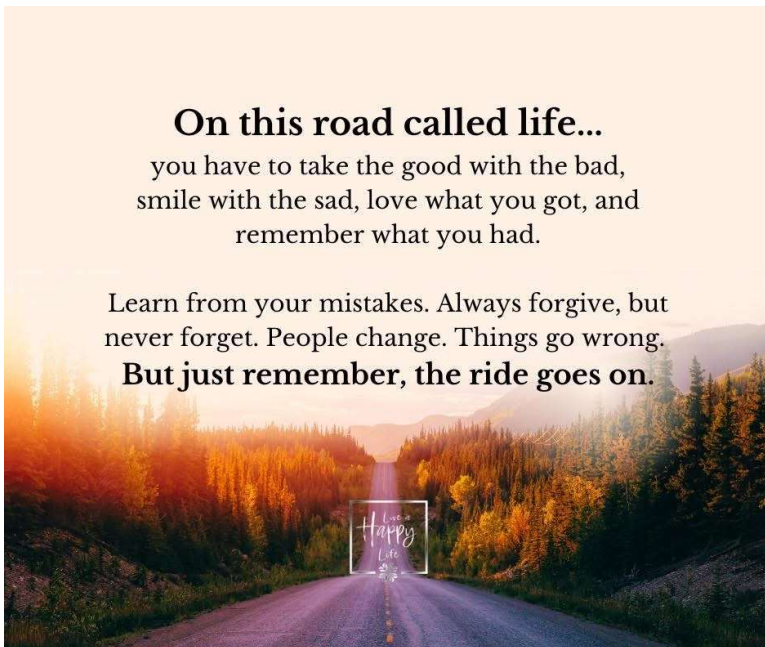
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

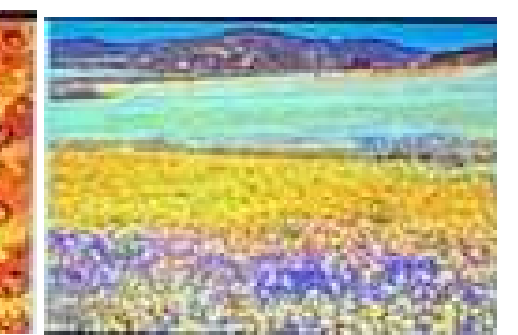
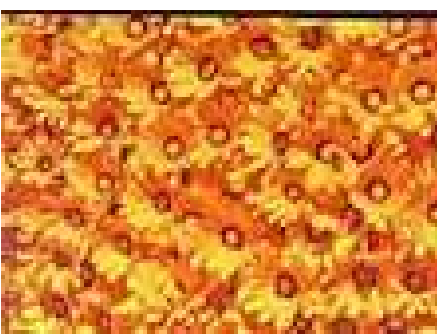
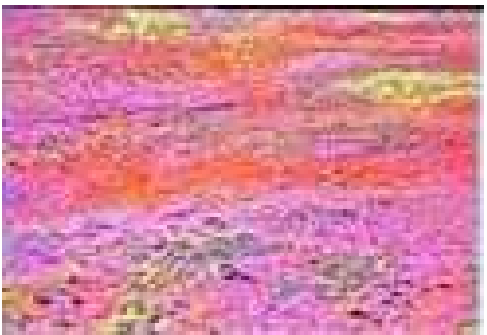
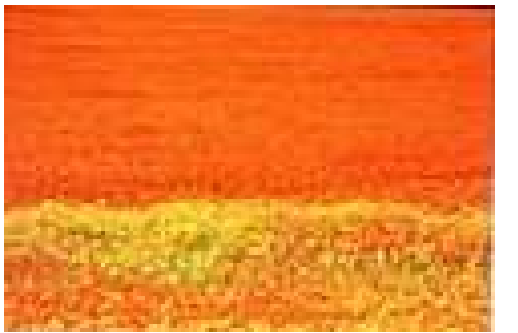
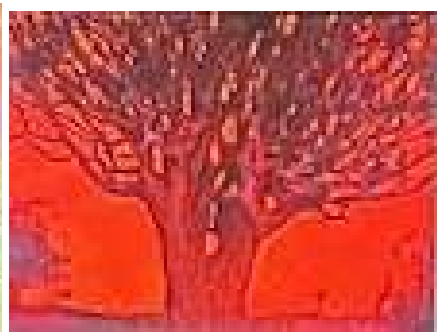
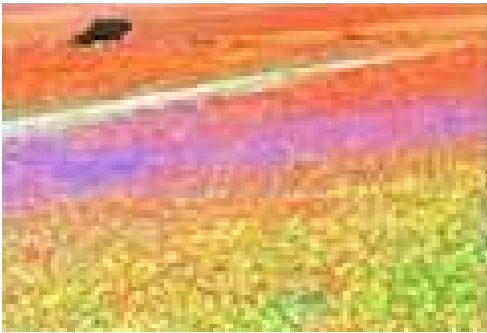
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamper's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

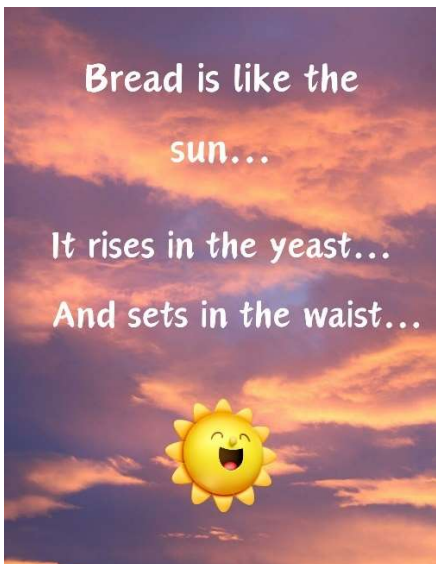
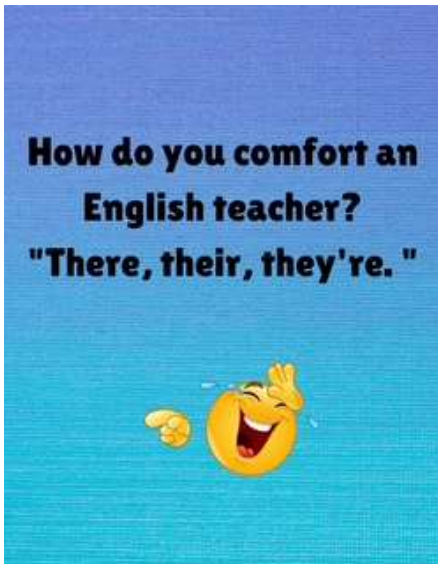
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

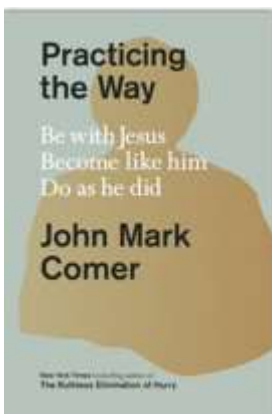
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

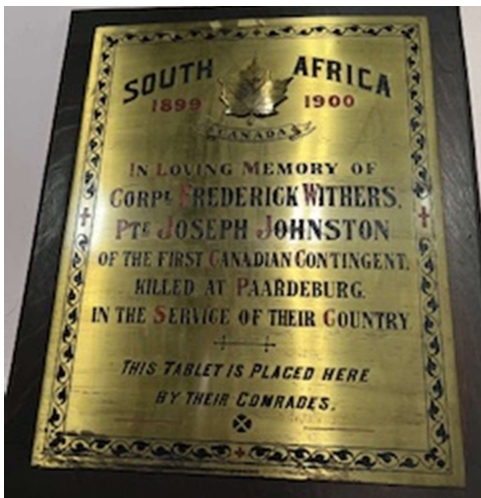


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**

Saturday Feb 8th and 15th (2 Days)
10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

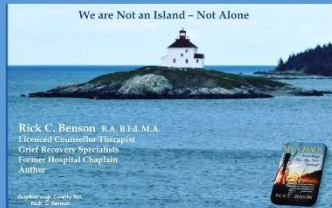
115 Charlotte St.
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

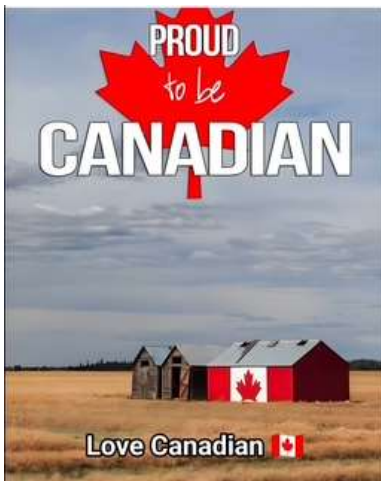
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

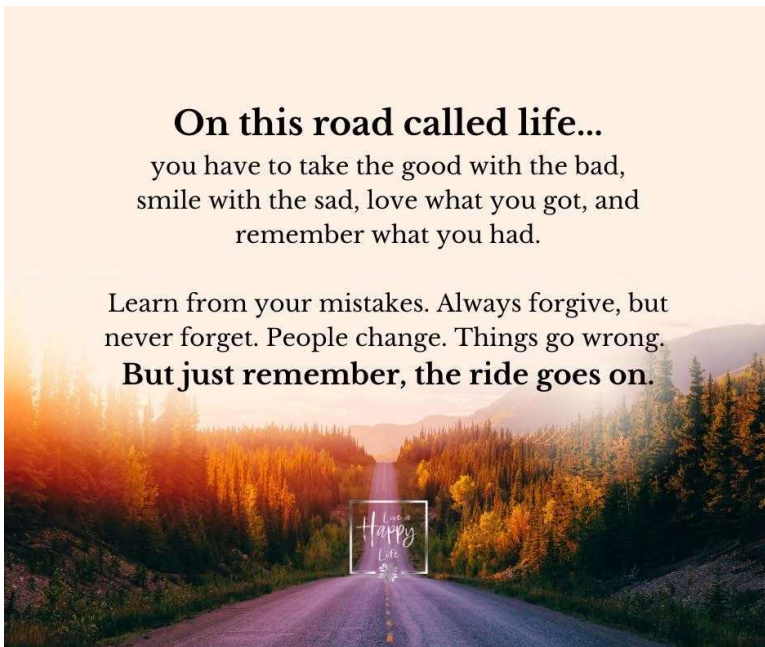
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

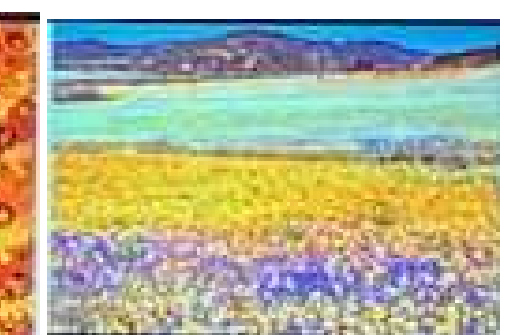
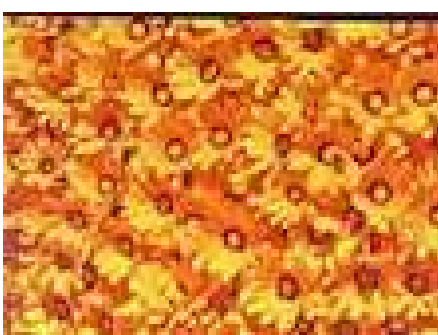
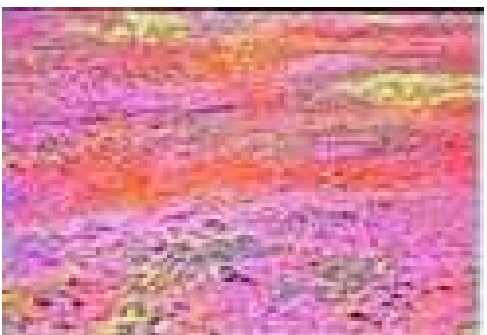
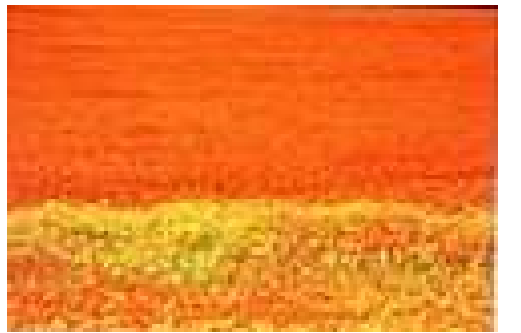
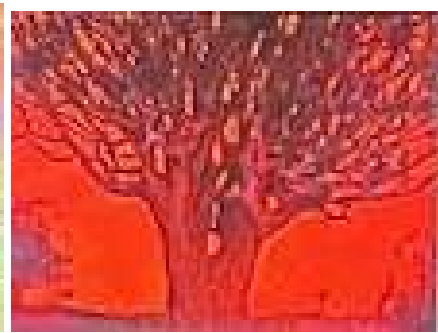
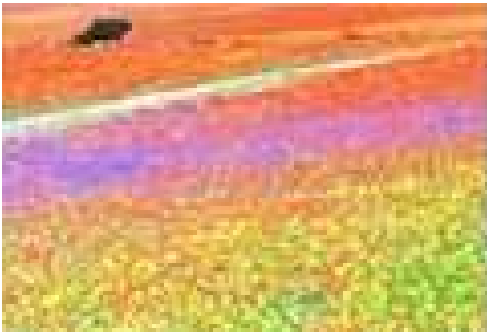
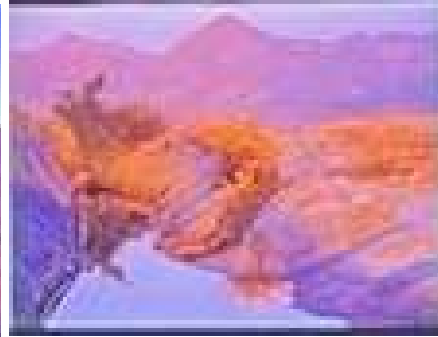
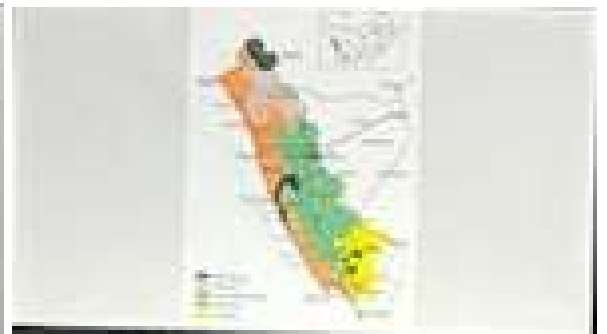
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

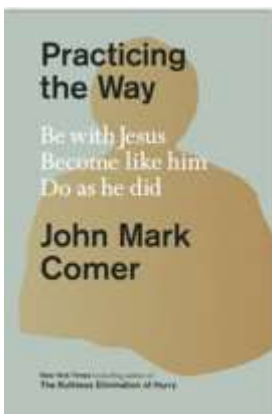
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

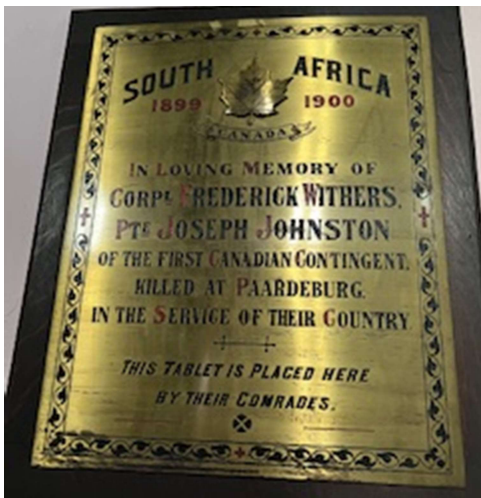


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

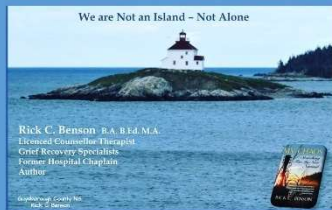
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

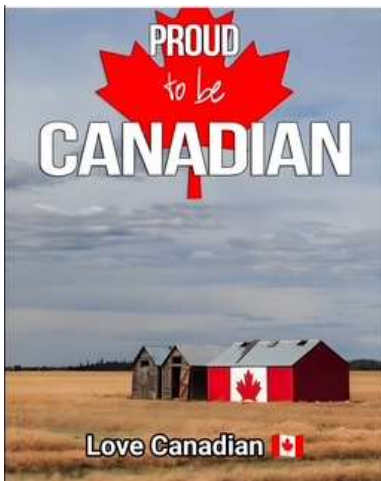
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

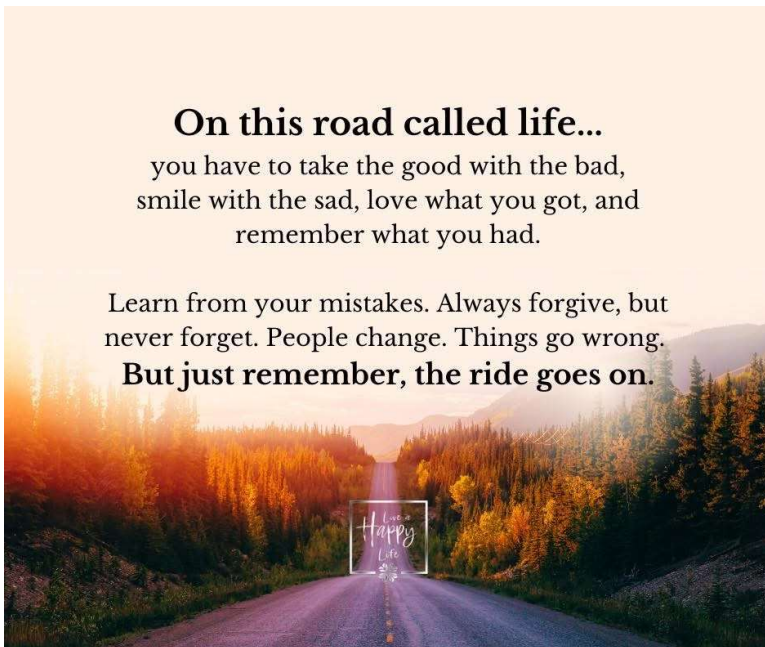
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

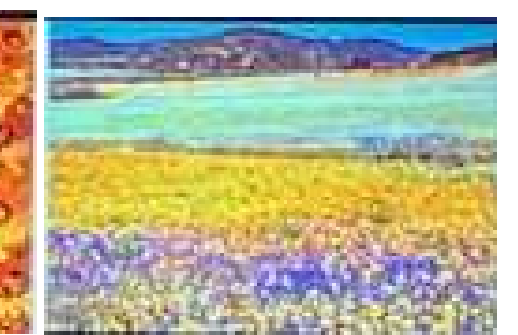
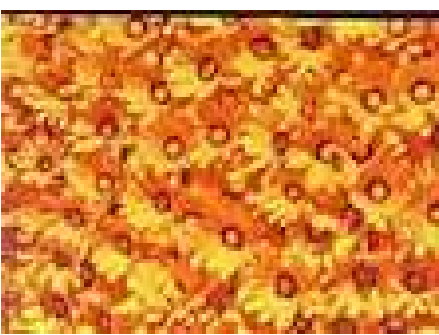
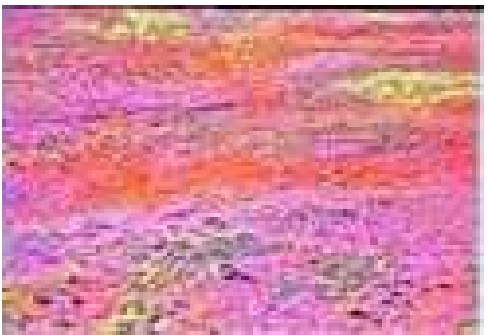
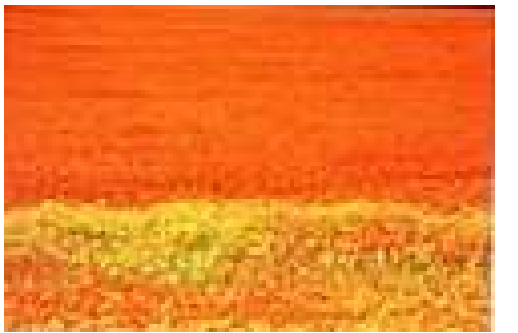
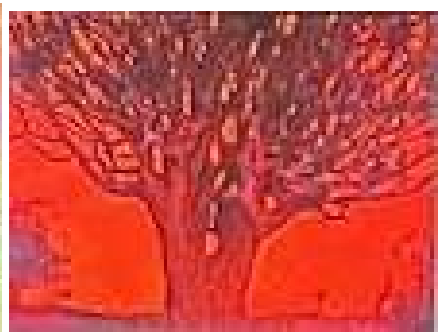
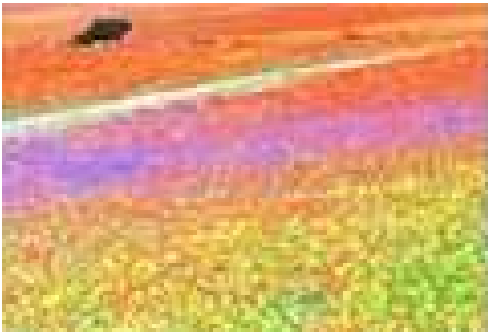
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

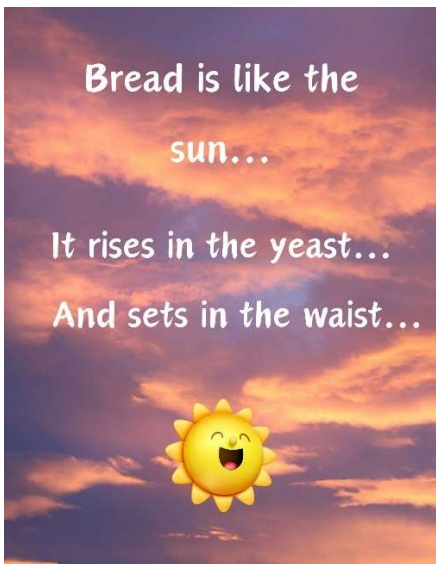
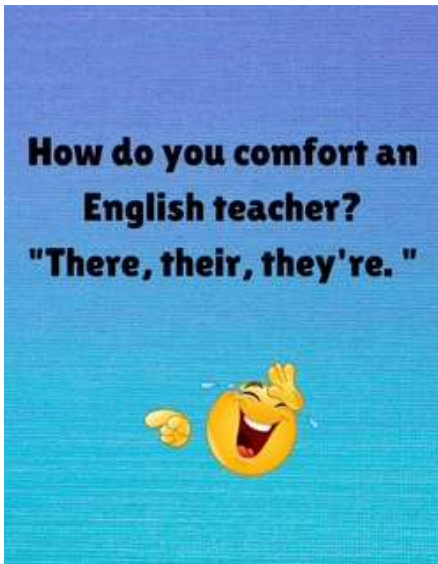
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

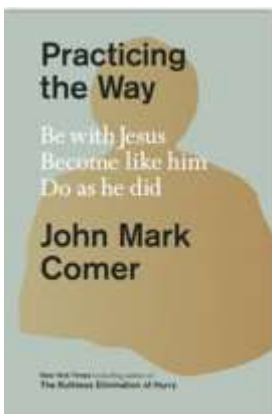
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

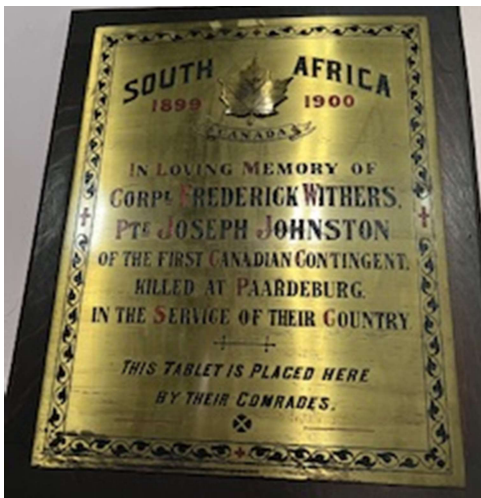


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:

James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

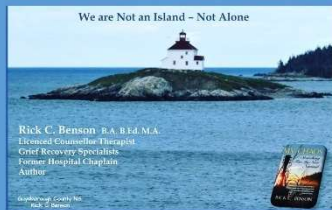
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

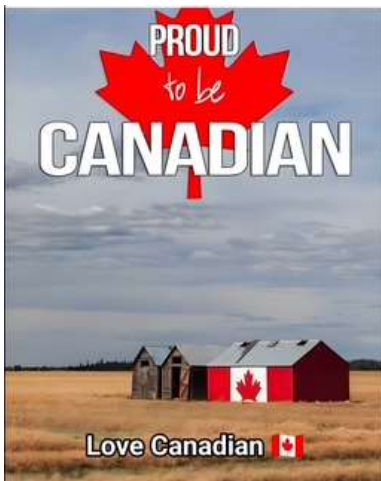
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

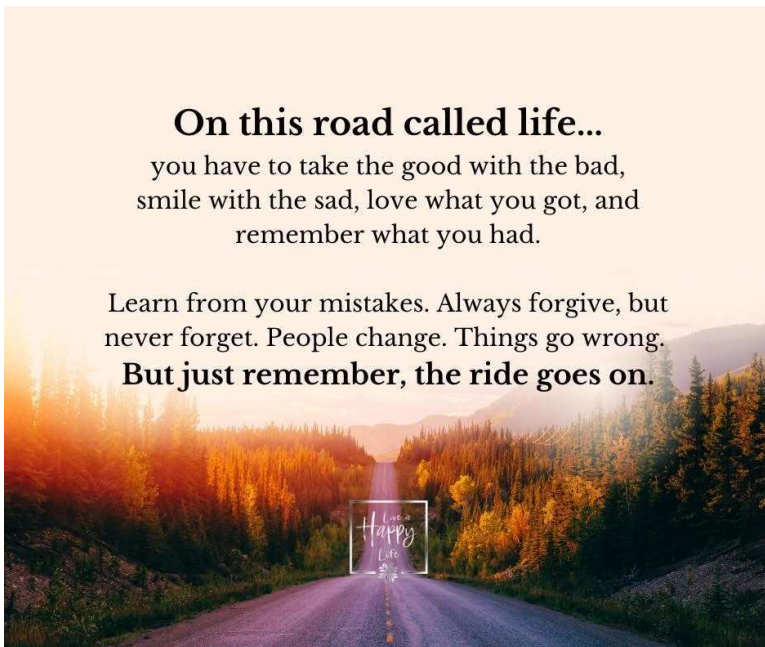
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

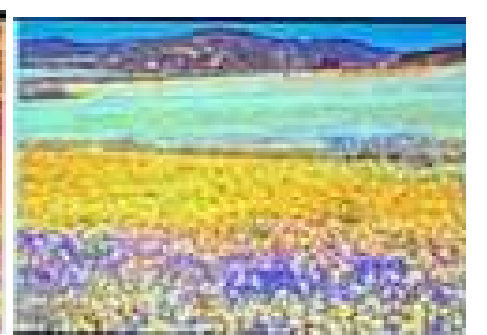
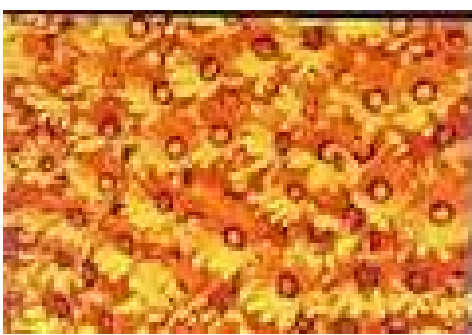
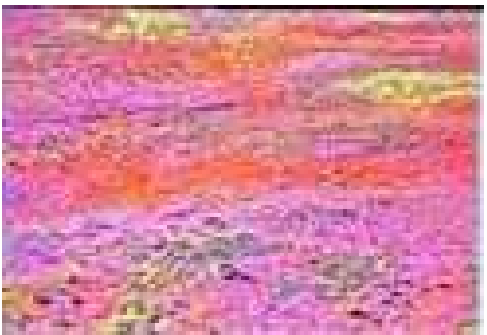
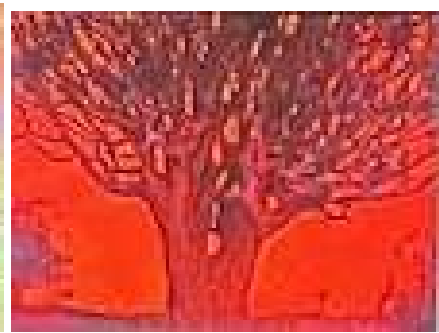
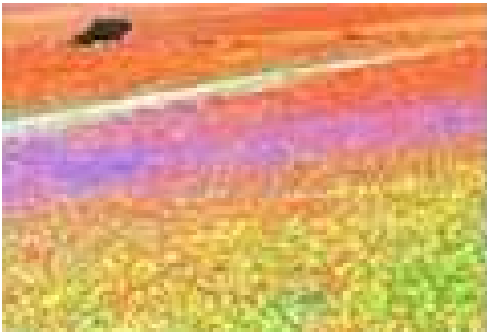
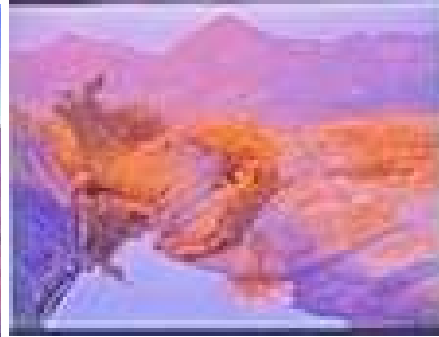
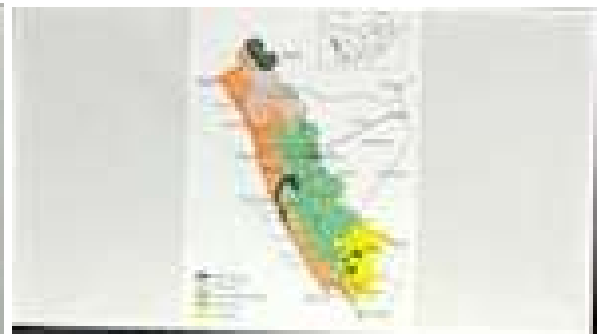
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

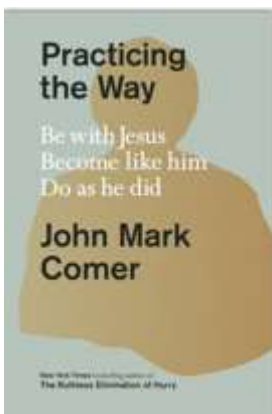
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

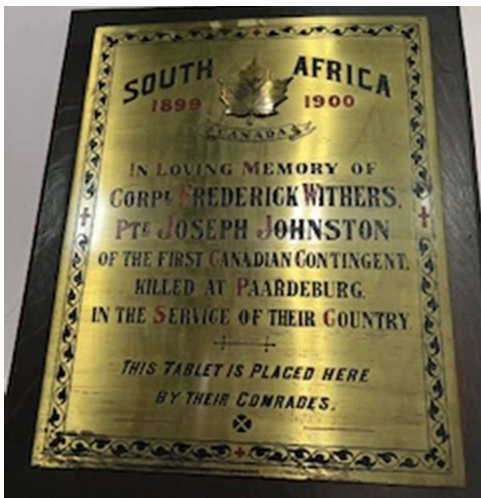


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual

HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:





James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

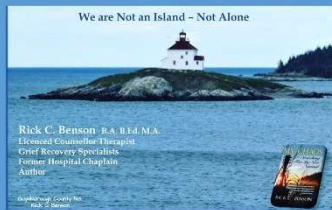
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

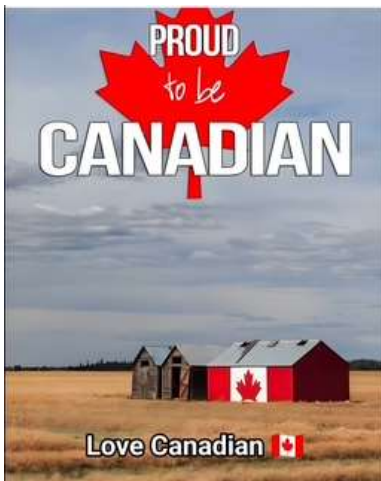
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

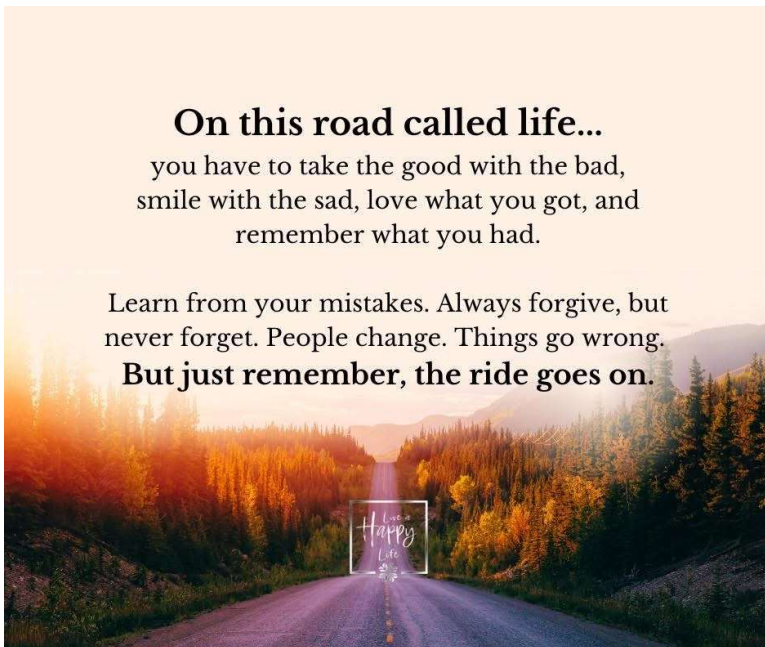
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

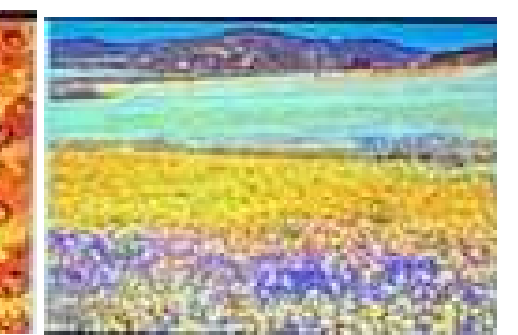
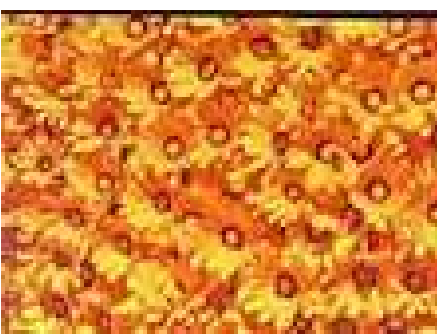
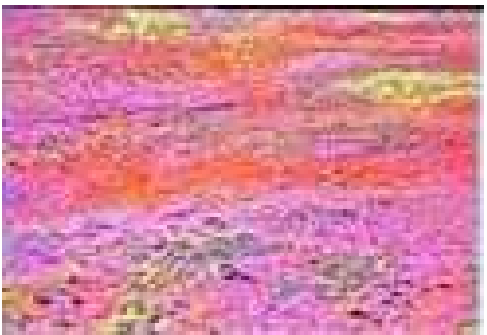
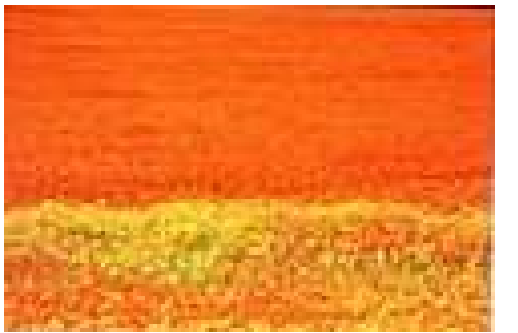
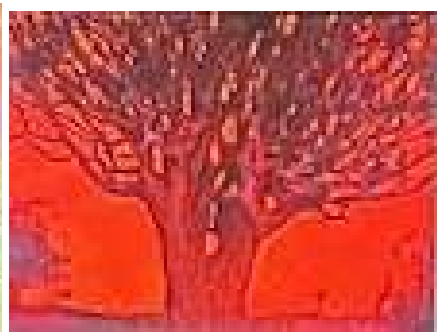
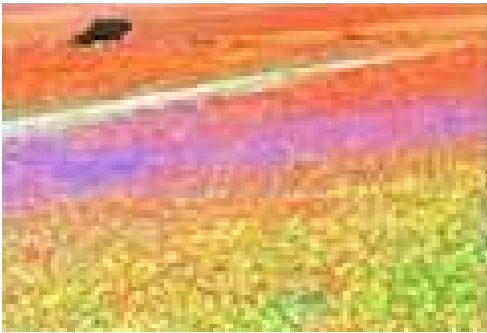
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

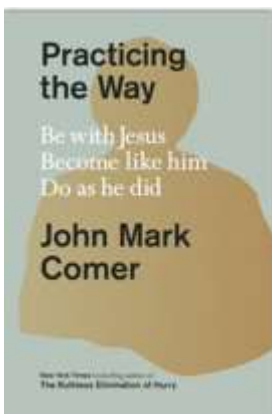
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

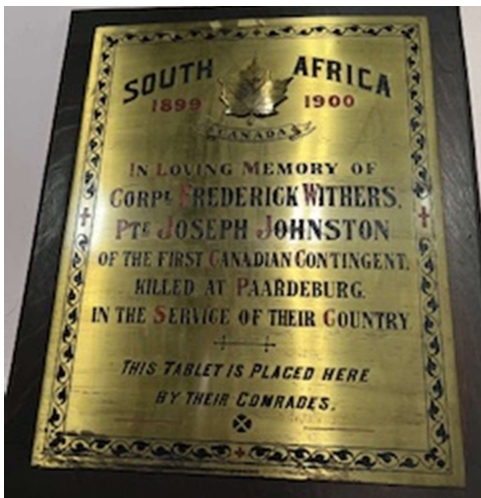


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

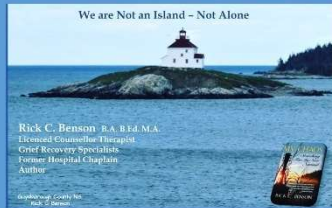
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

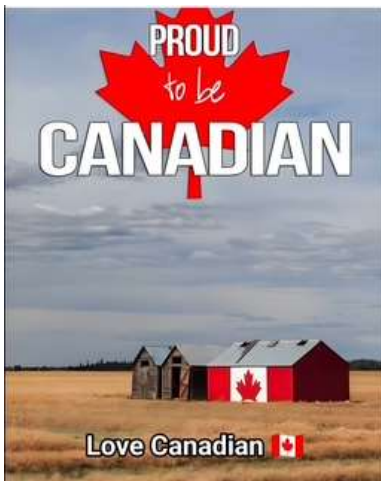
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

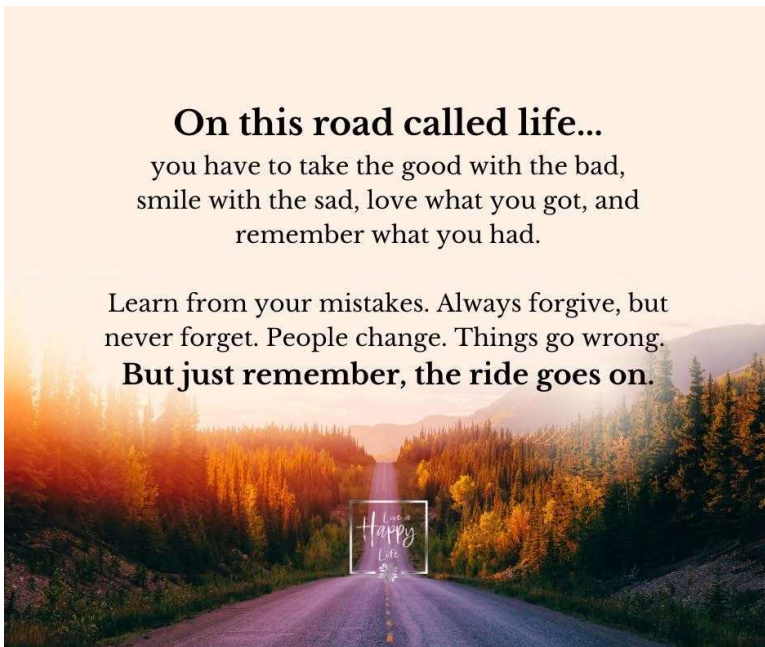
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

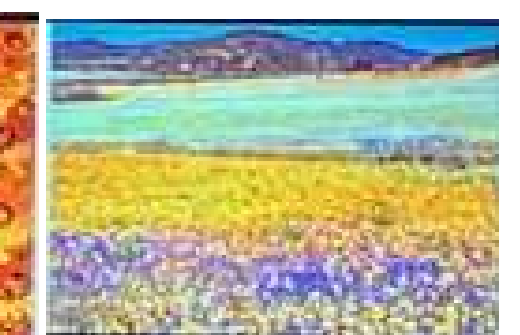
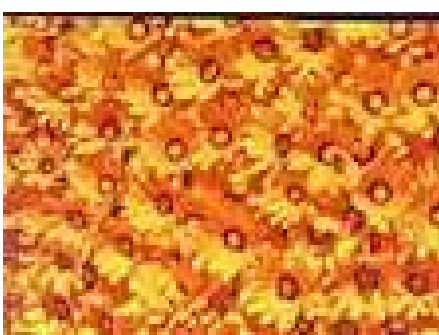
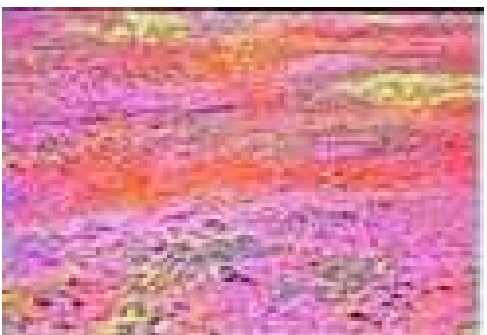
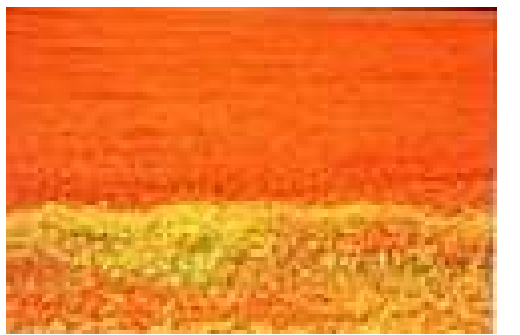
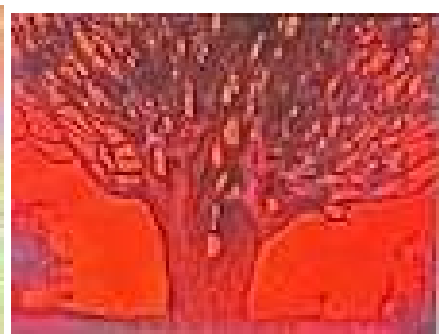
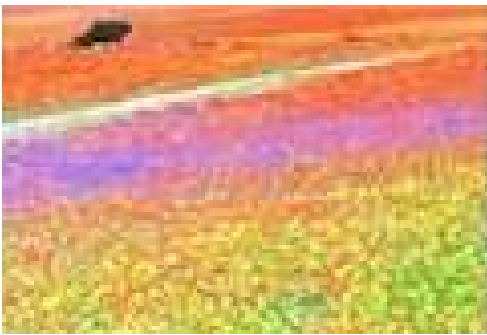
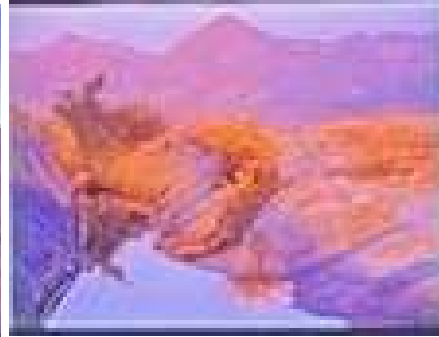
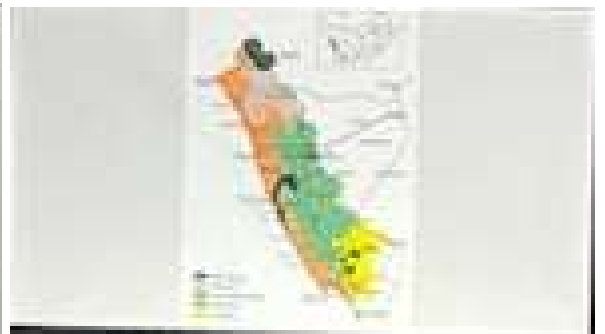
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



Lo. & R. Knight.
LOUISE KNIGHT
RUTH KNIGHT
CH. FOSS
RECORDED 1938/39



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

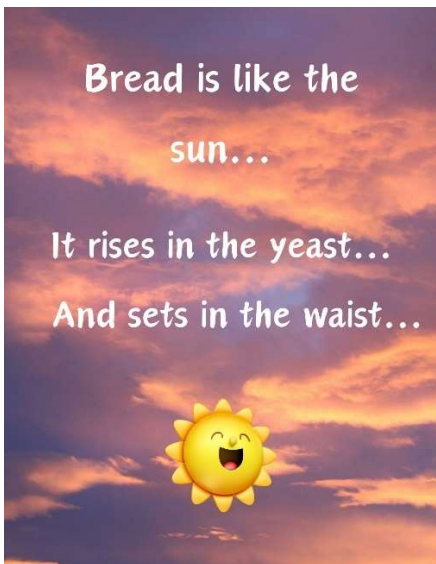
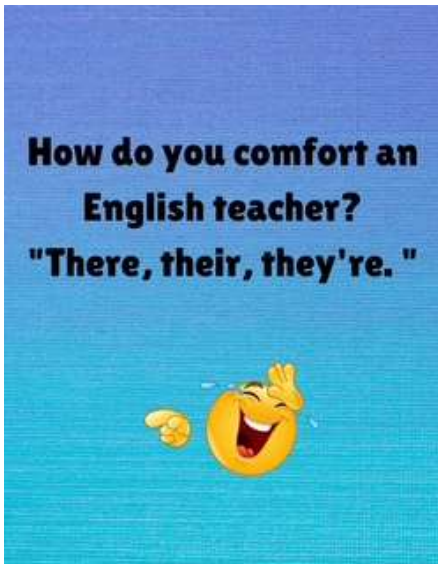
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

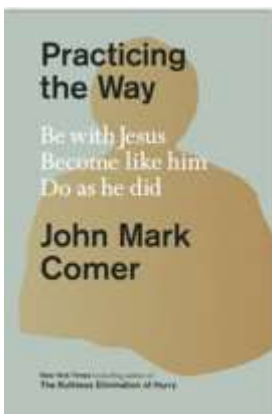
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

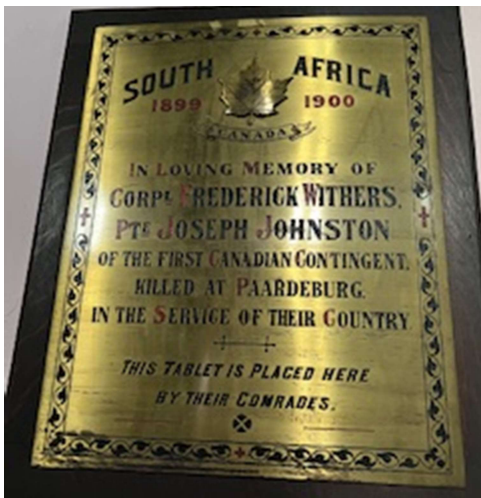


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

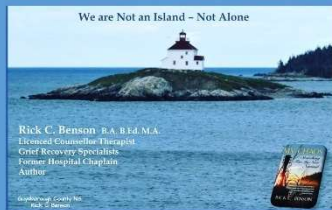
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

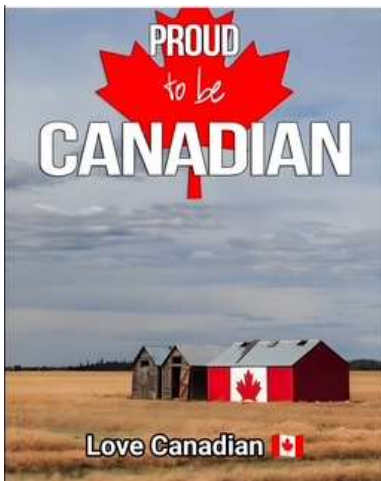
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

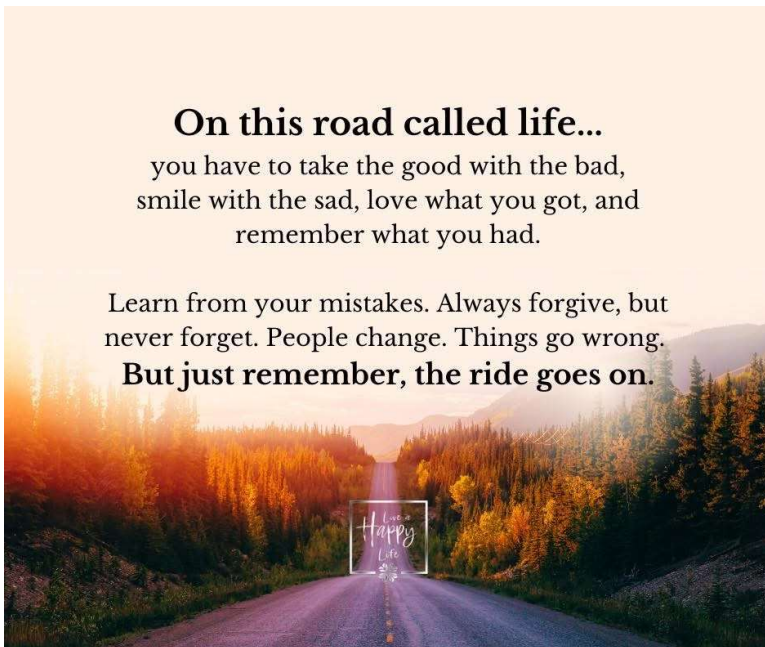
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

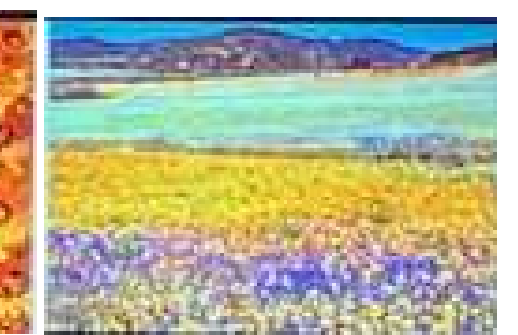
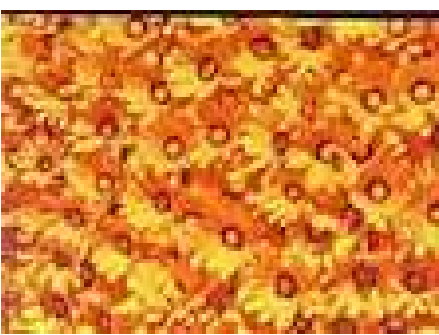
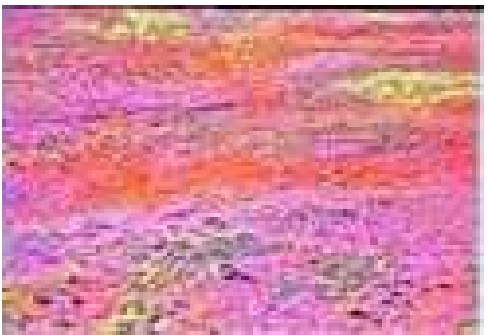
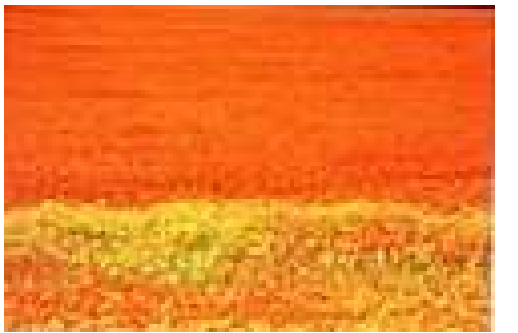
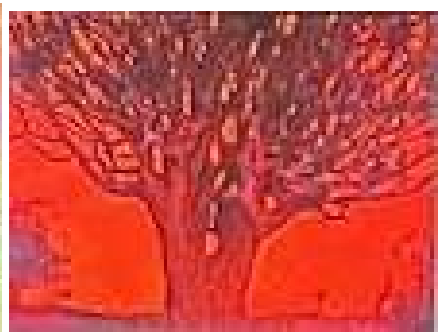
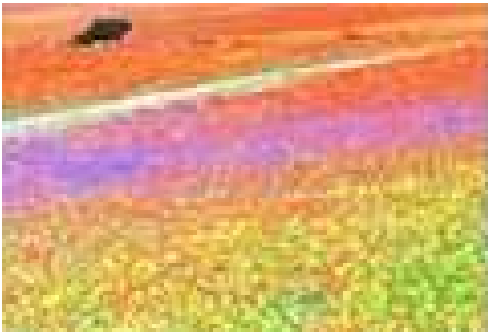
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

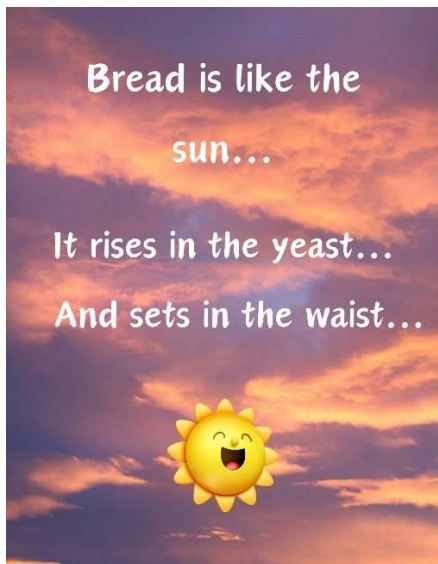
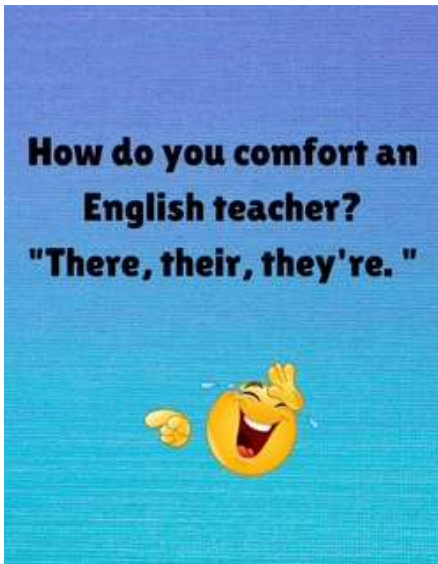
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

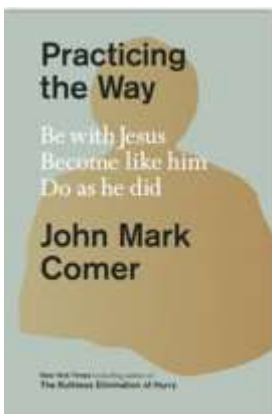
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

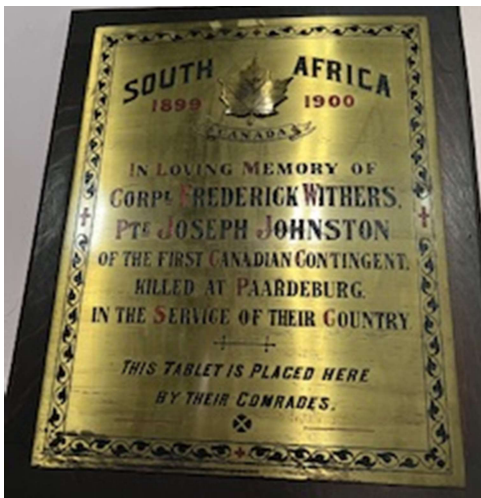


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

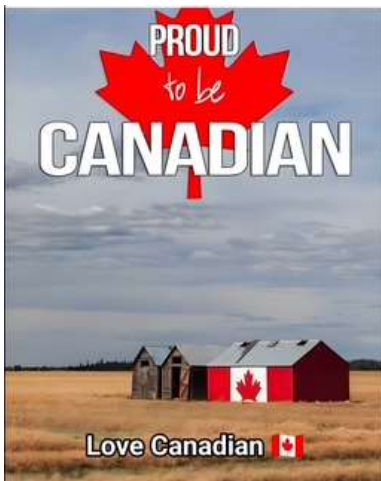
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

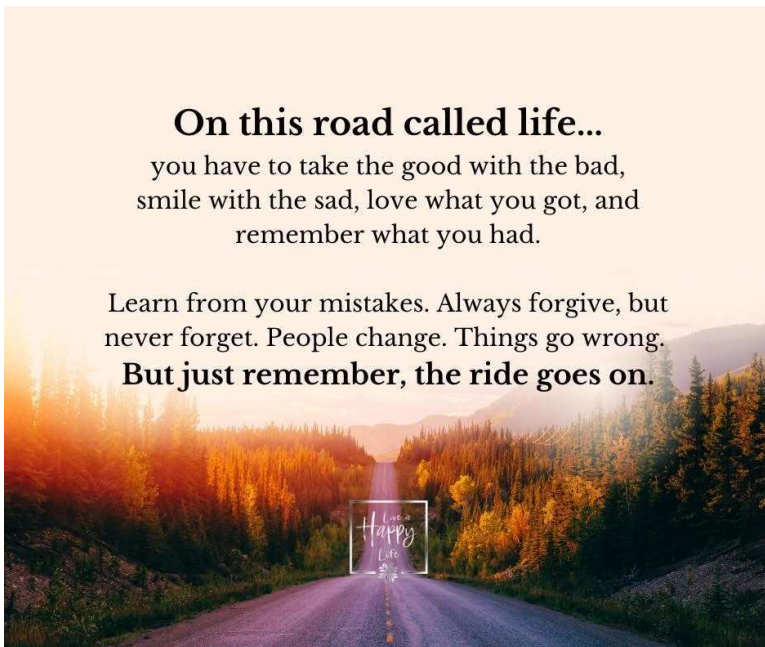
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

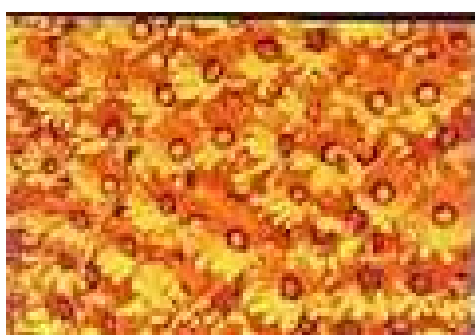
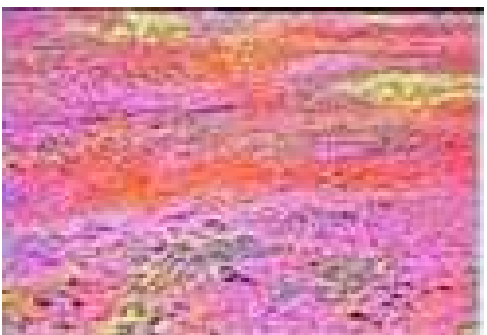
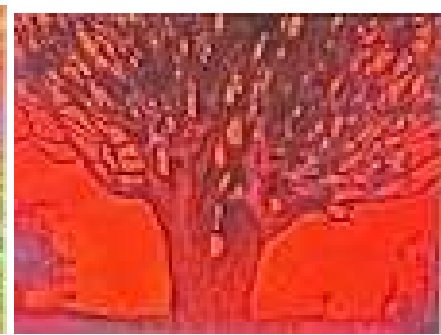
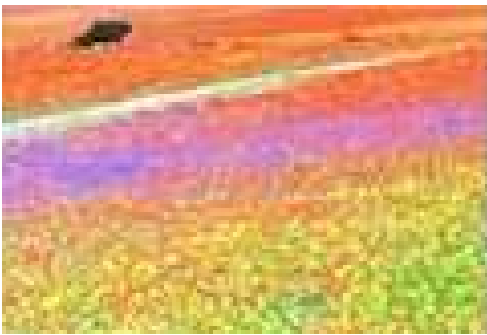
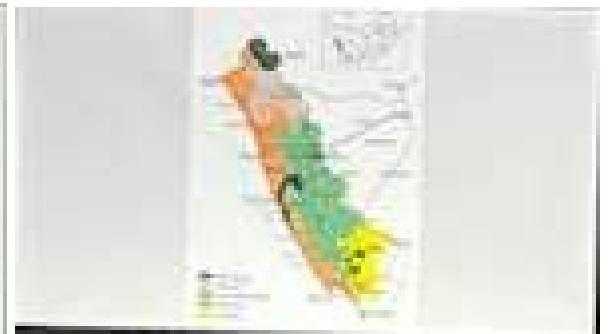
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

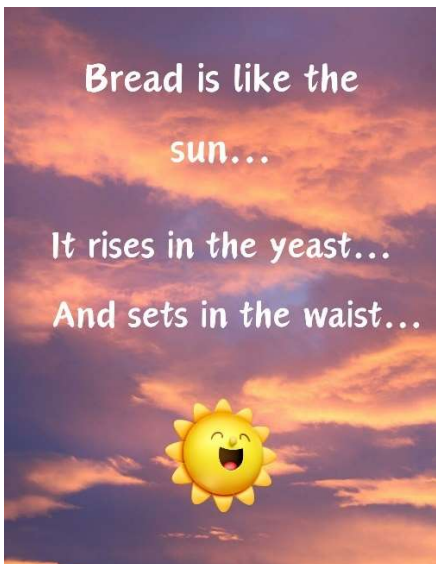
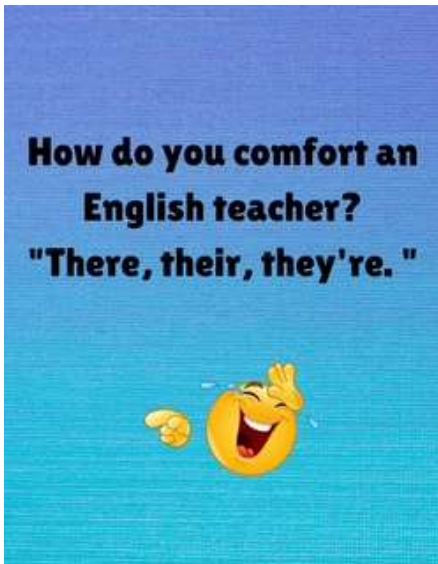
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

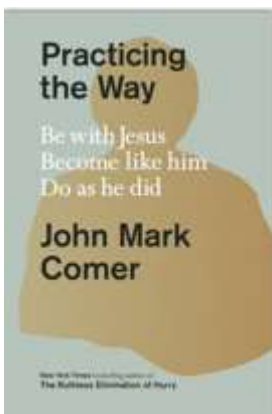
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

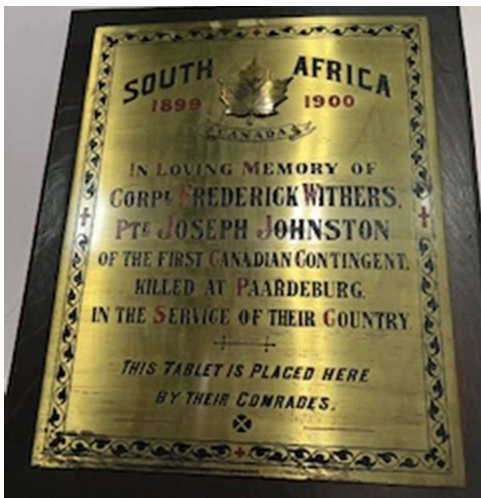


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

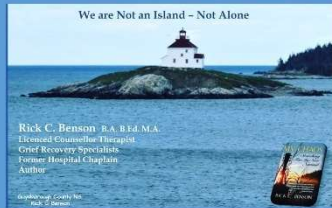
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

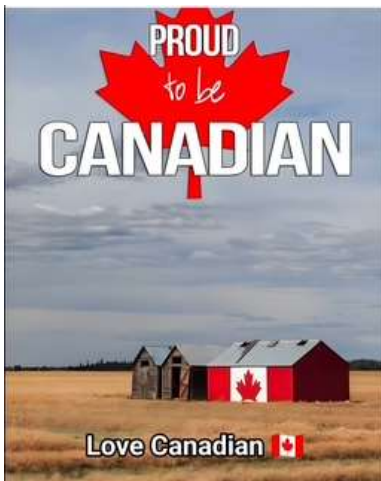
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

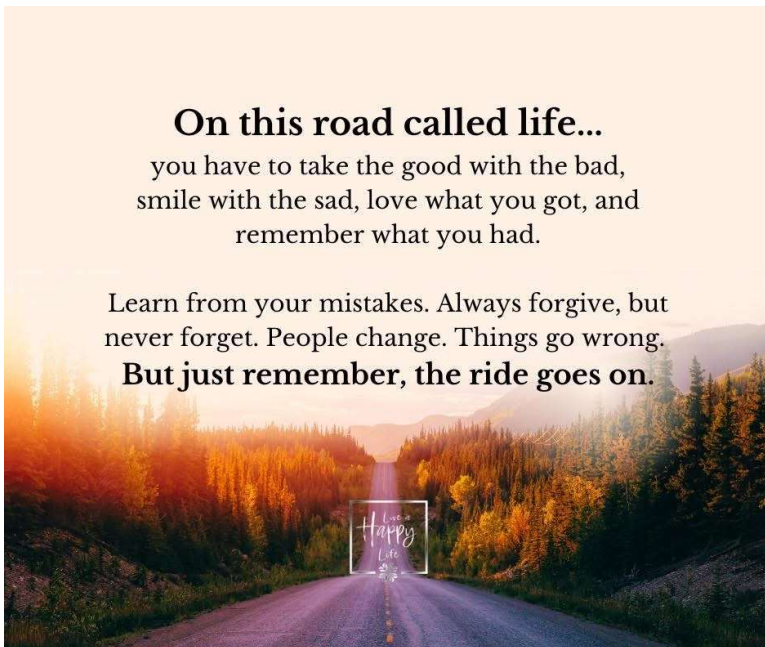
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

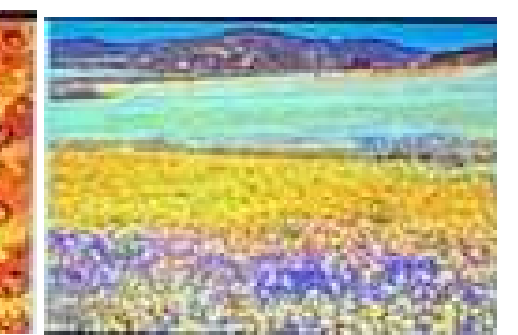
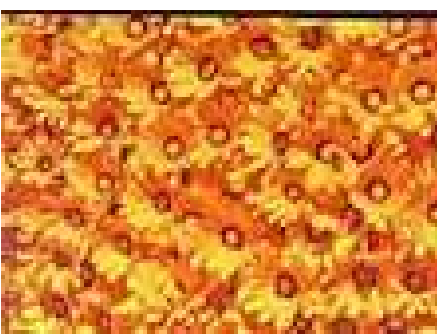
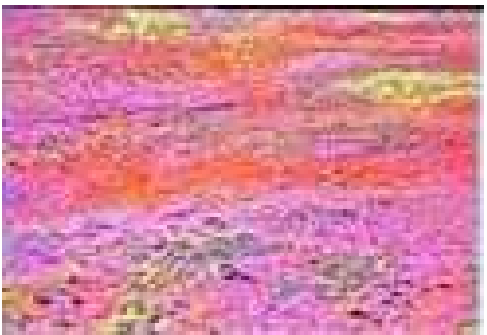
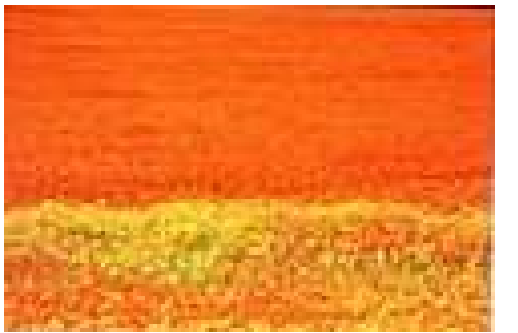
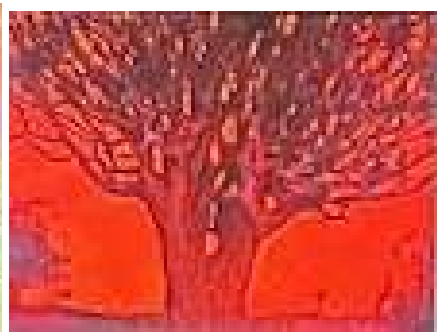
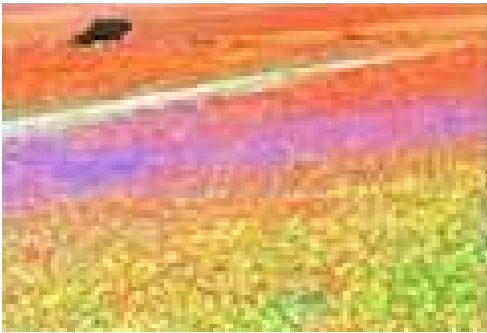
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

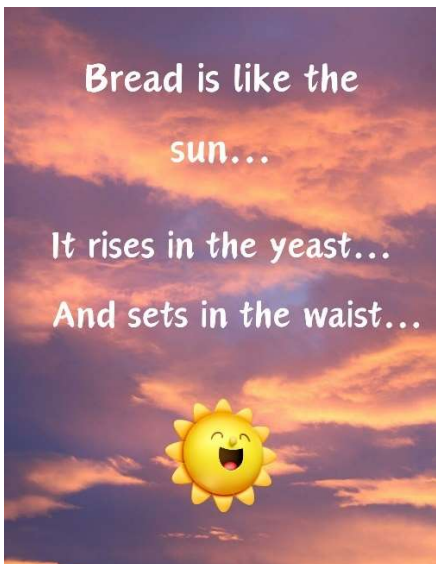
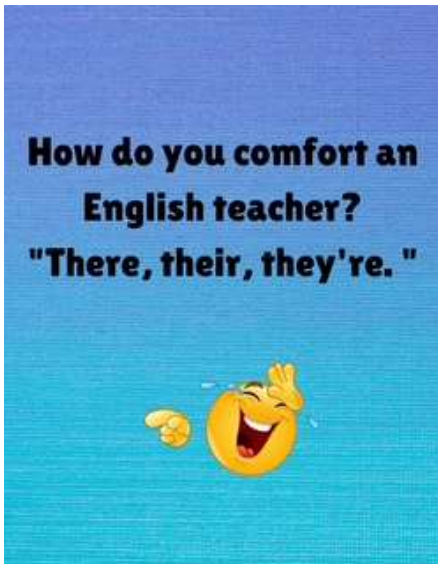
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

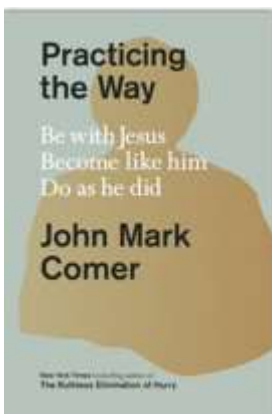
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

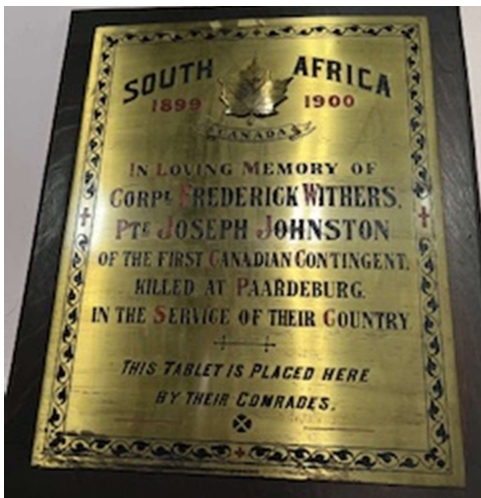


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

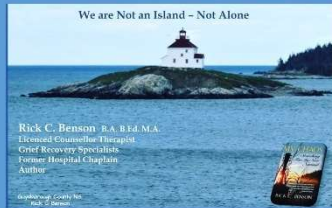
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

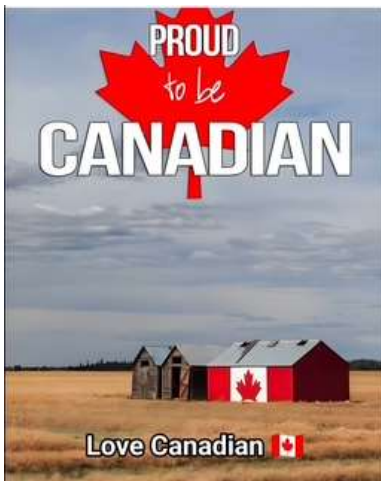
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

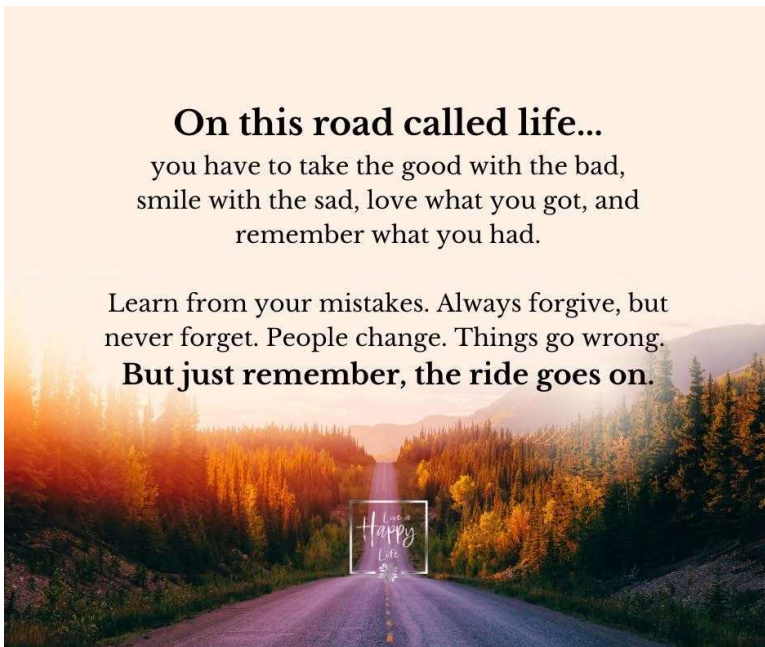
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

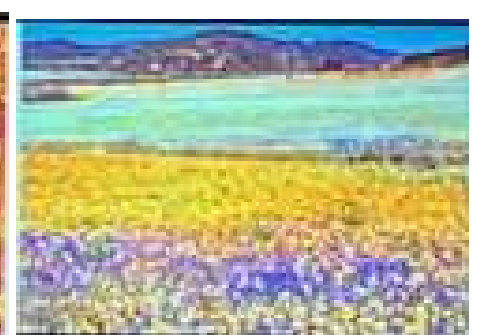
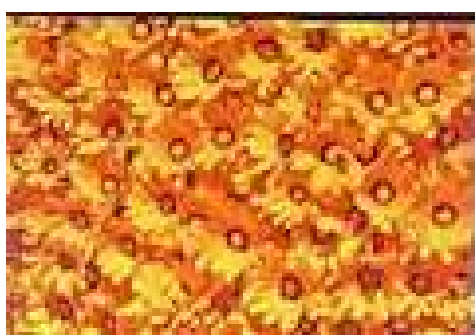
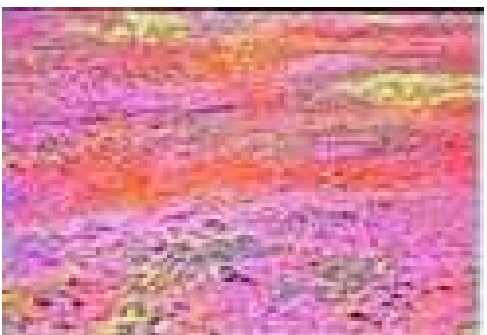
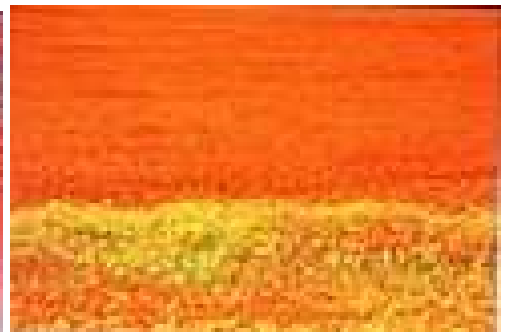
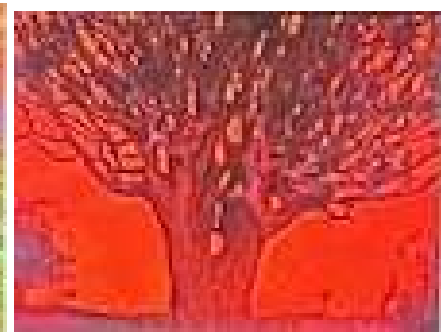
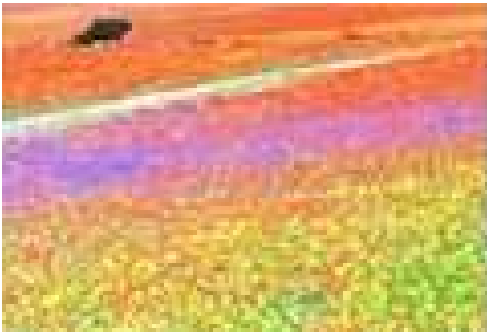
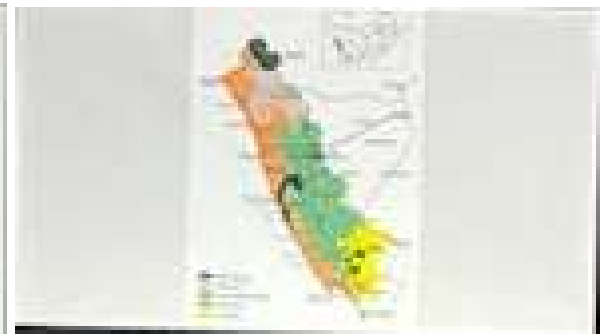
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamper's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

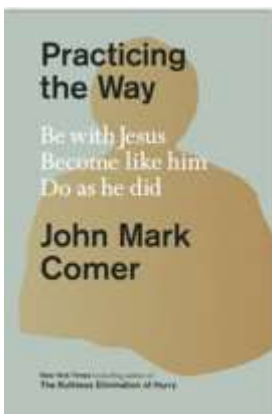
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

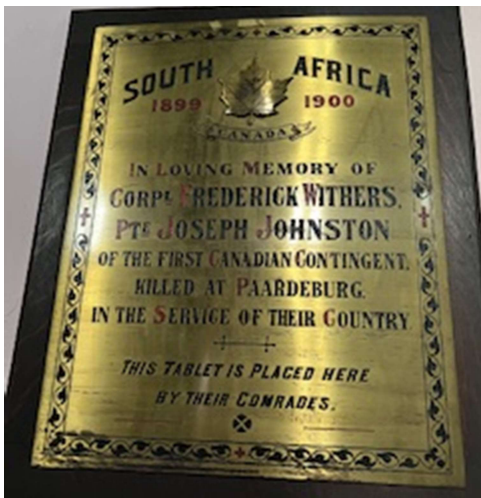


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:





James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

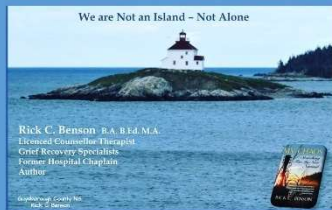
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

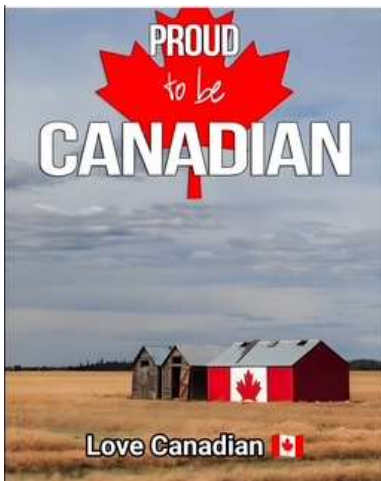
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

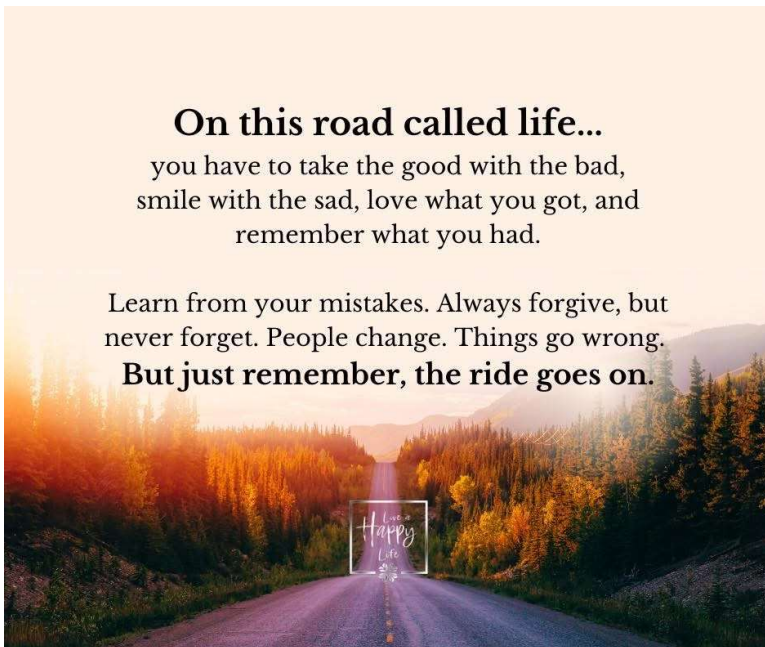
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

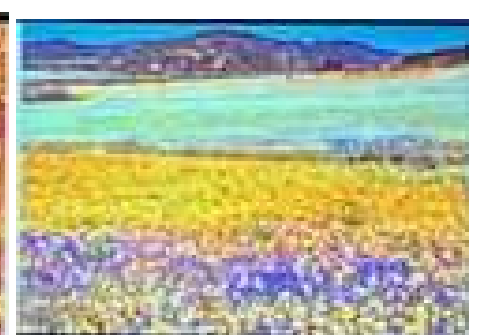
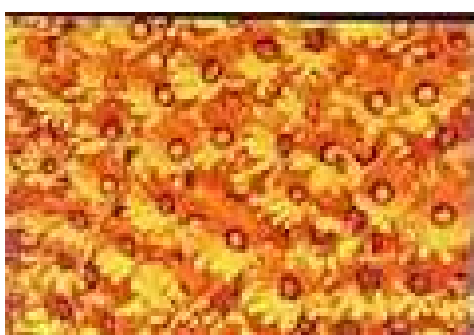
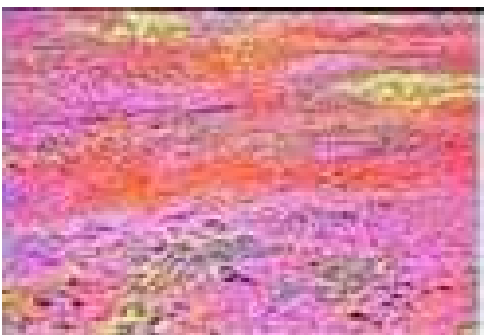
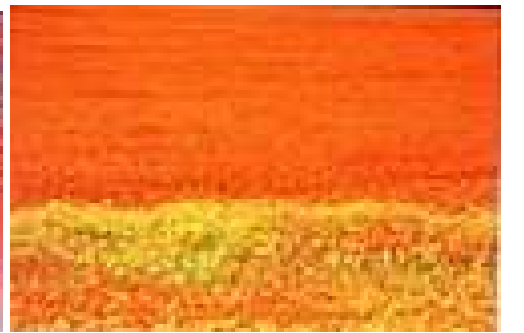
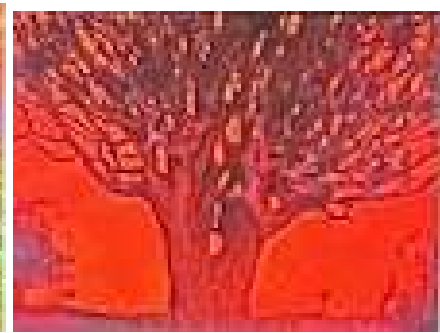
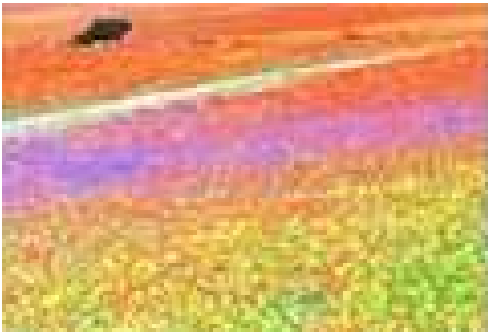
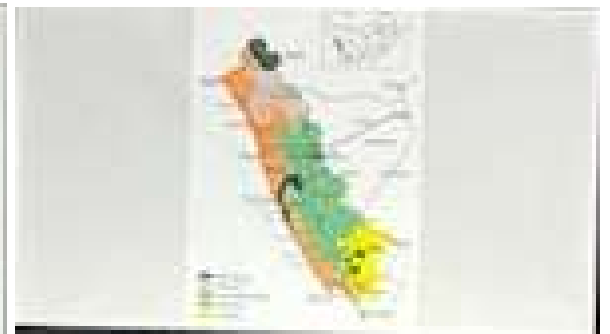
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

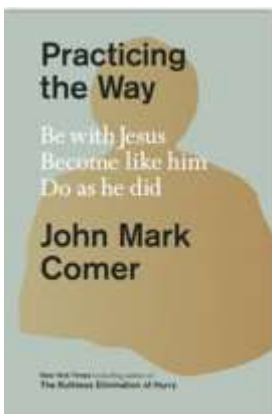
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

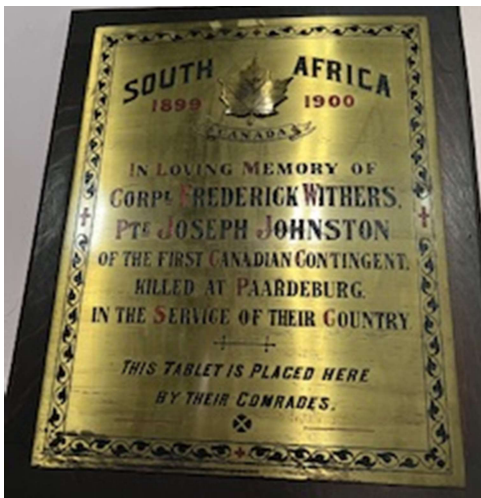


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

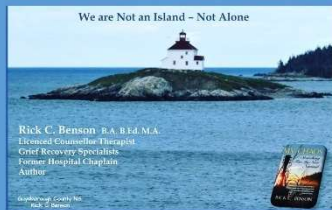
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

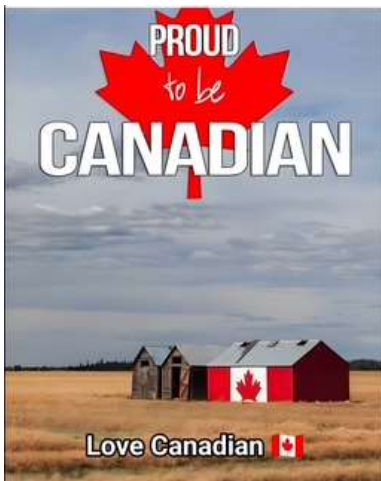
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

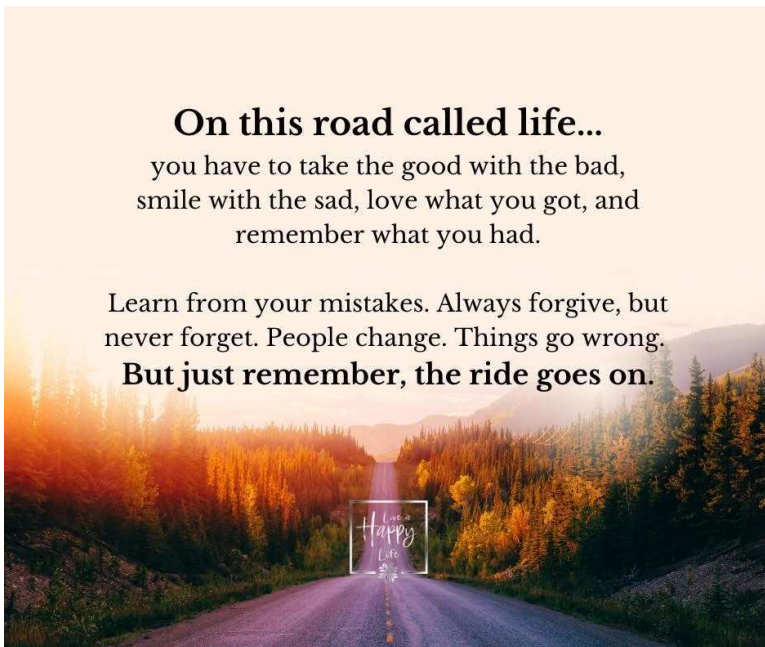
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

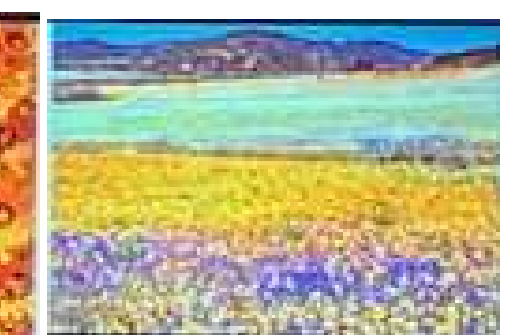
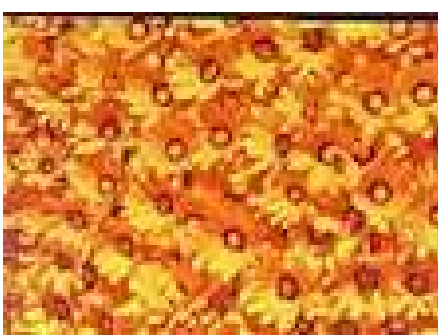
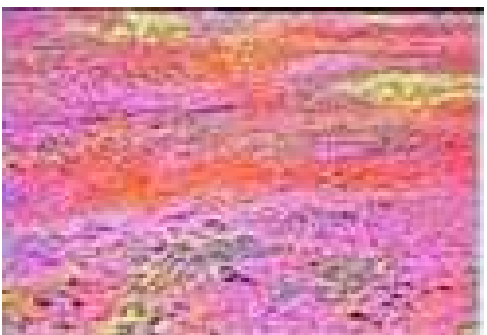
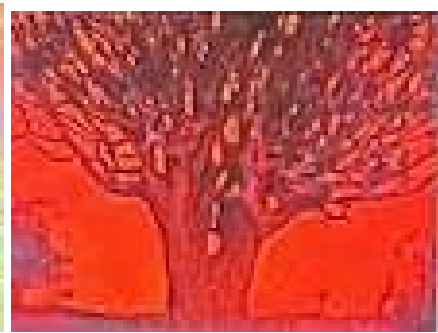
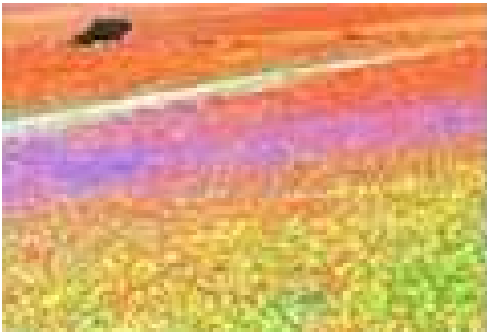
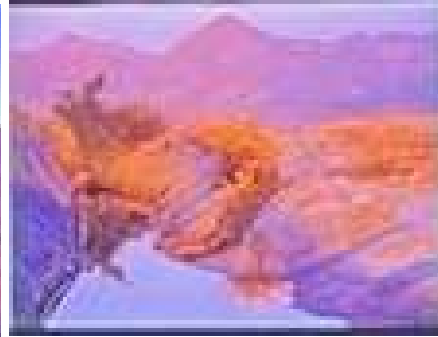
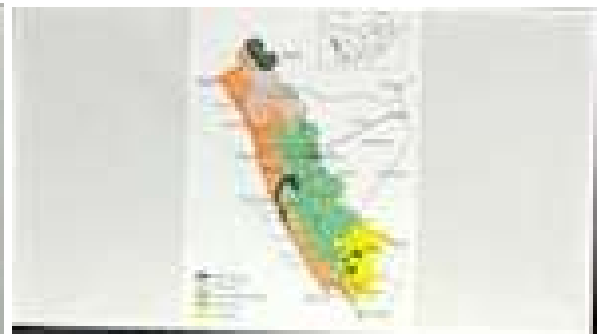
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

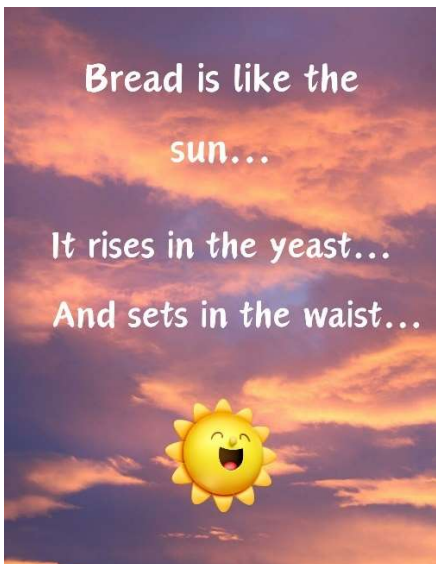
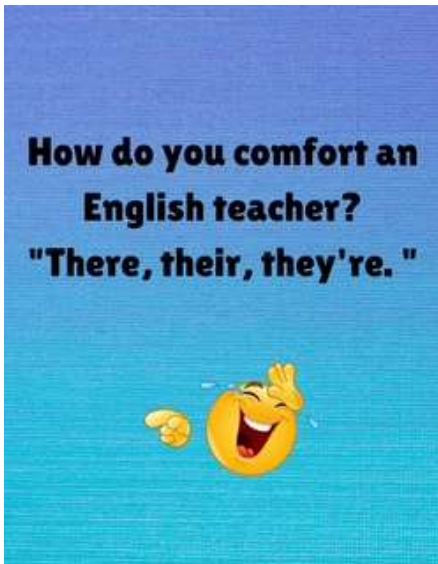
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

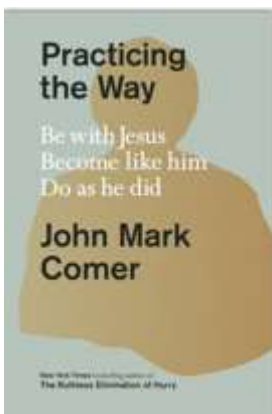
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

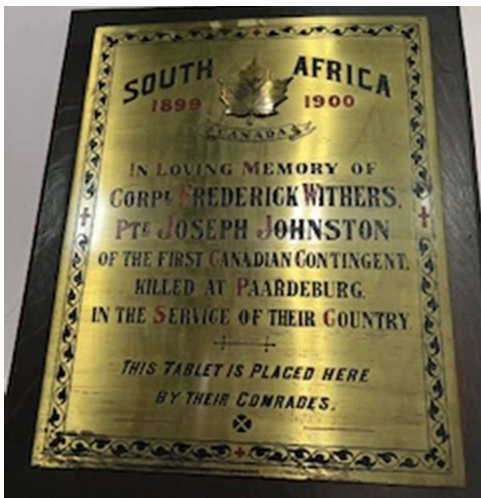


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

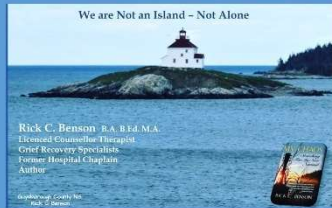
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

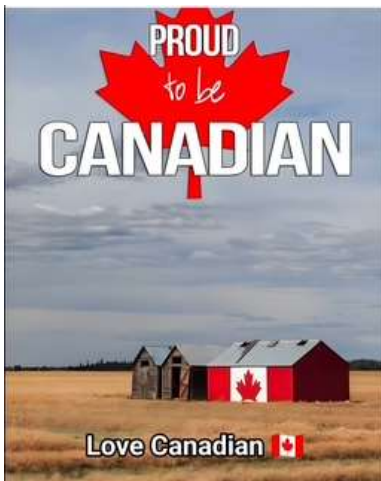
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

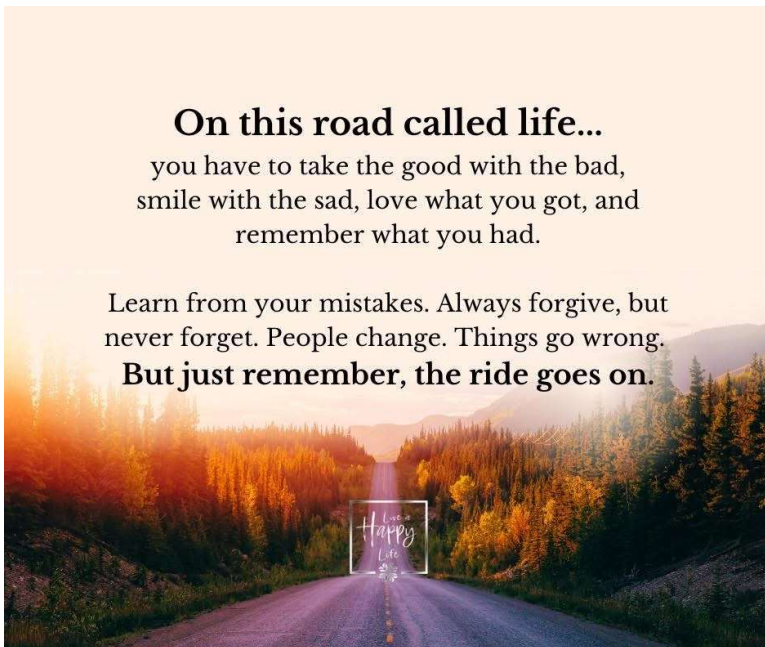
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

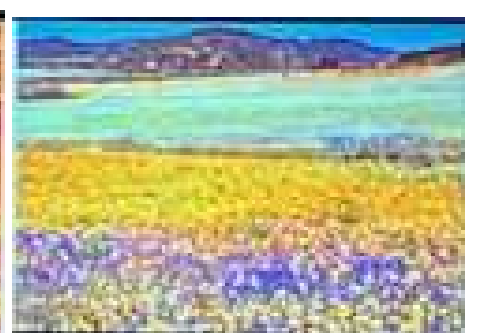
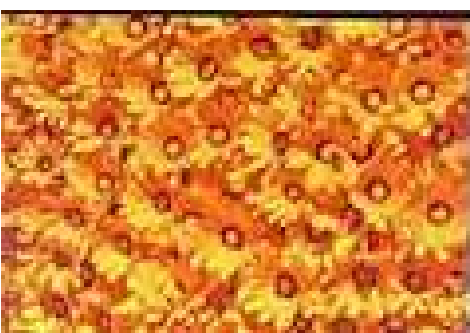
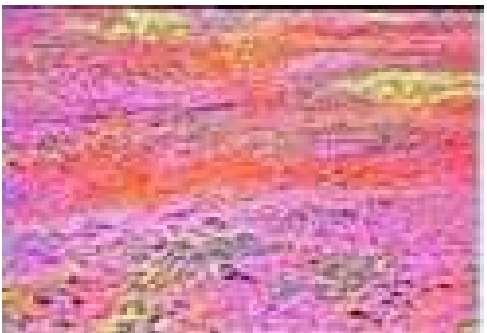
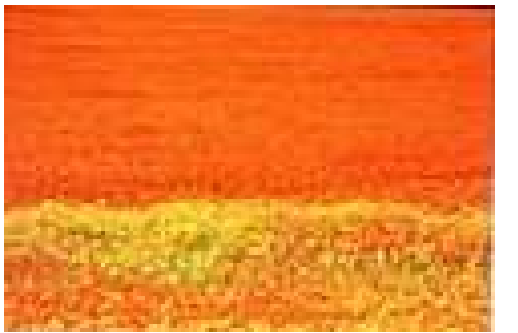
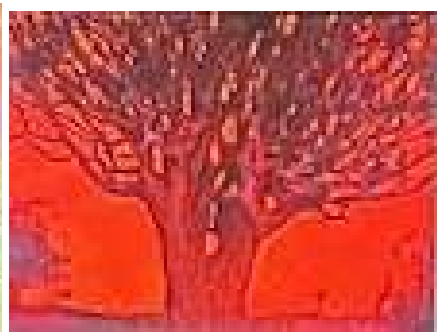
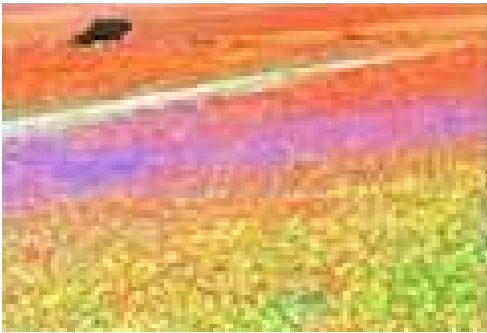
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

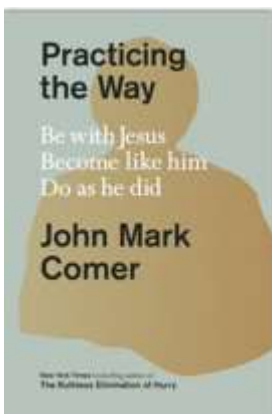
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

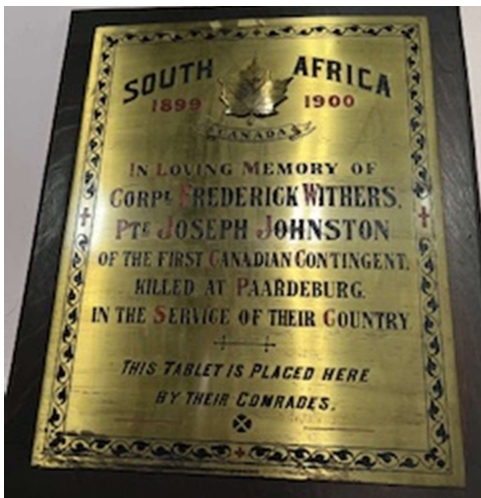


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

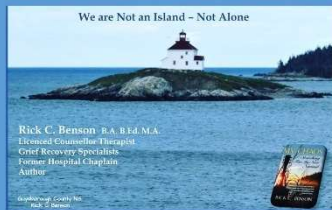
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

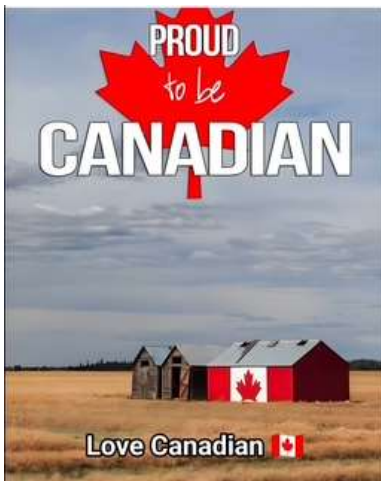
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

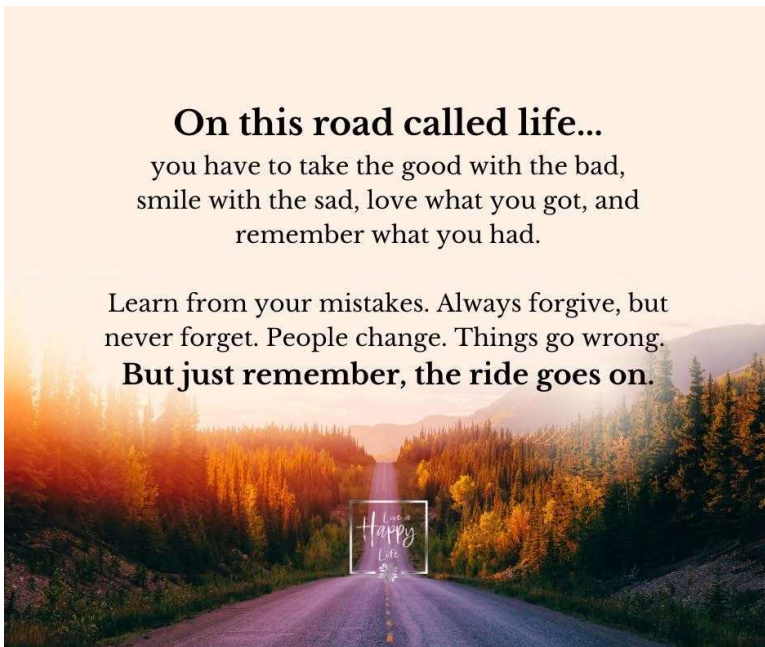
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

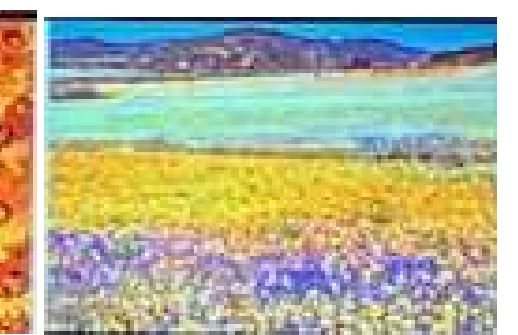
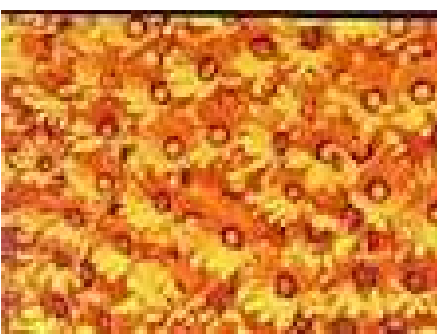
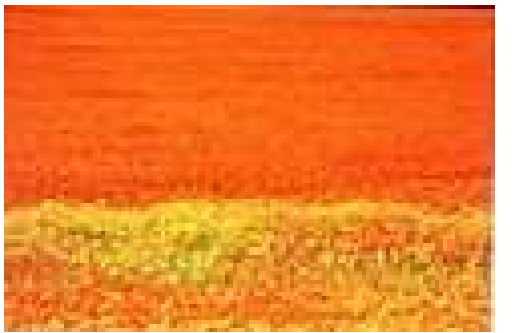
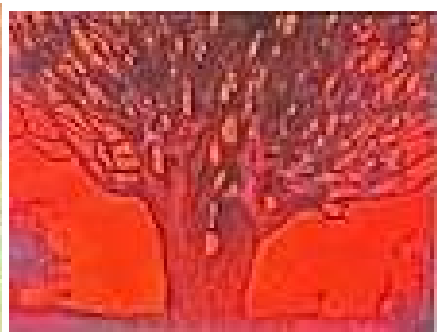
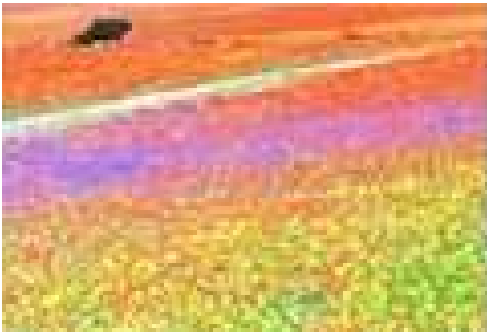
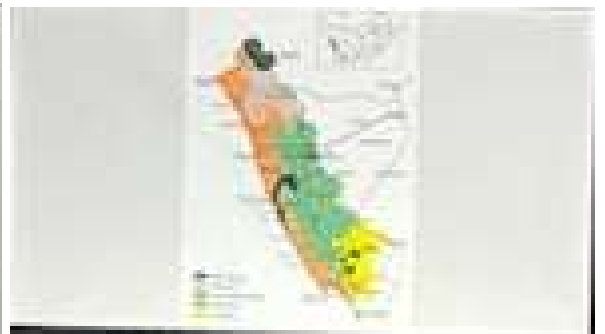
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

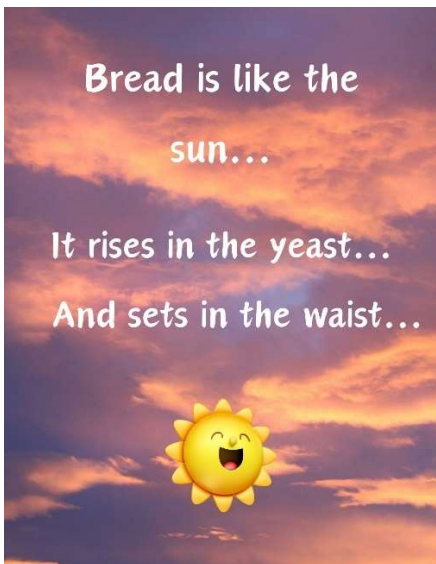
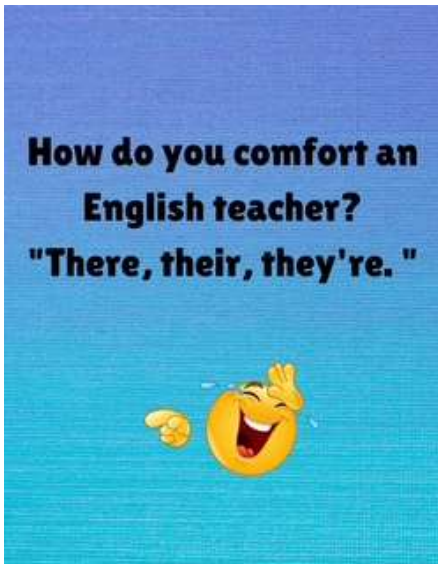
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

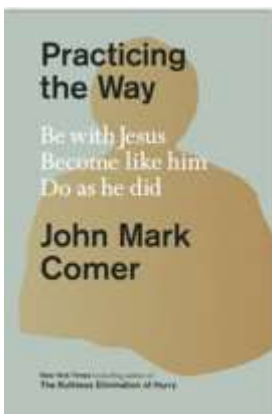
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

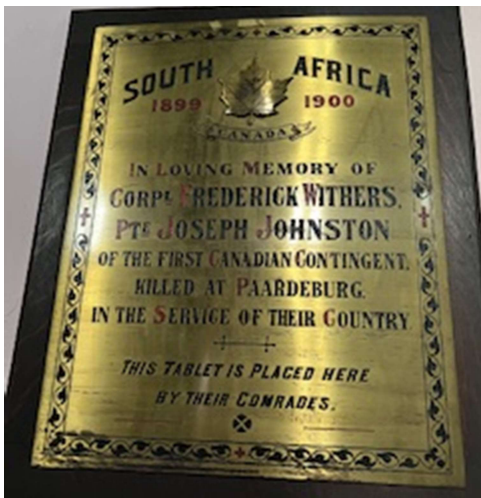


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

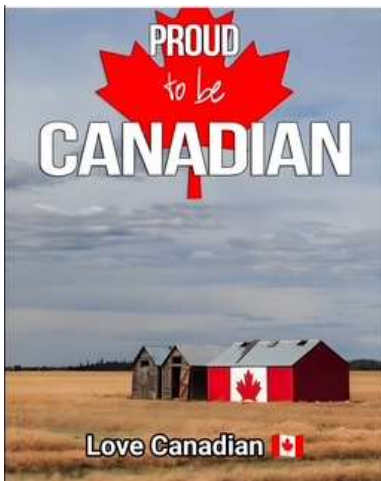
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

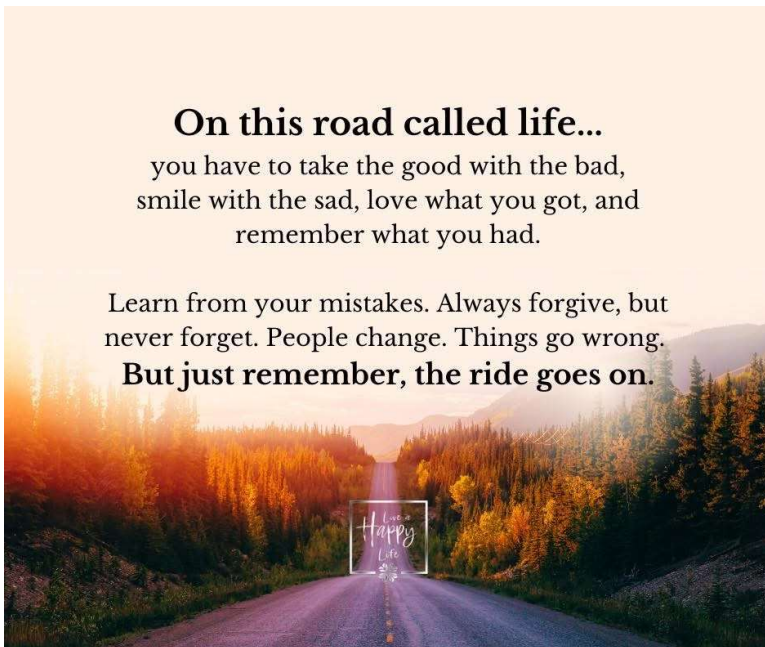
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

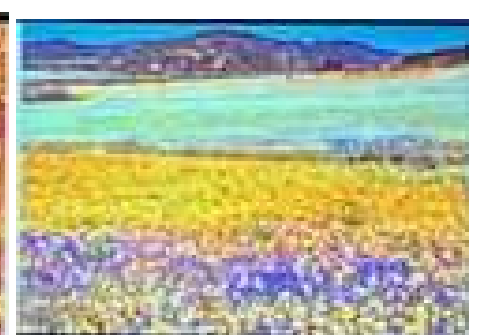
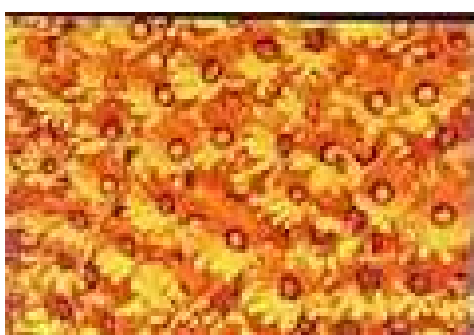
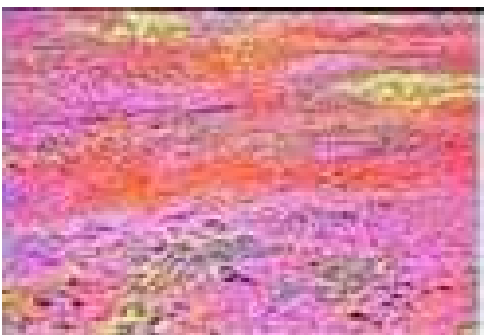
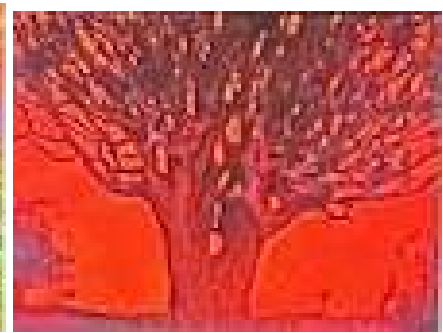
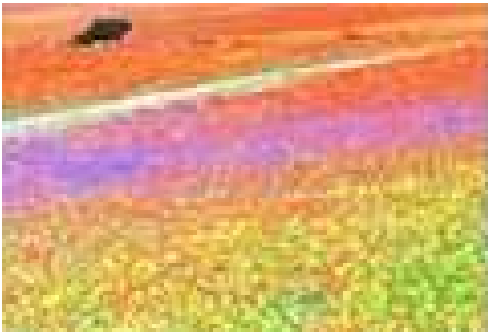
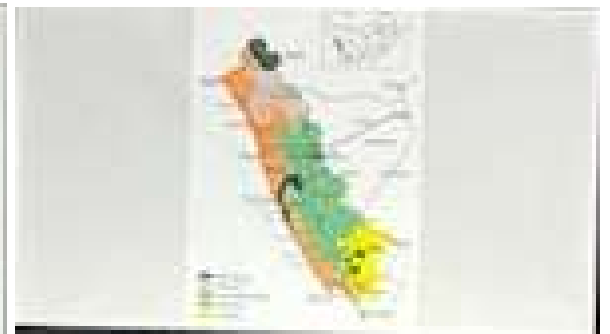
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

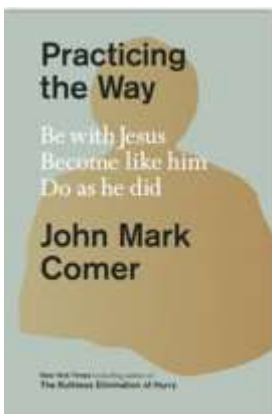
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

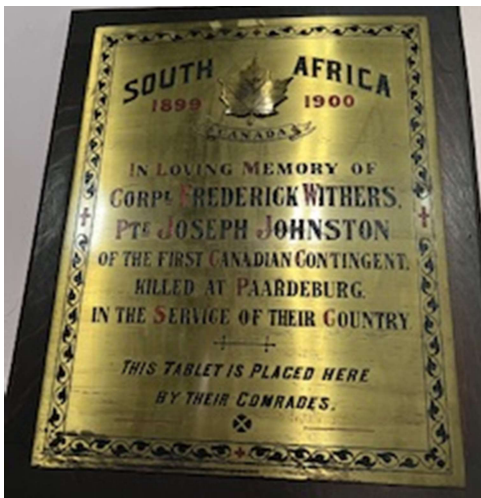


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

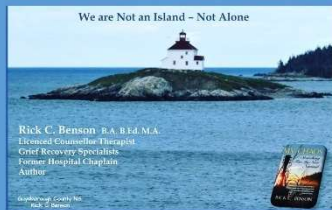
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

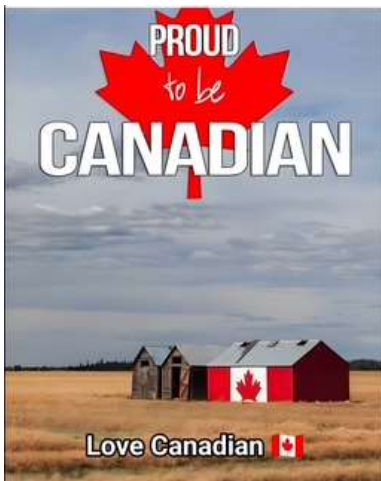
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

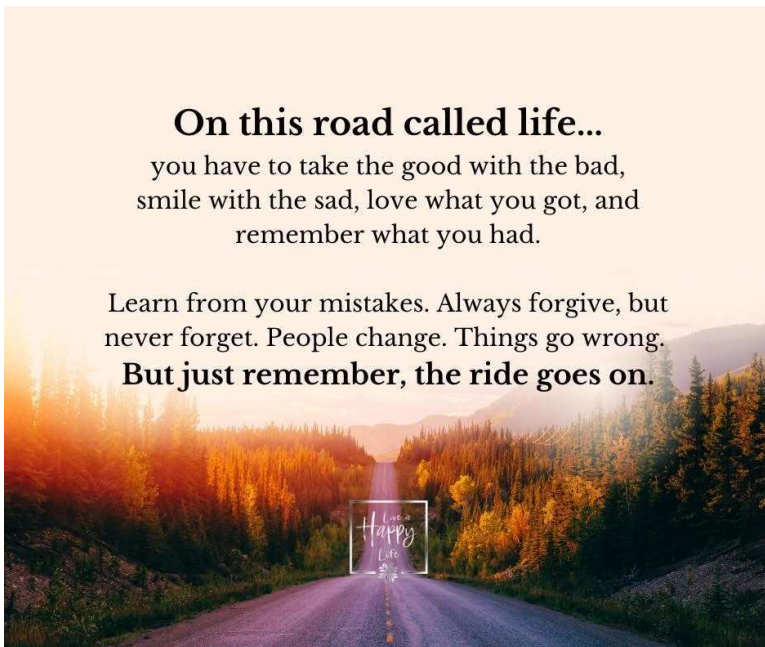
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

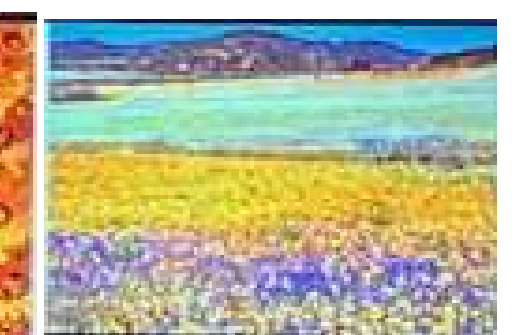
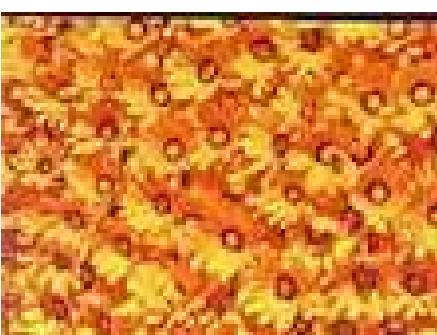
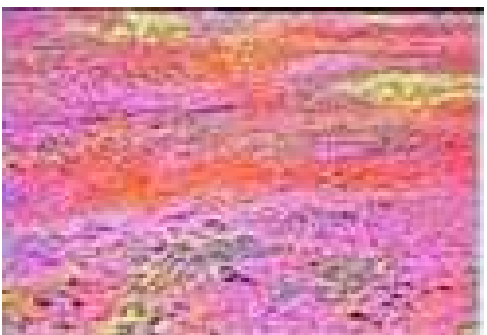
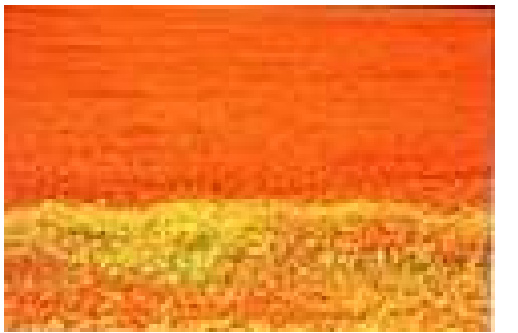
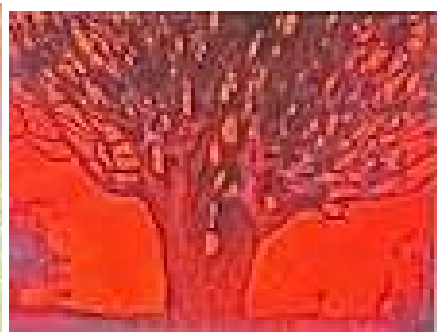
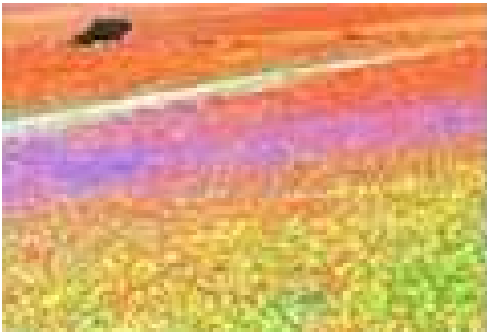
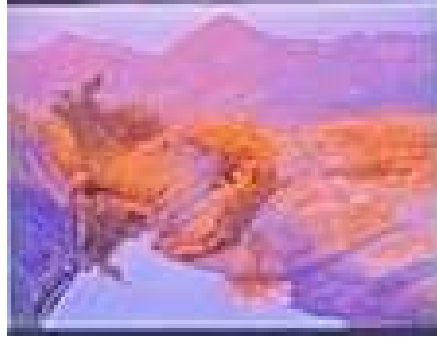
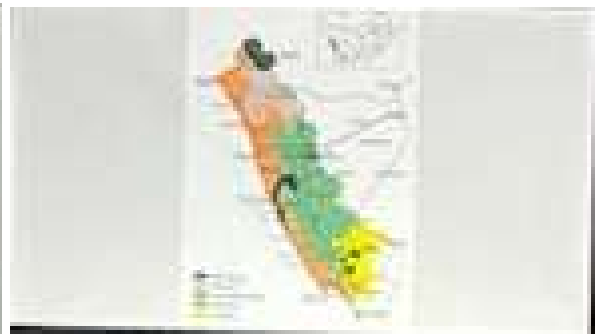
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

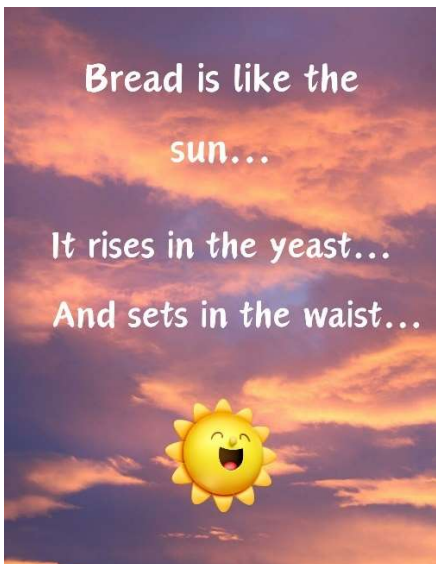
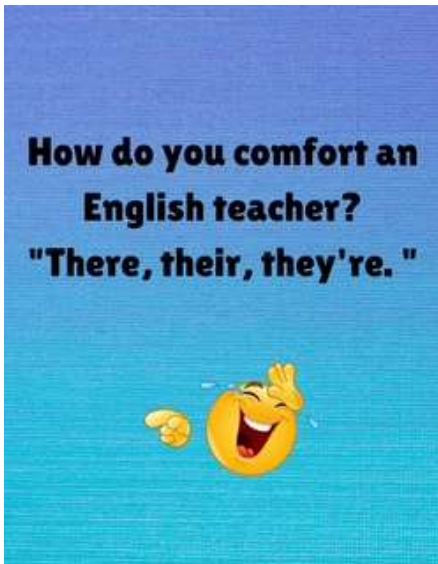
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

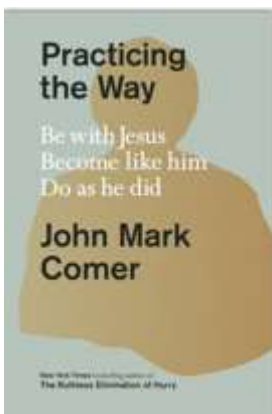
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

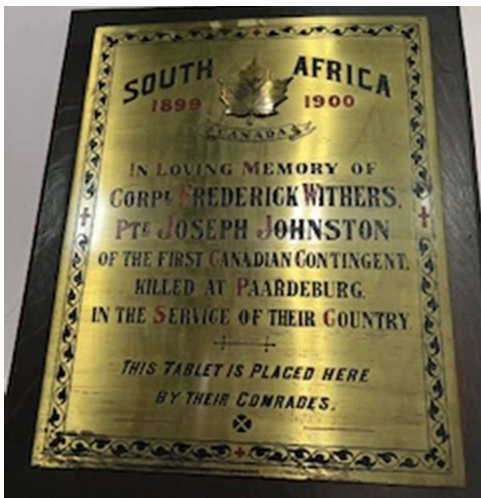


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

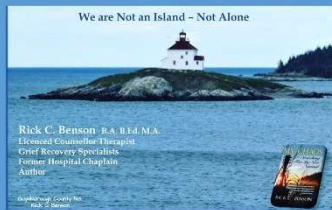
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

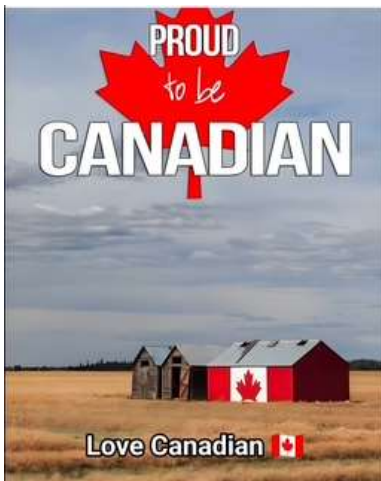
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

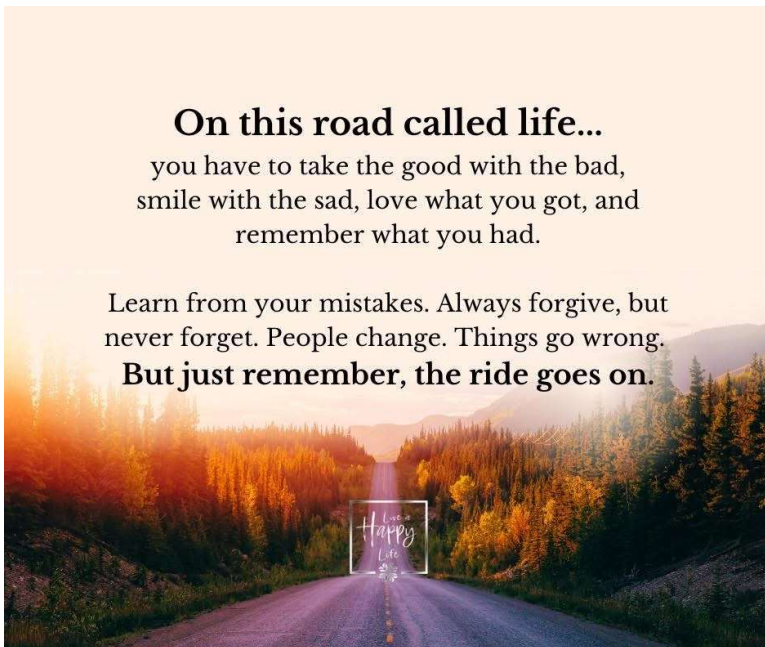
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

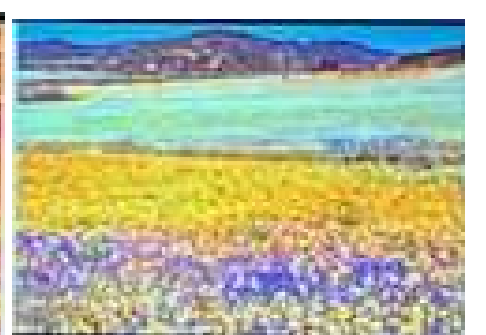
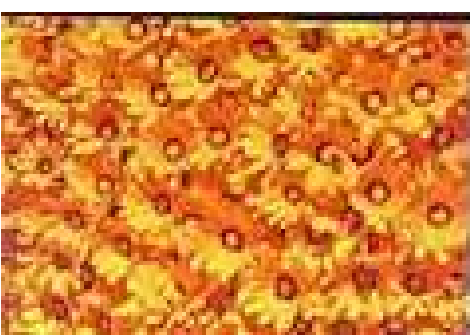
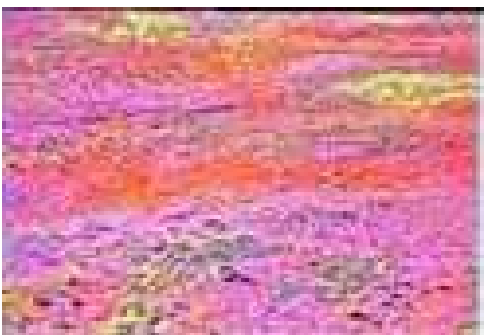
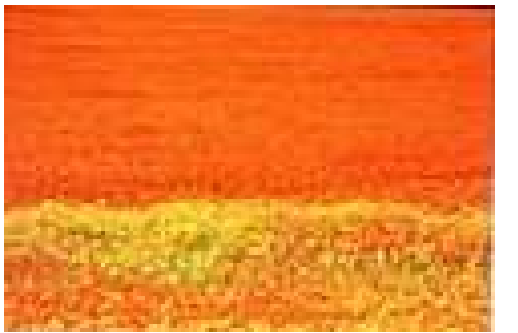
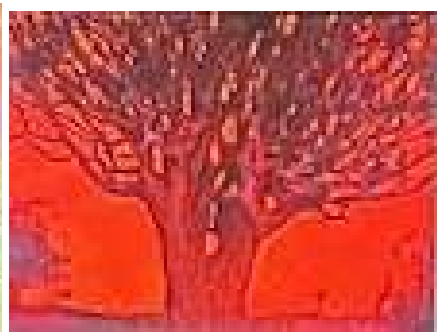
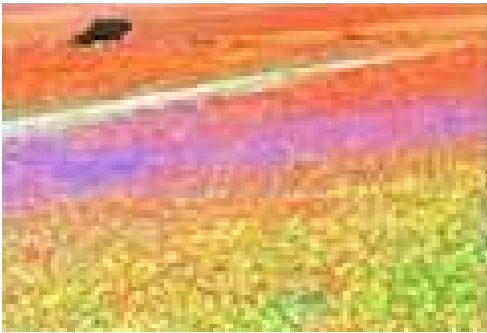
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

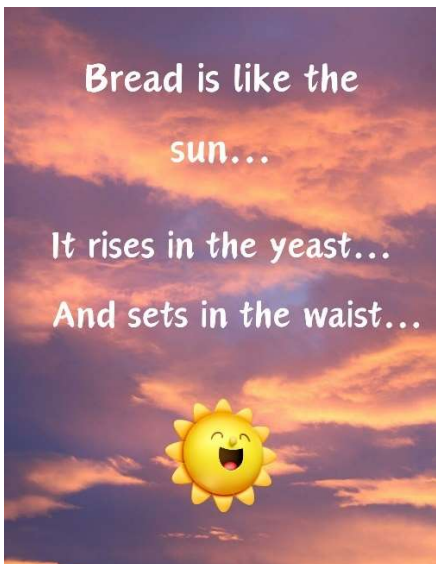
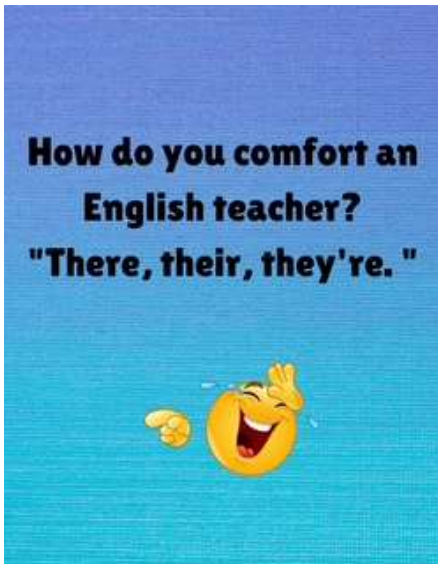
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

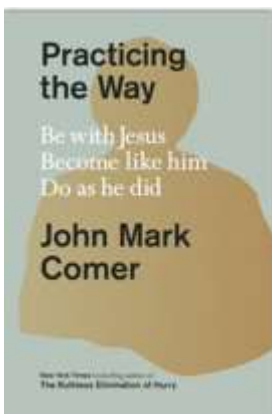
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

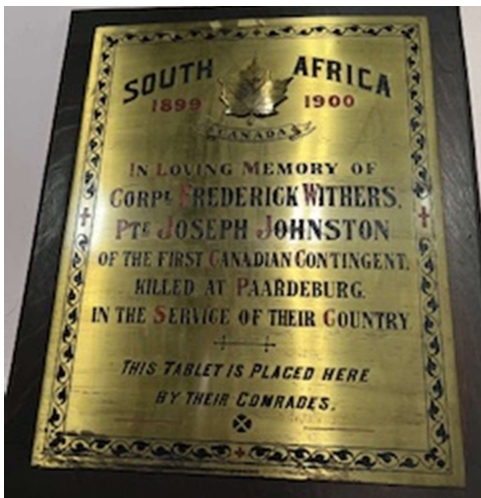


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

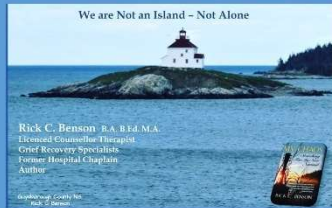
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

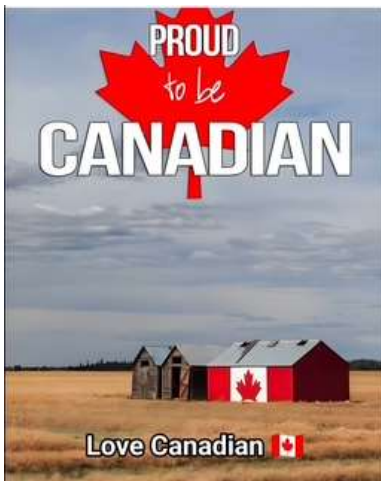
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

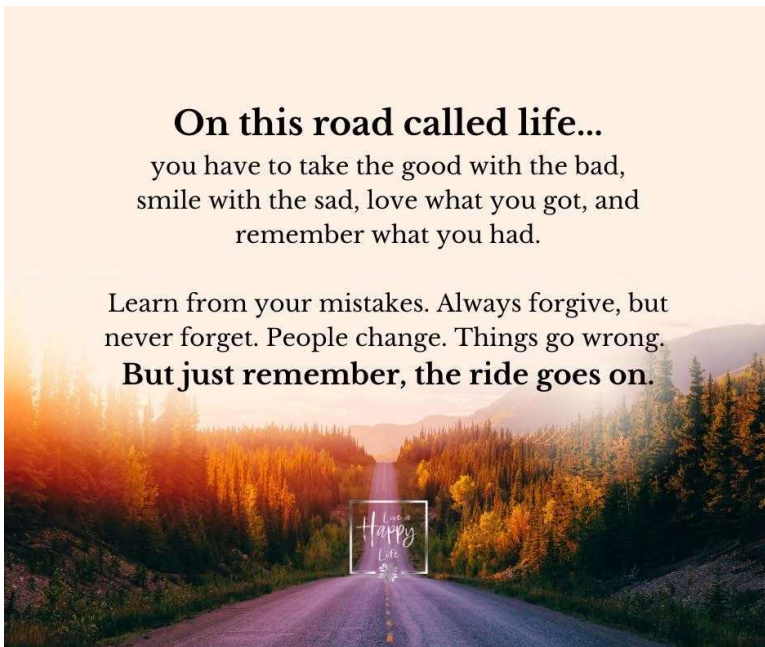
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

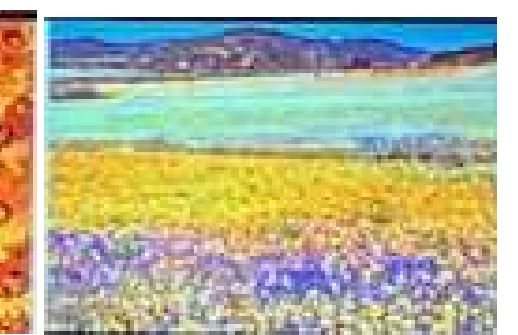
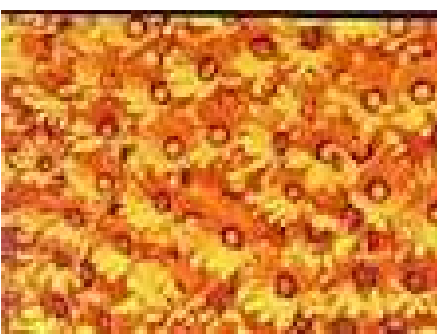
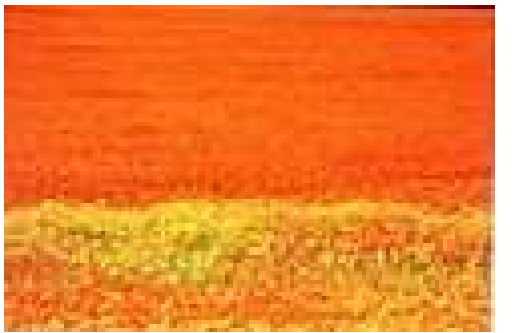
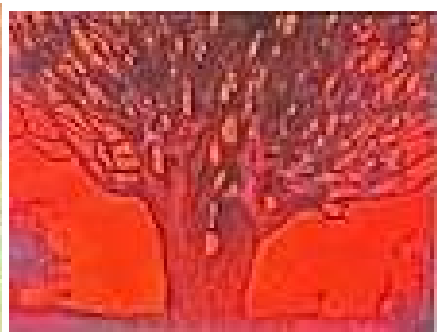
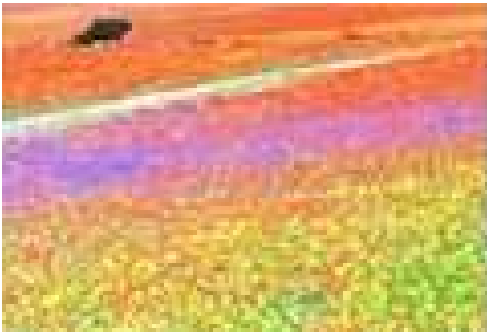
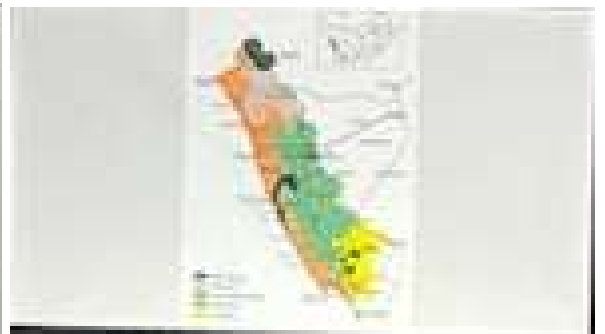
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

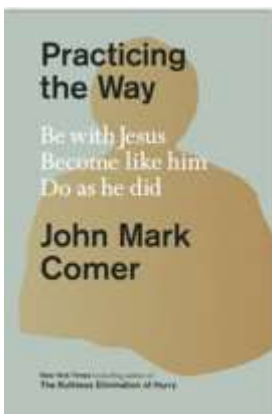
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

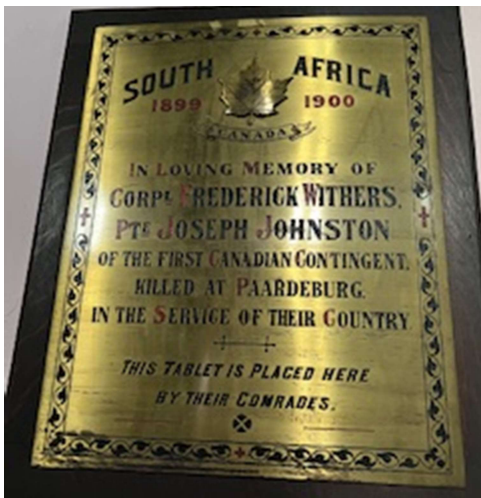


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes one ticket)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

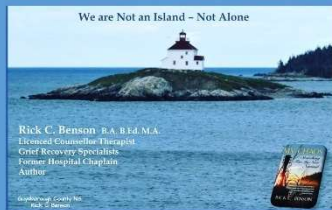
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

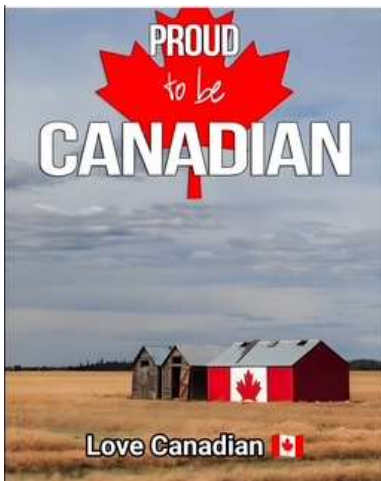
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

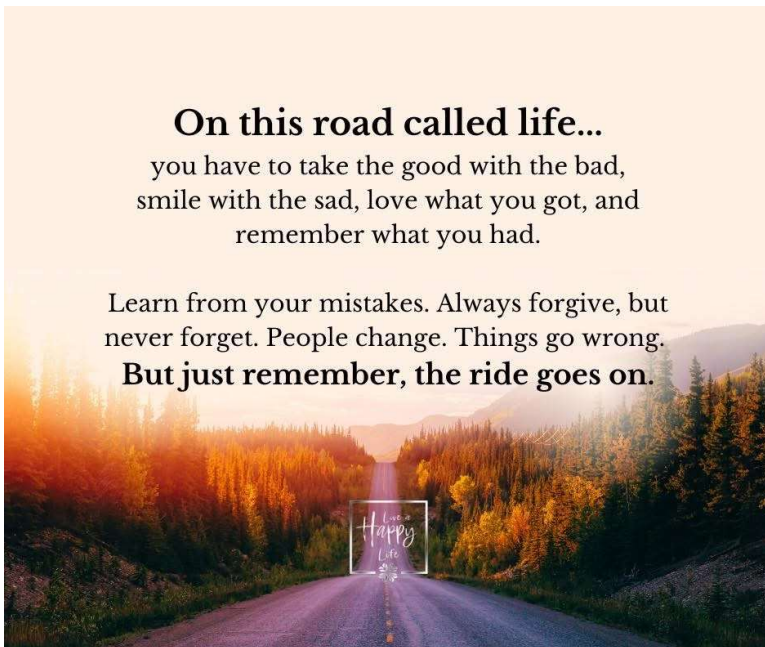
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

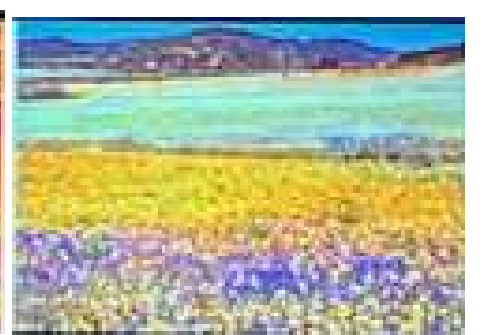
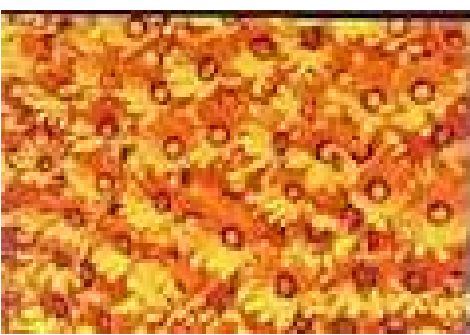
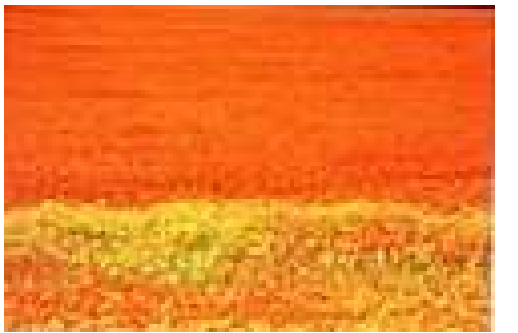
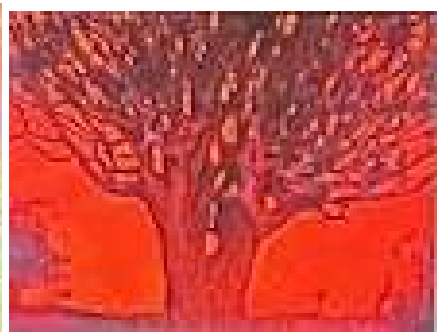
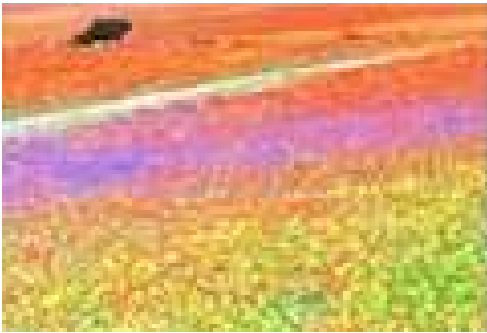
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamper's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

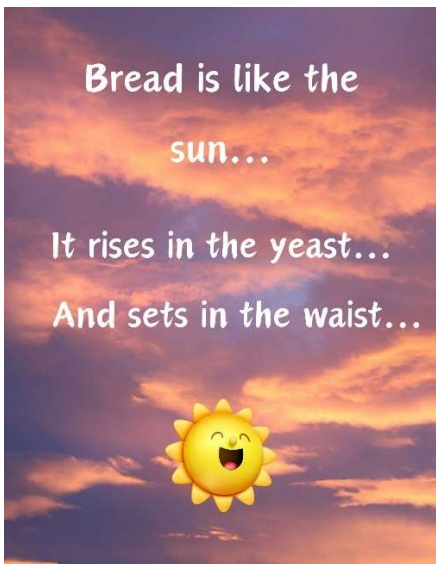
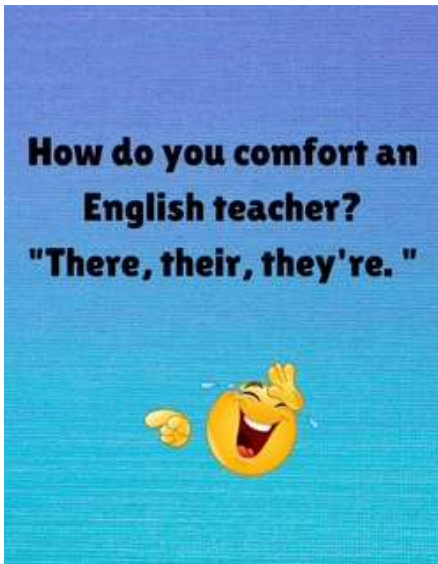
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

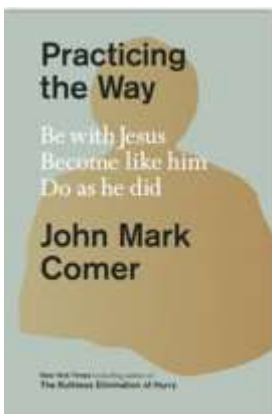
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Campion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

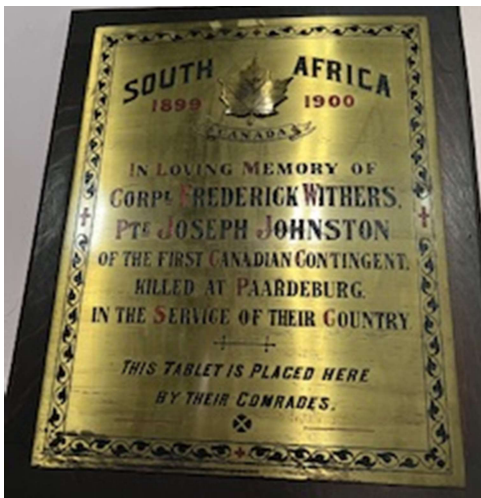


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

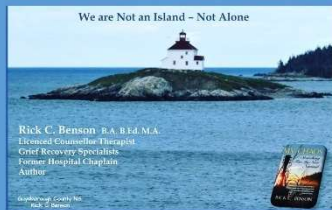
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

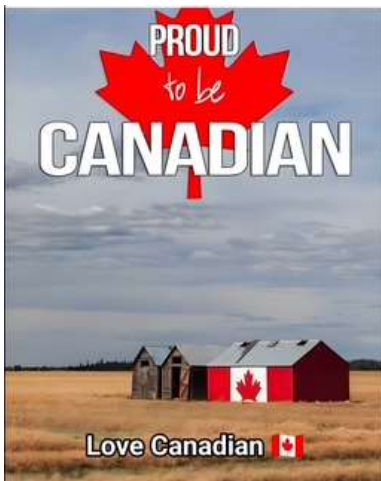
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

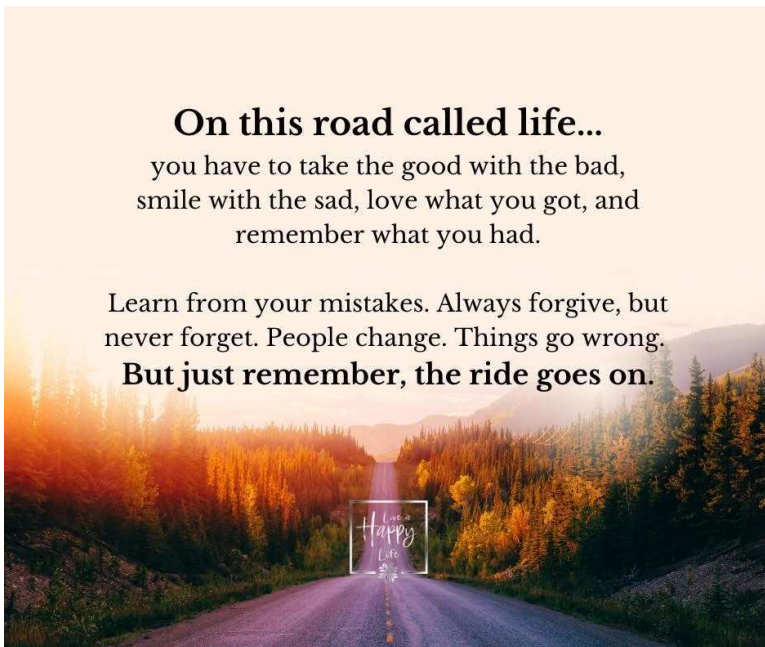
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

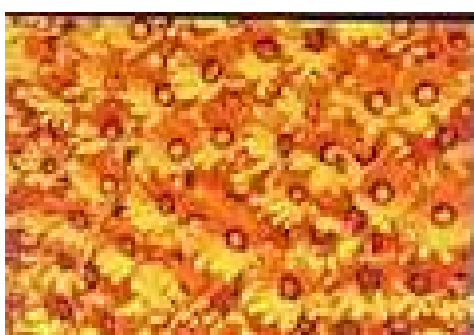
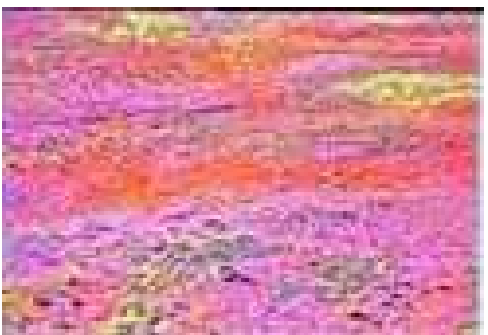
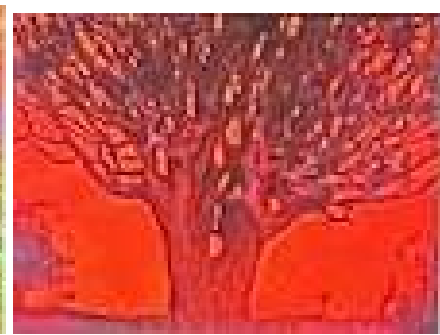
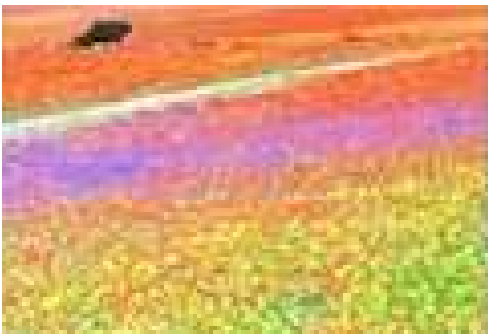
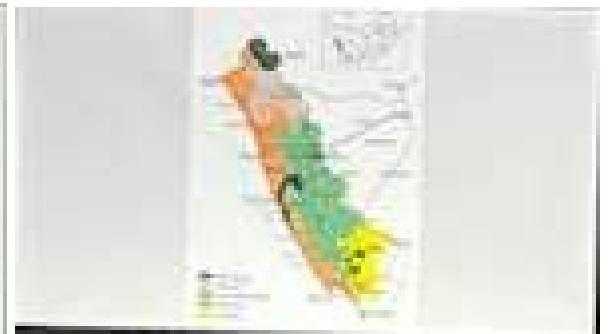
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

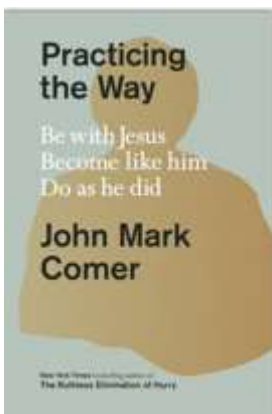
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

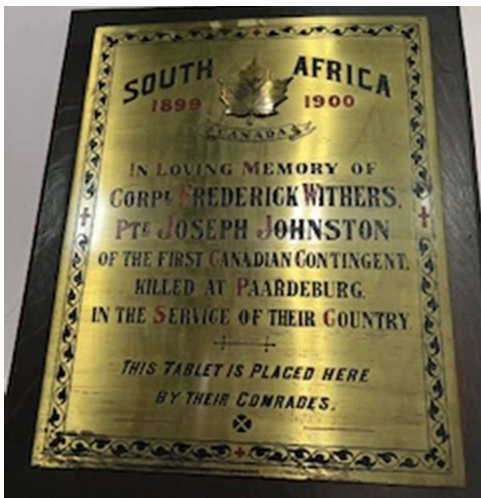


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

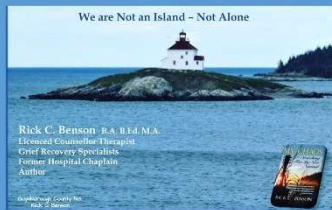
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

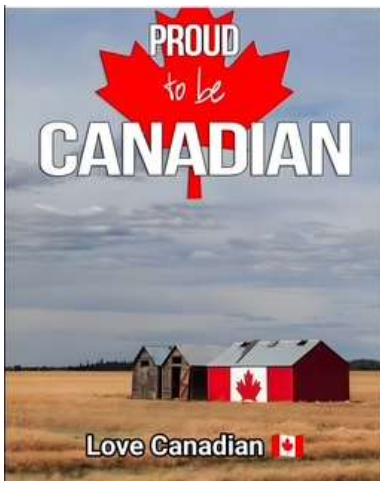
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

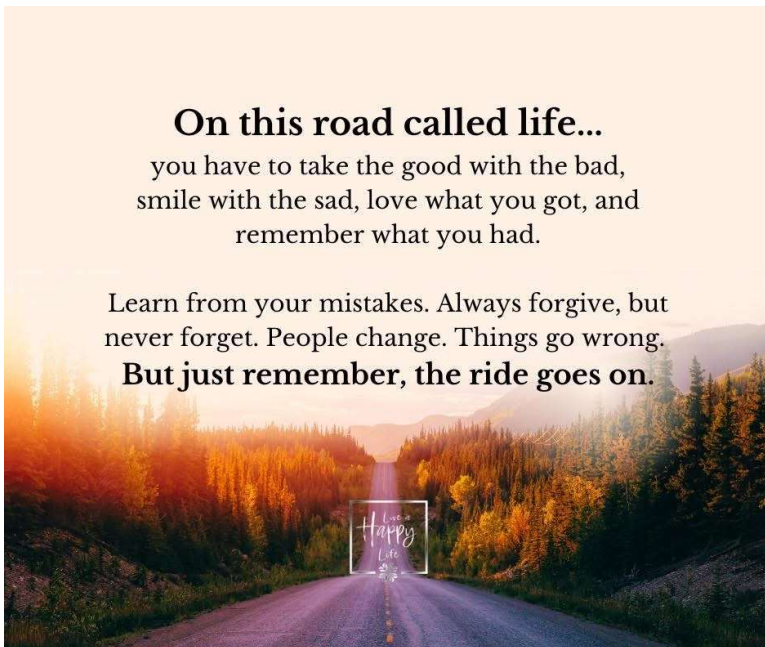
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

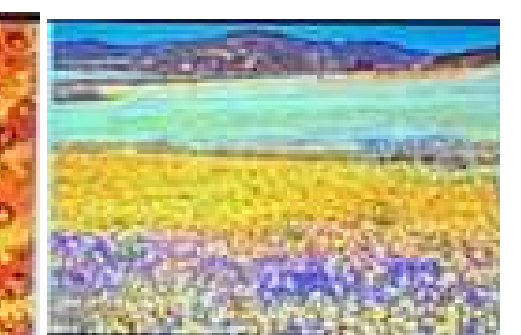
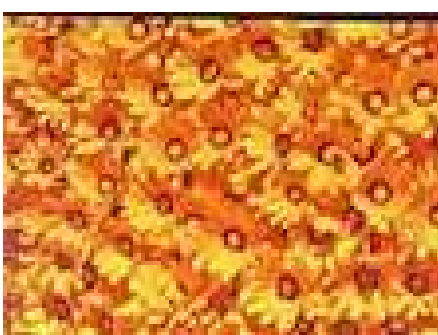
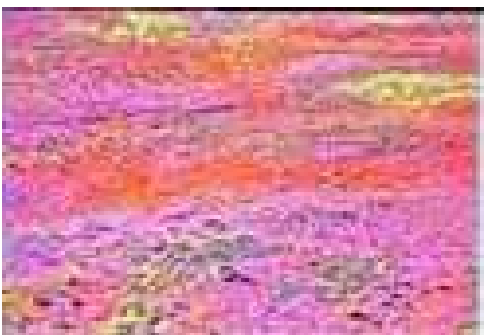
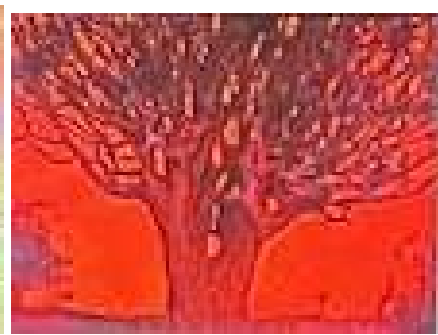
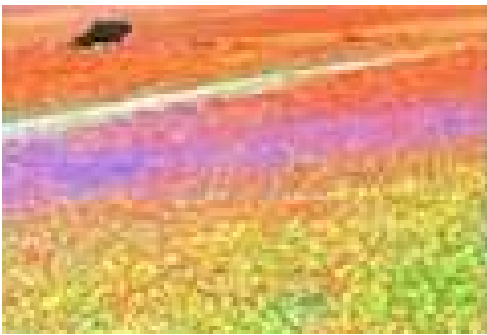
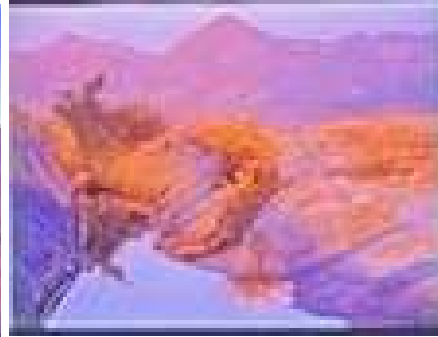
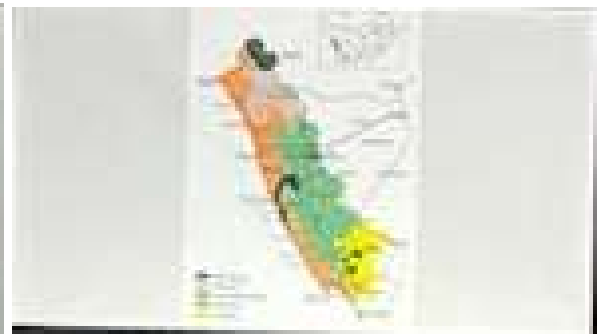
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

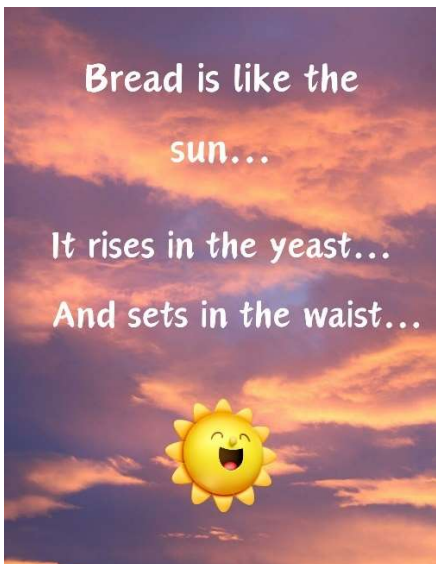
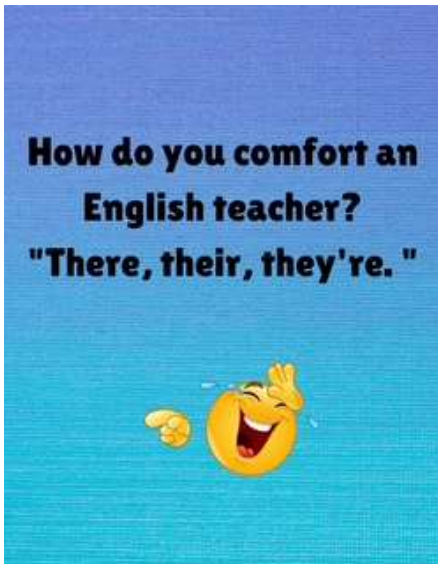
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

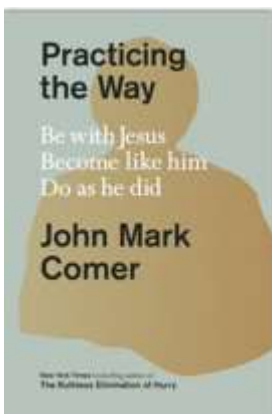
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

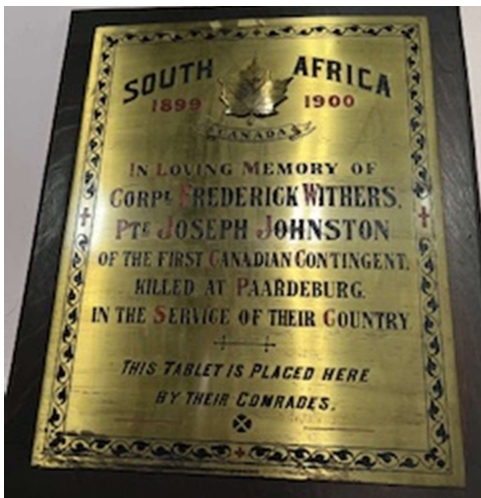


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

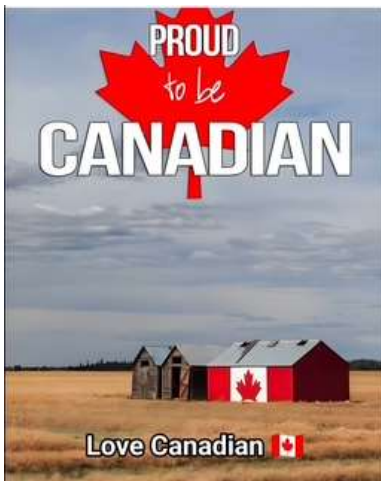
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

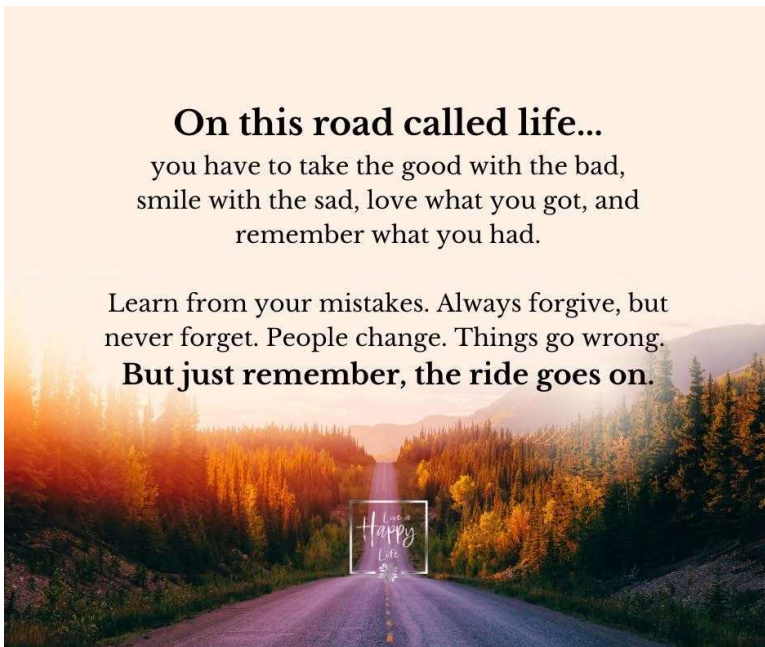
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

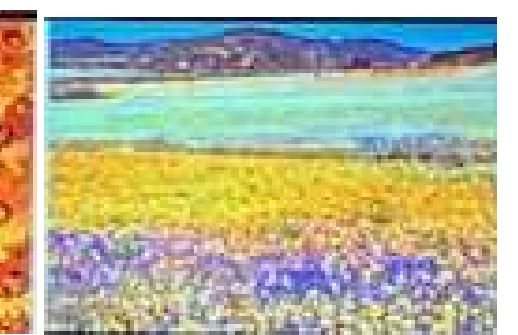
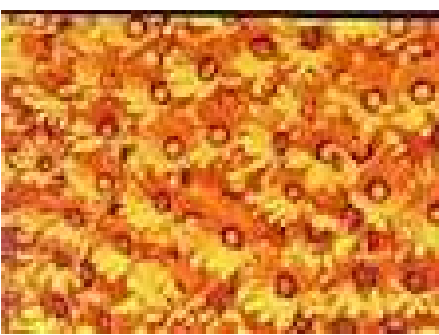
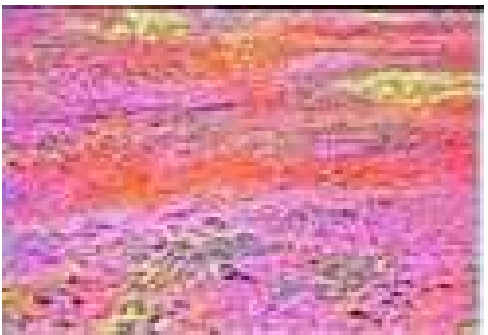
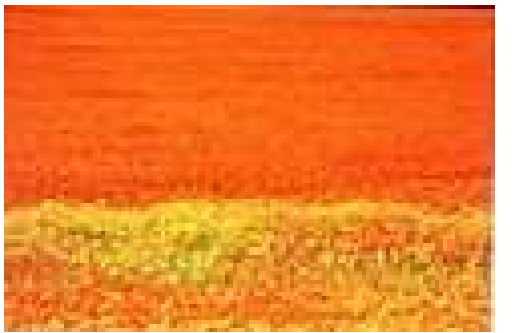
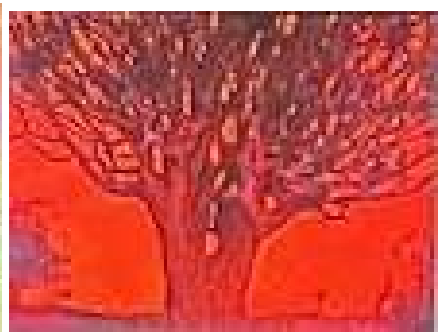
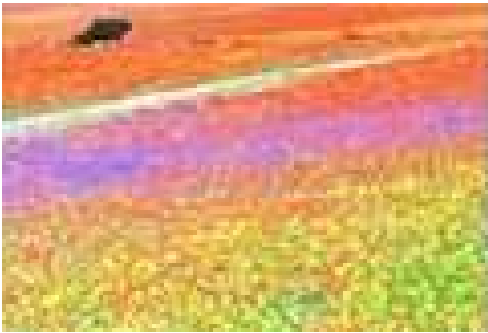
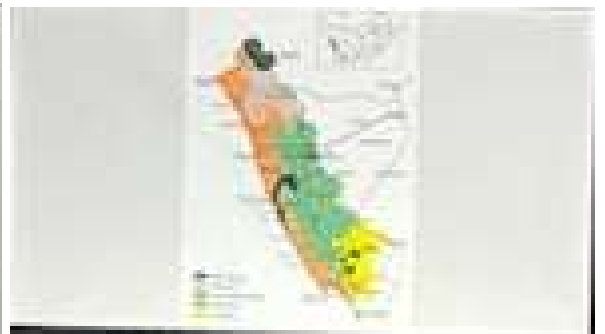
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

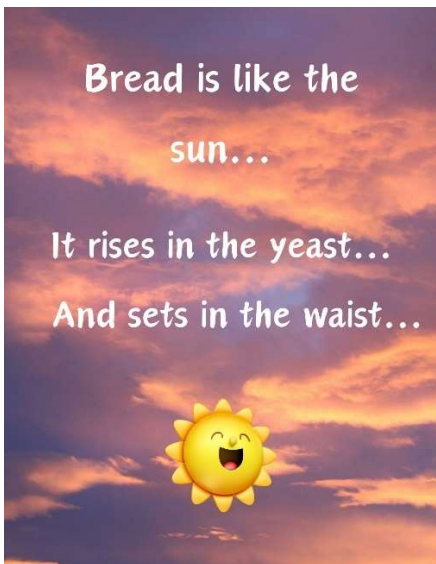
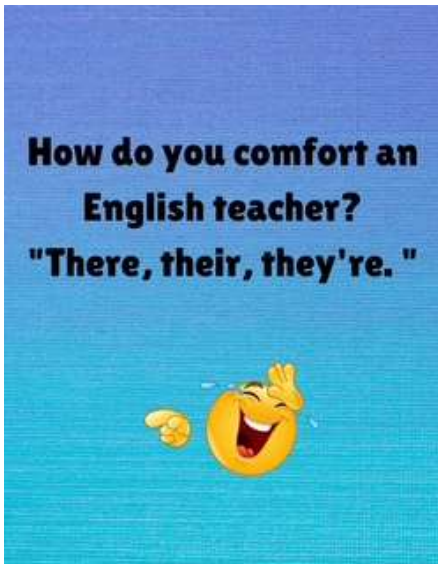
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

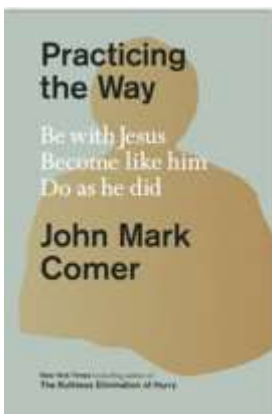
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

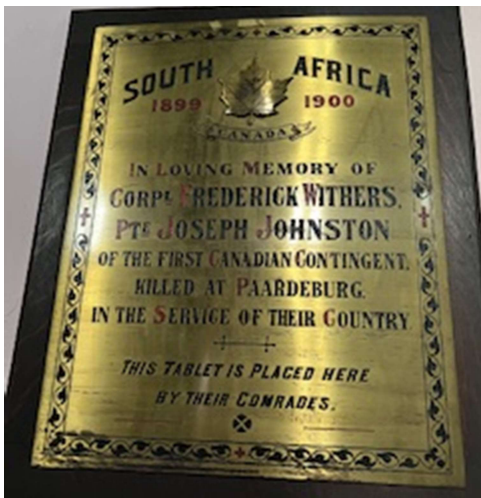


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

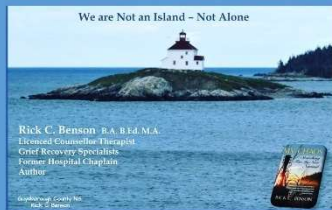
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

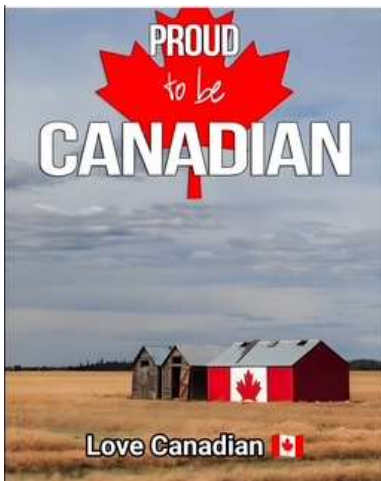
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

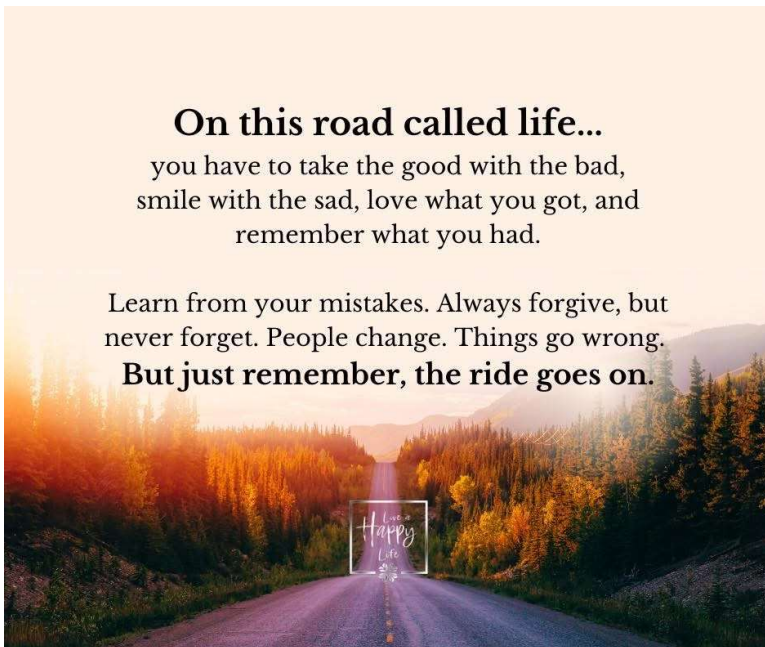
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

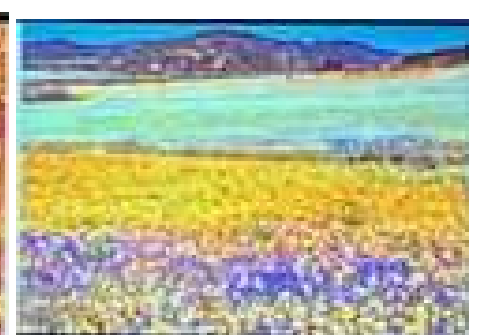
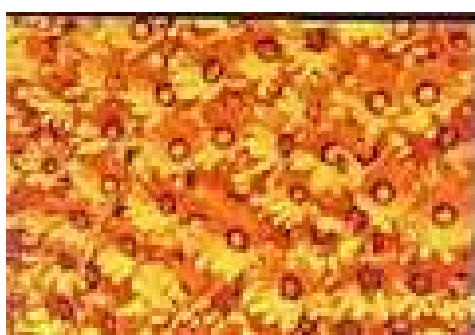
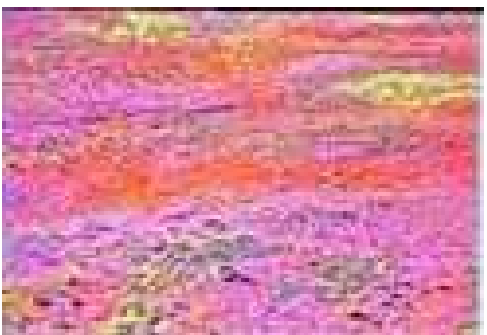
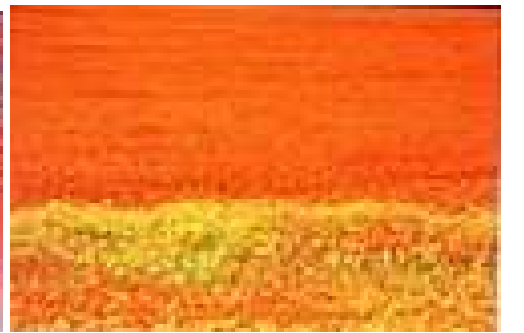
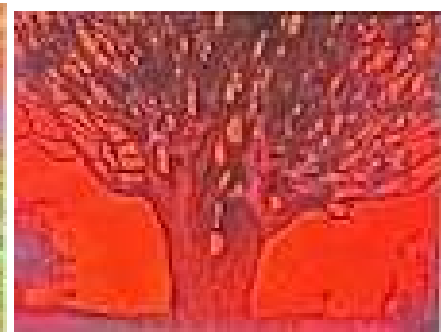
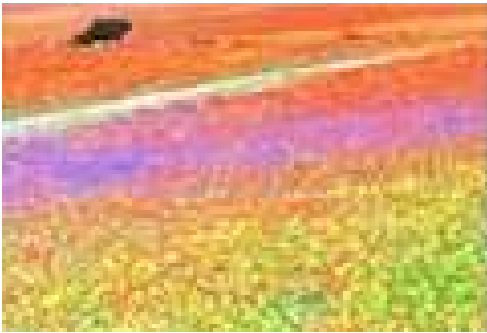
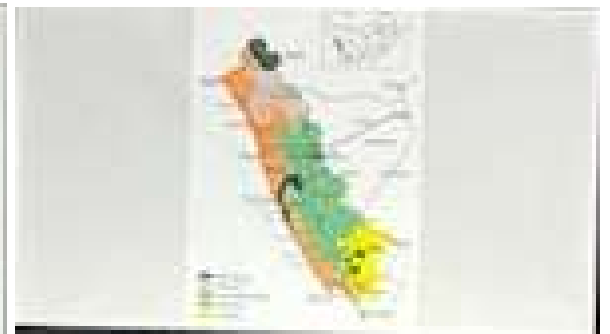
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

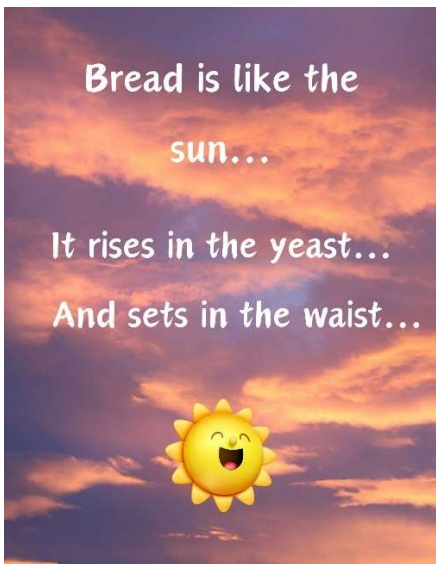
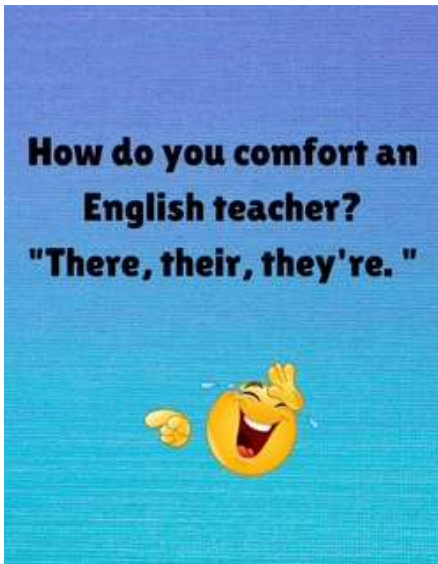
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

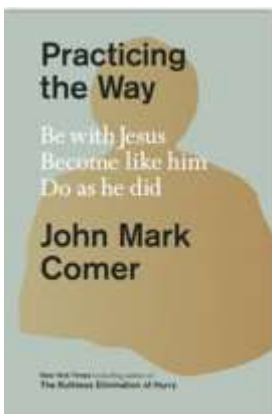
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Campion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

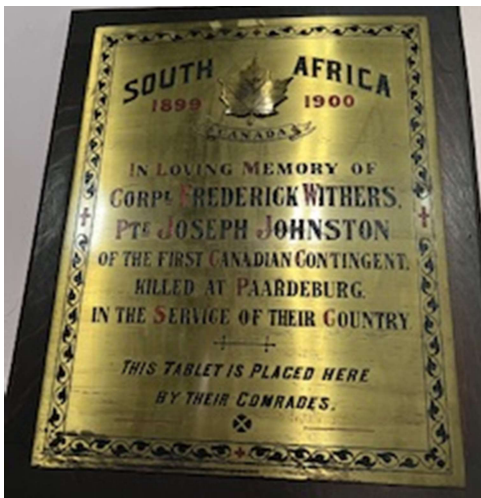


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

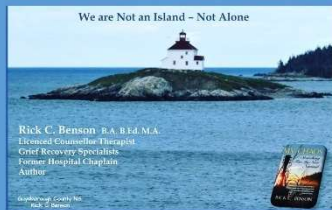
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

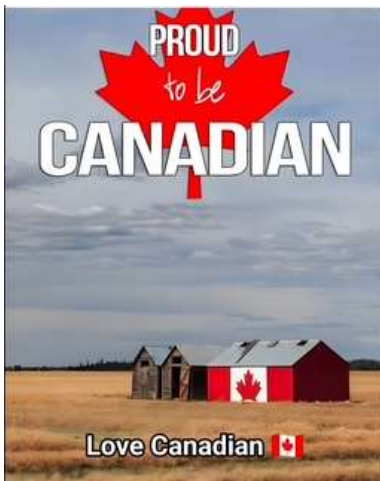
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

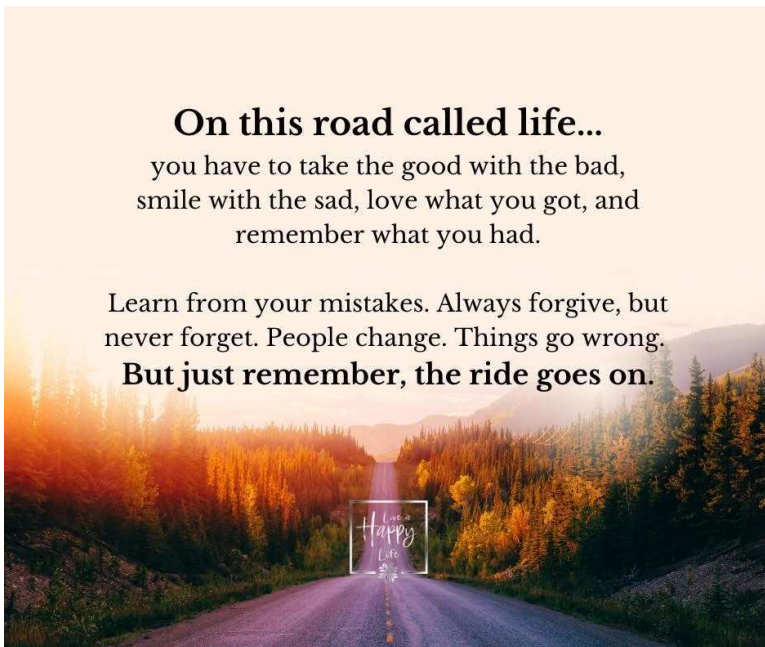
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

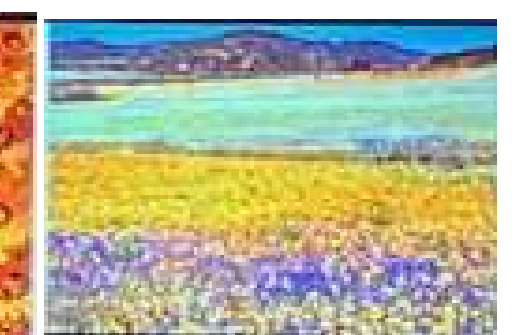
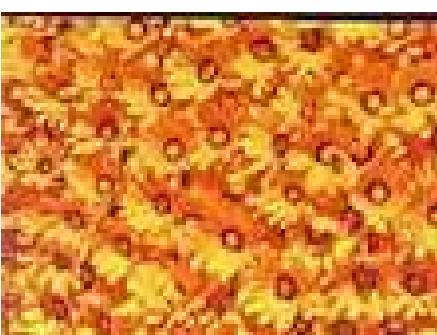
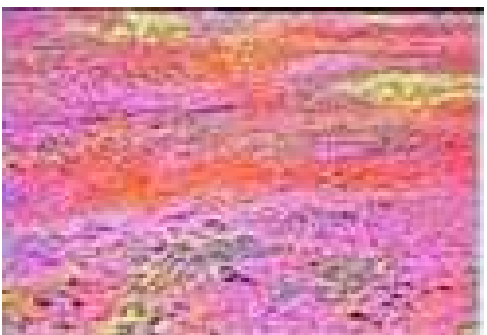
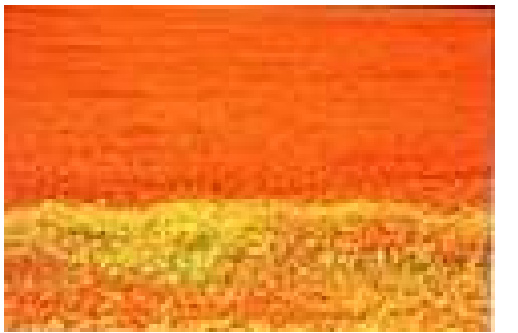
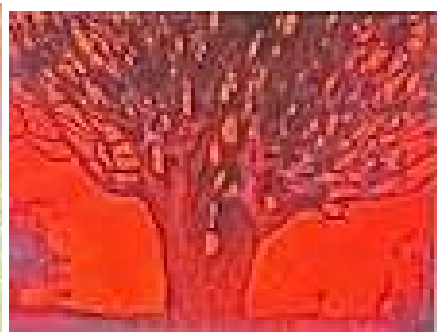
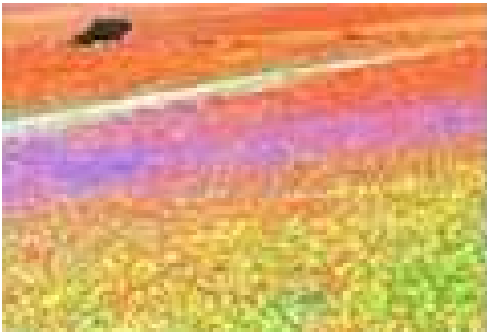
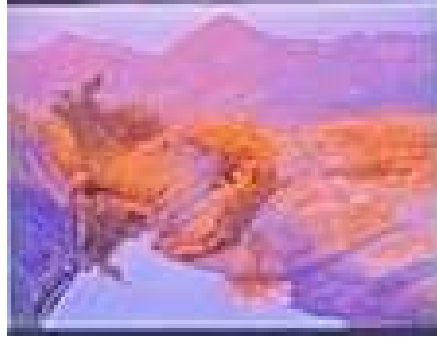
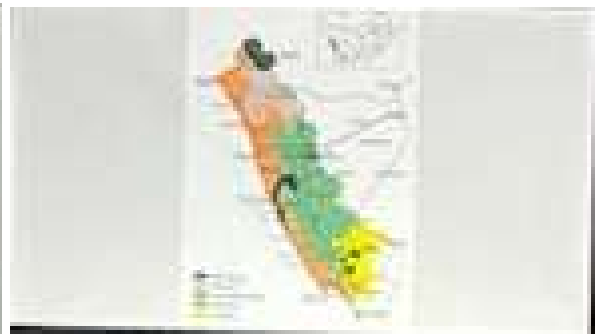
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

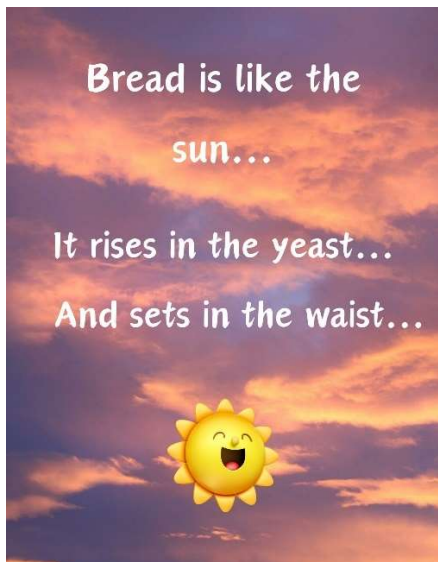
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

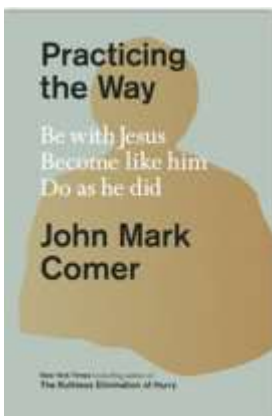
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

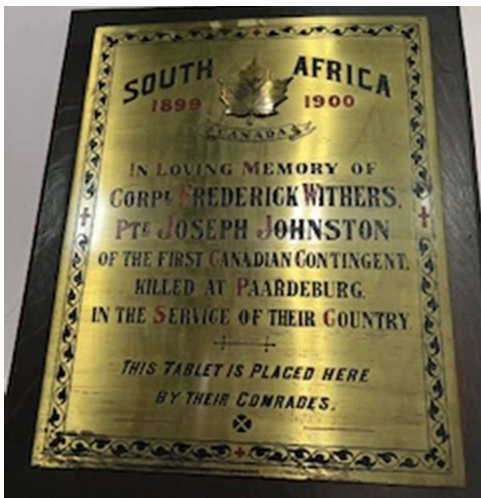


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

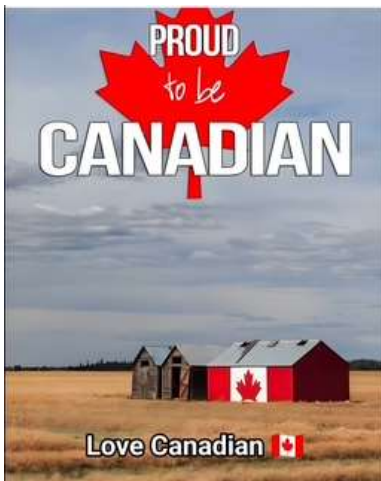
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

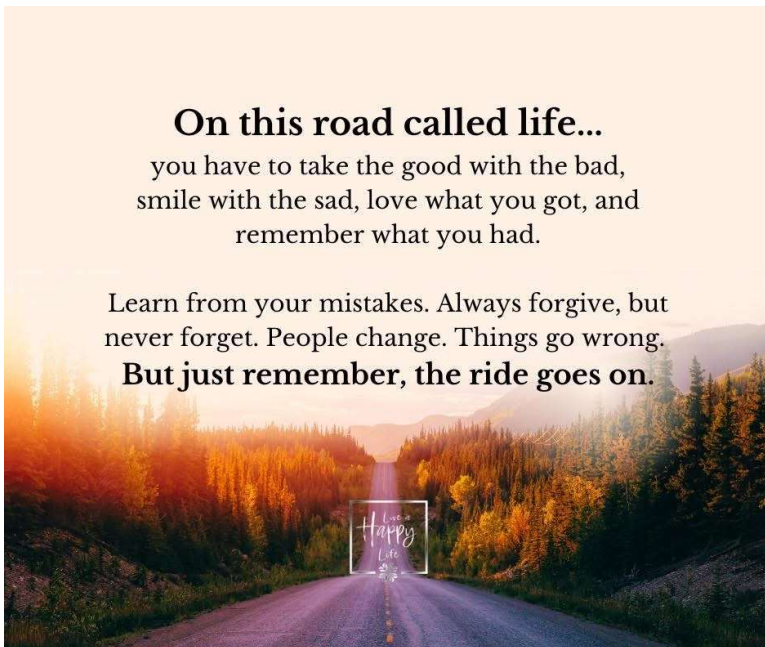
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

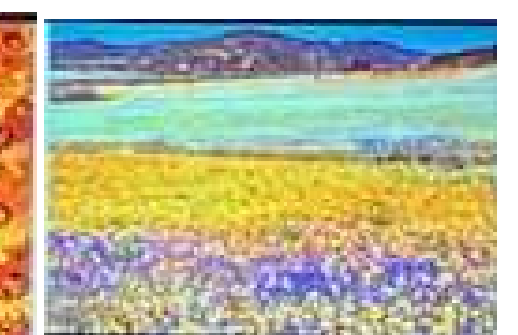
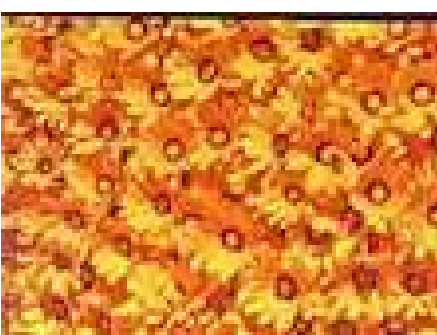
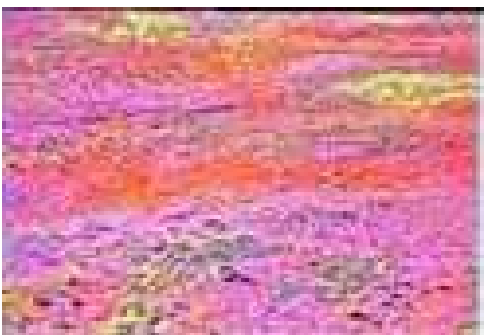
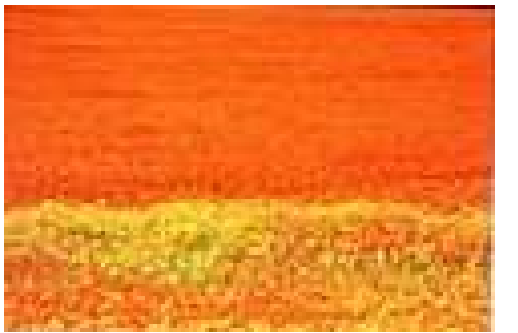
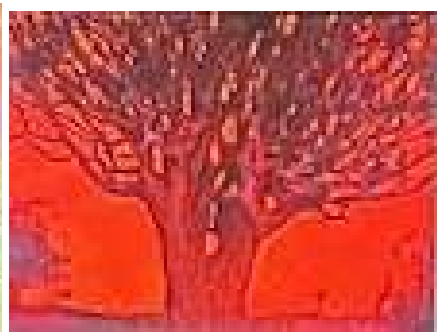
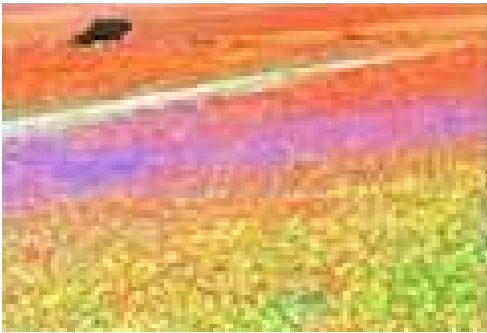
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

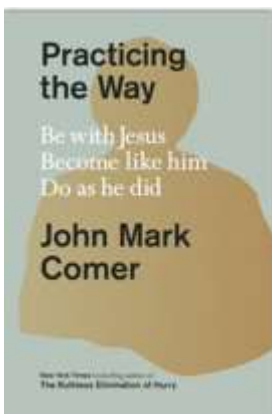
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

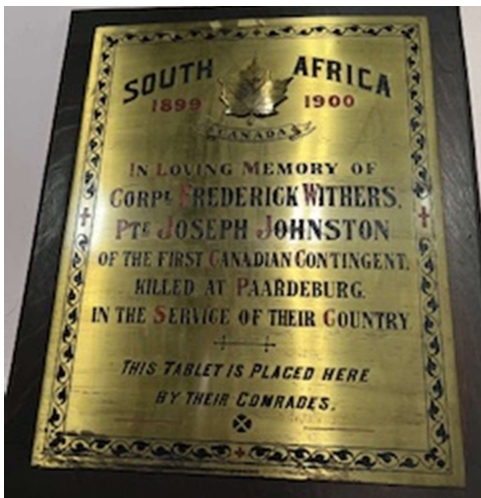


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

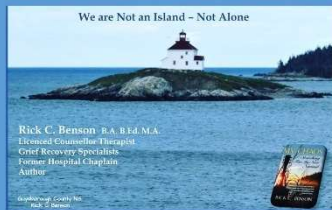
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

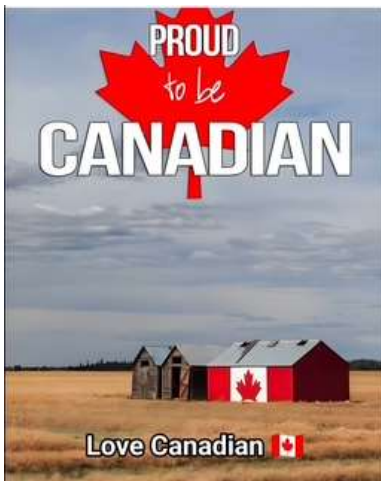
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

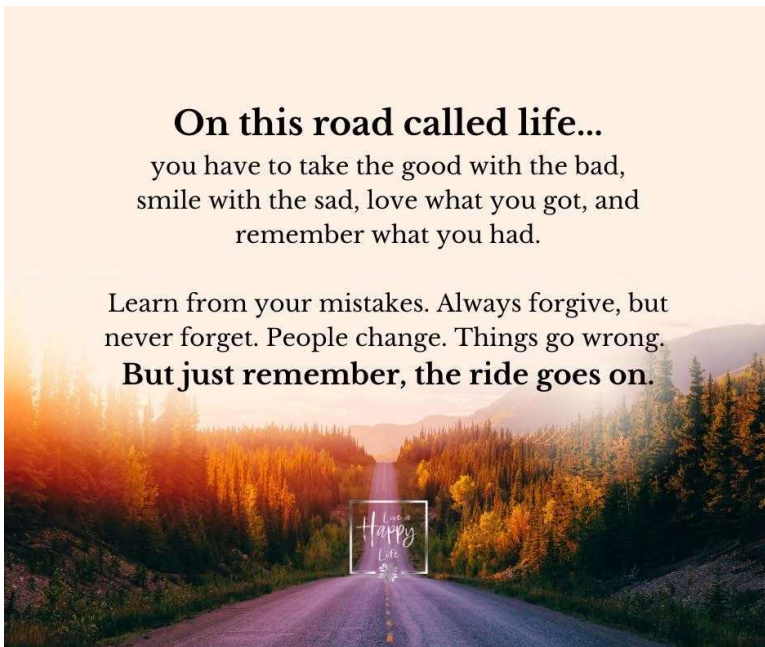
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants.



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

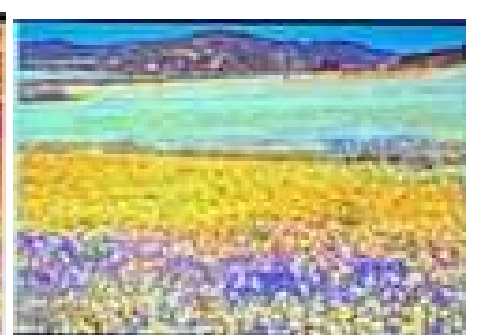
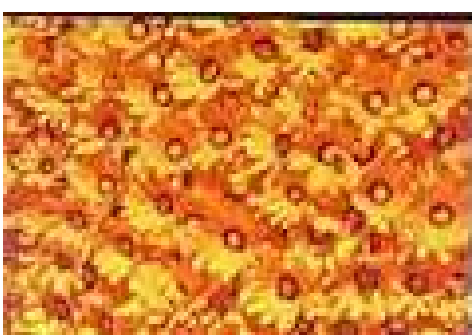
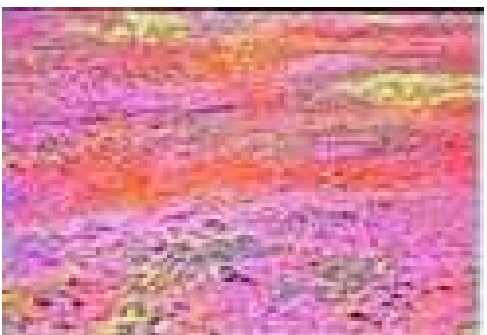
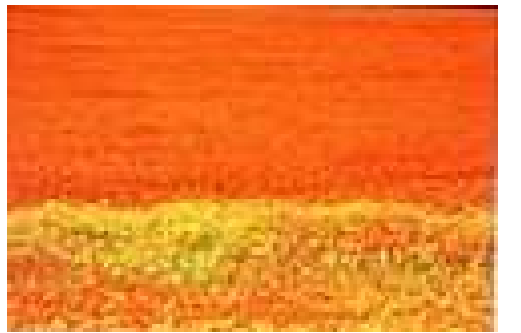
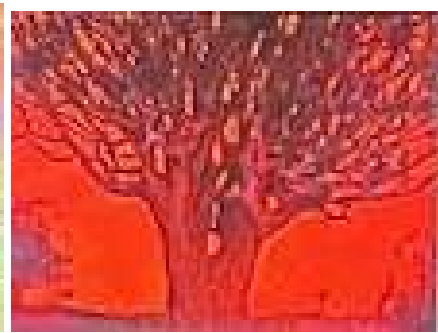
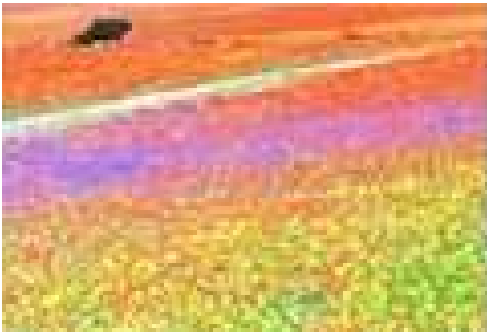
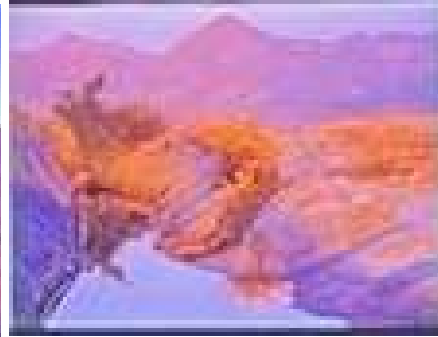
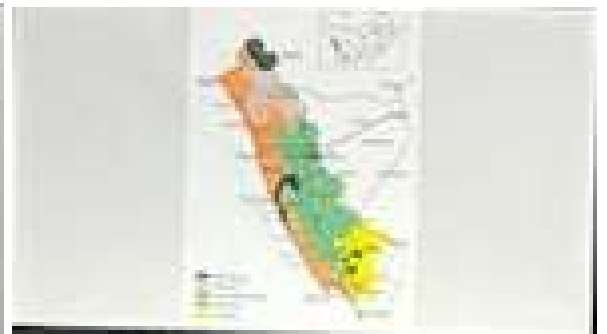
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

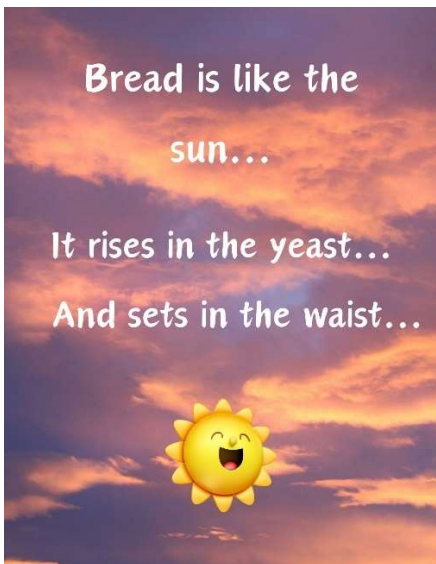
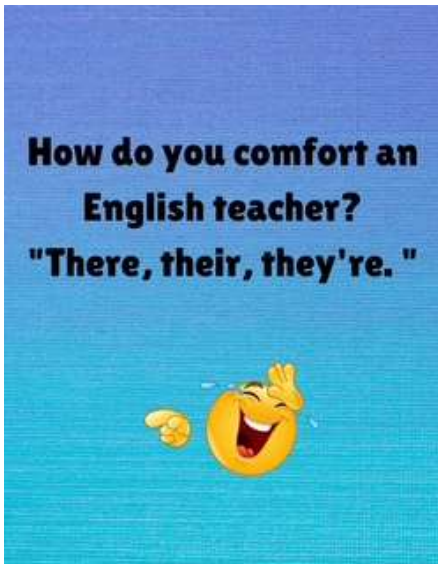
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

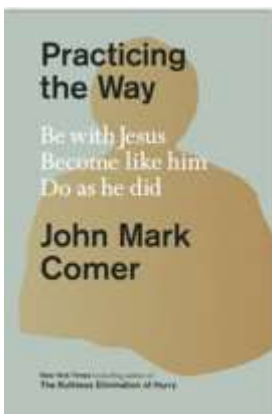
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

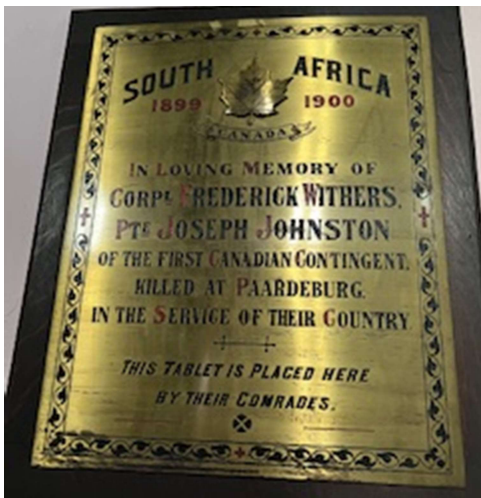


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

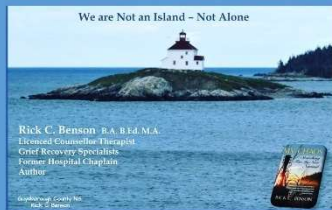
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

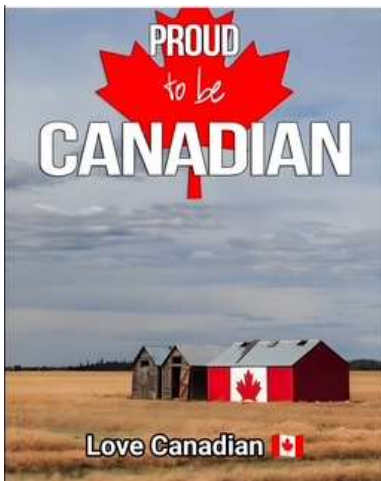
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

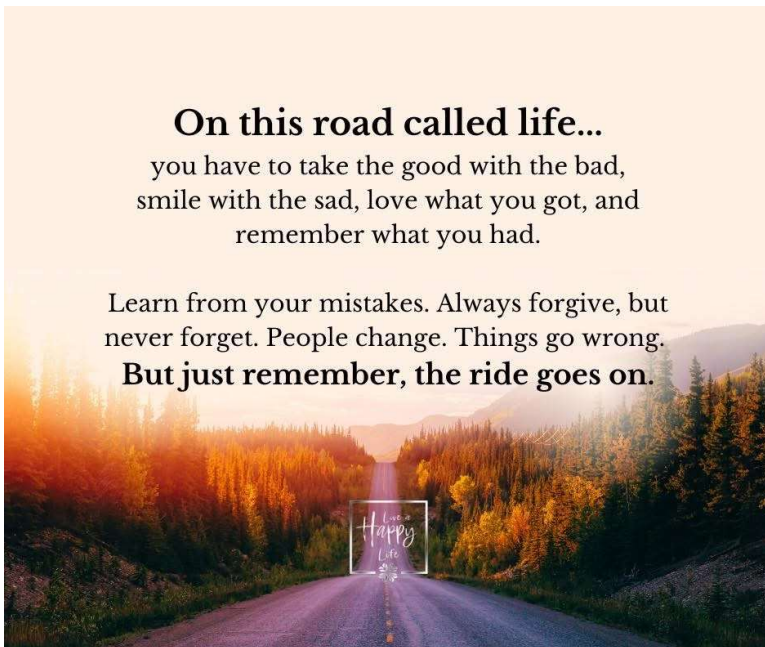
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

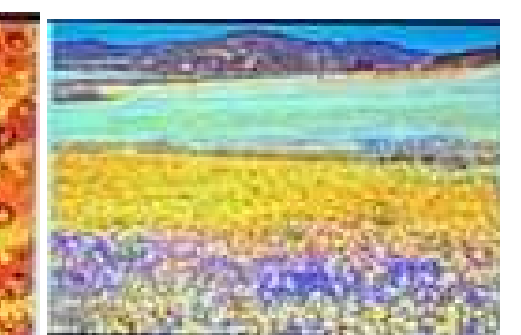
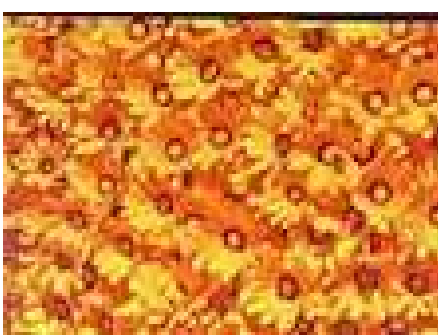
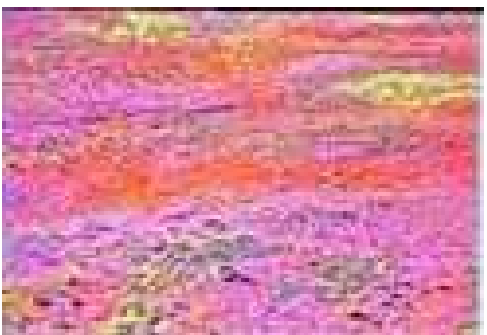
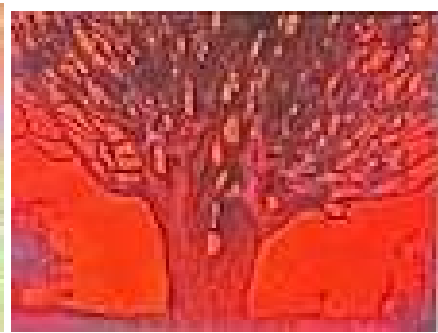
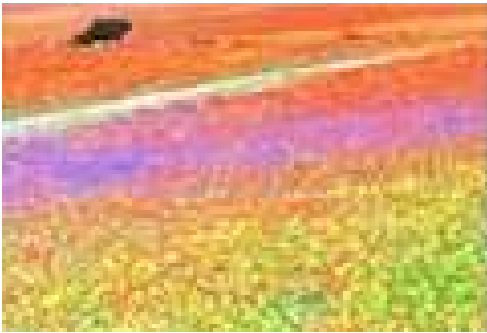
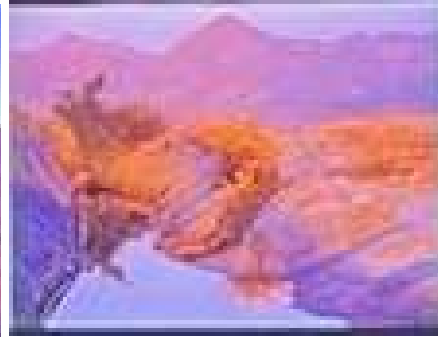
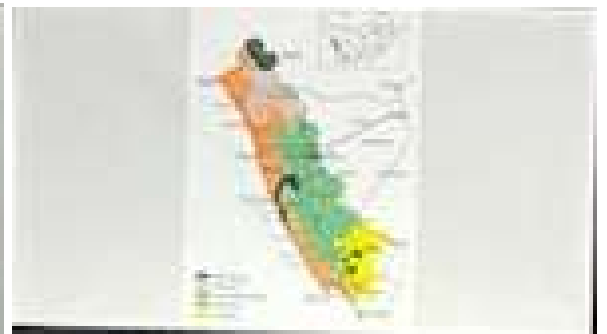
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

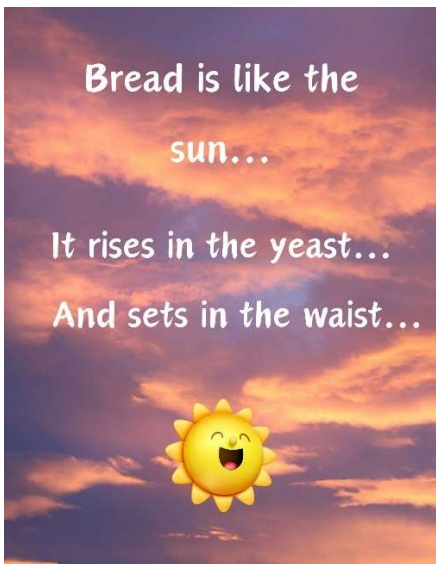
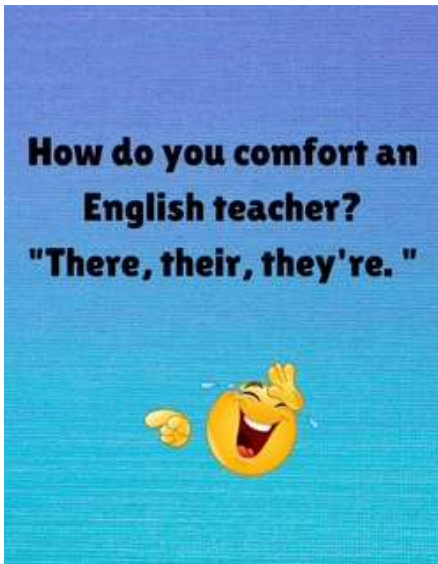
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

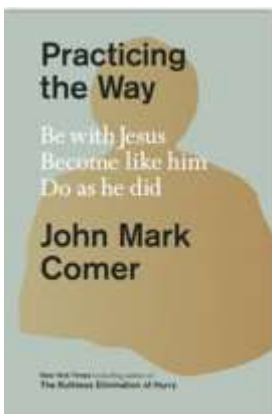
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

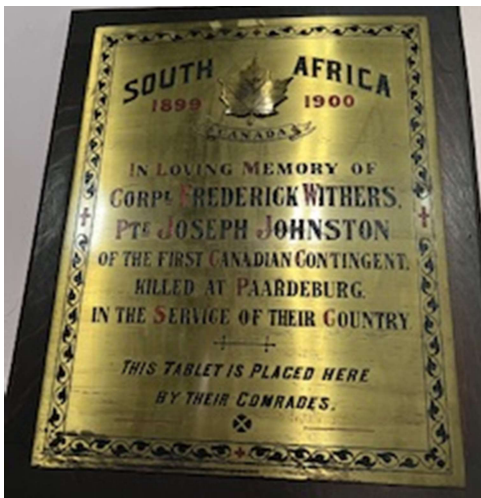


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

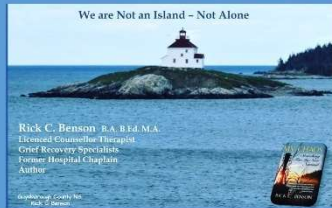
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

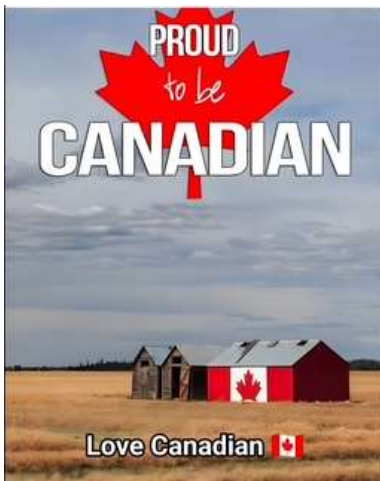
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

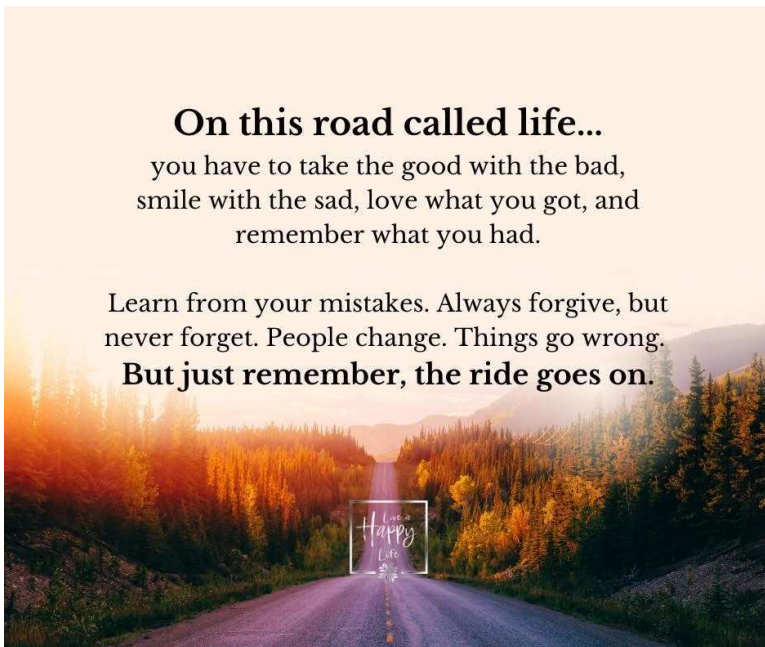
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

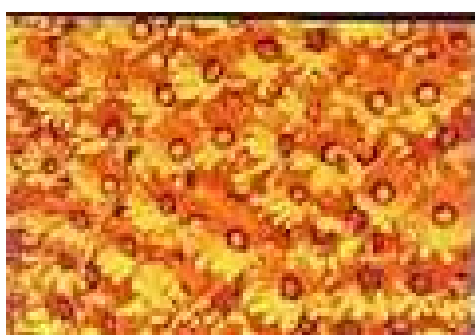
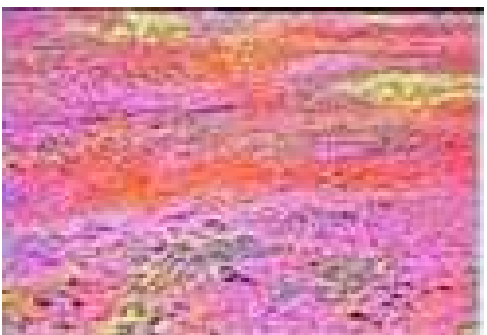
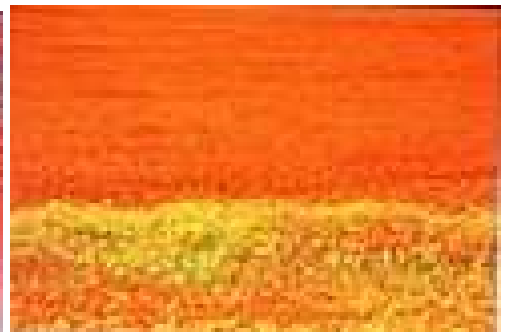
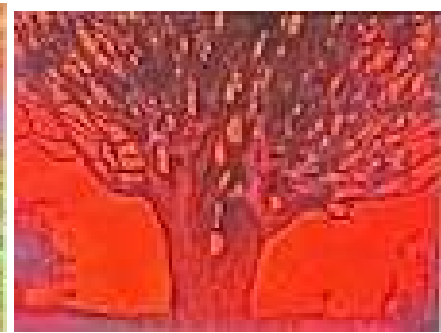
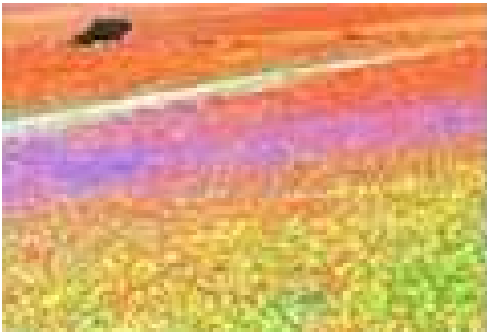
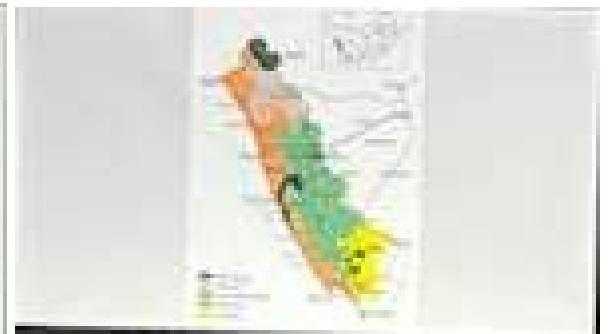
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

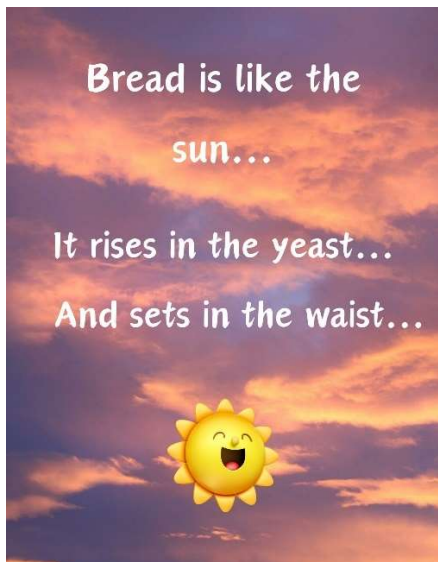
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

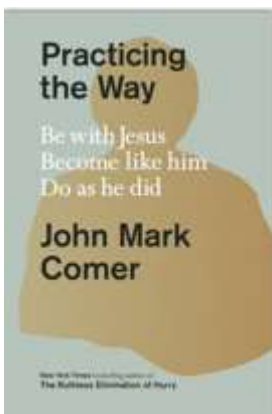
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

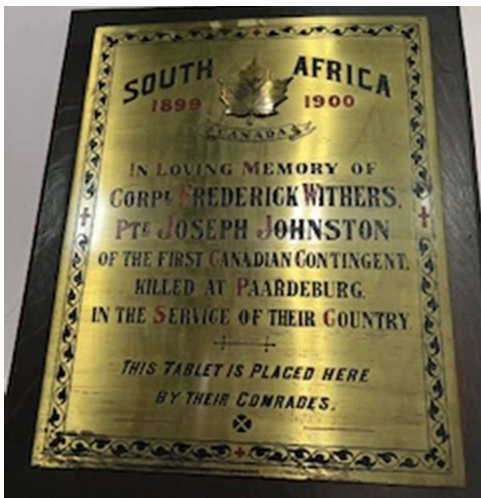


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

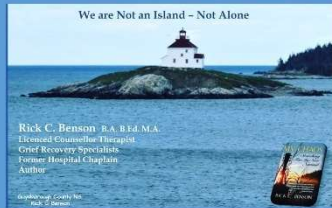
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

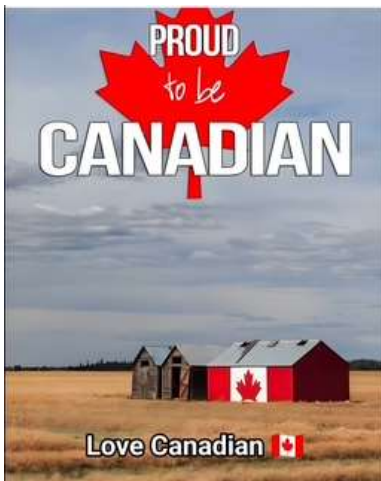
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

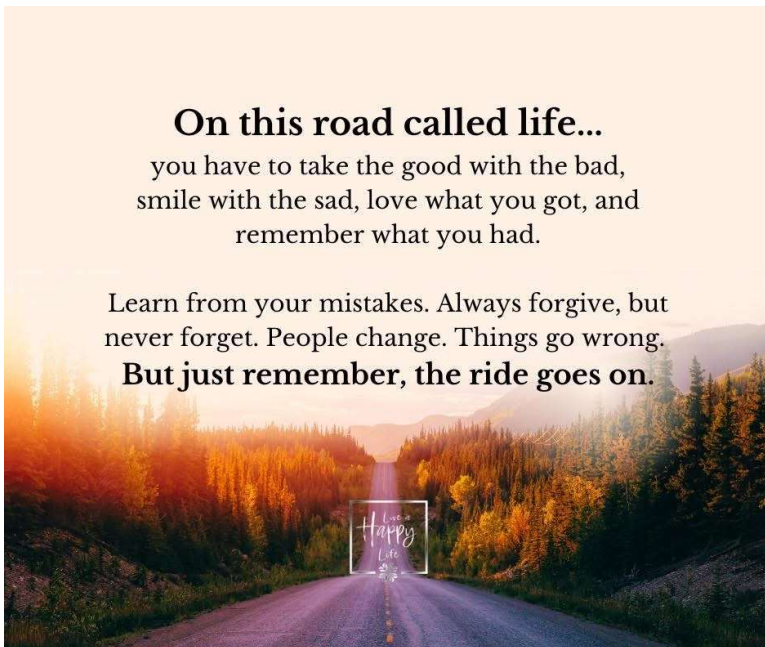
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

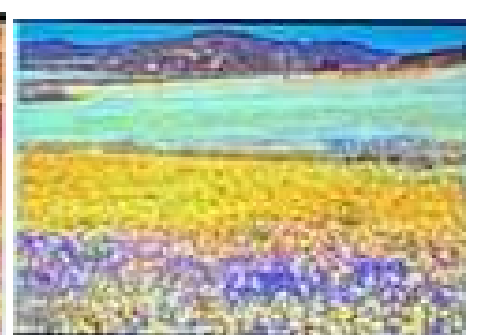
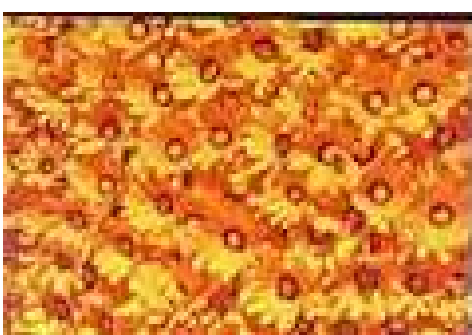
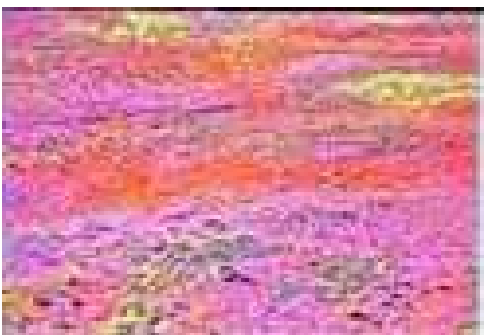
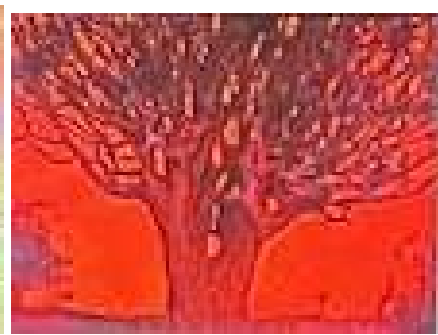
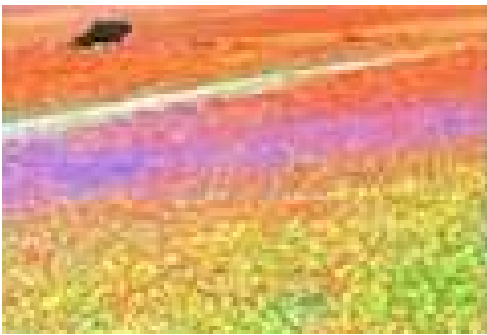
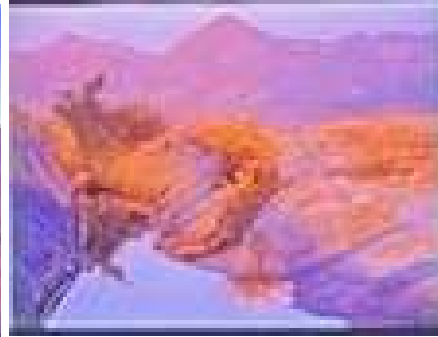
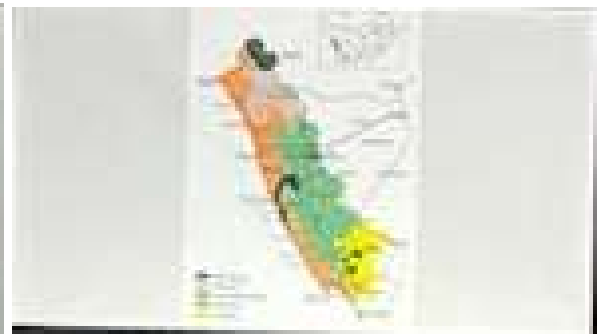
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

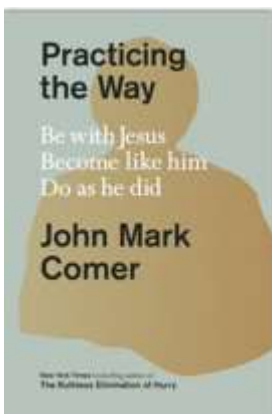
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

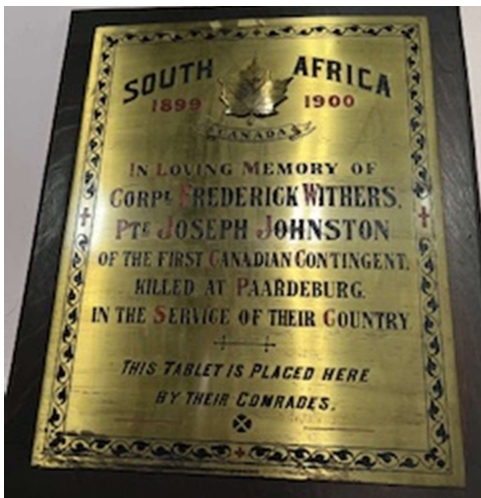


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity’s wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity’s 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick’s great comedians who will be joined by none other than our Archbishop David Edwards – who’s sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don’t be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS

Group Education Sessions

Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

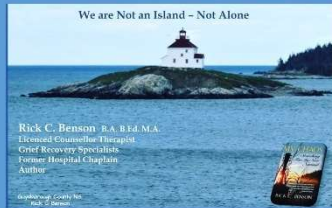
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

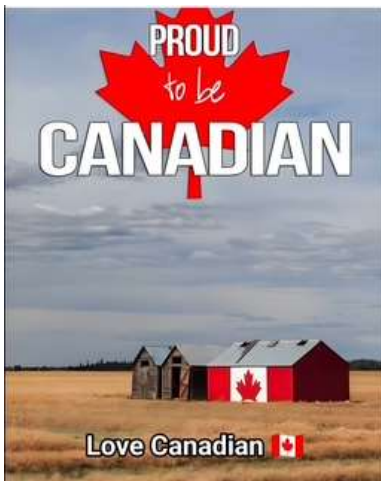
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

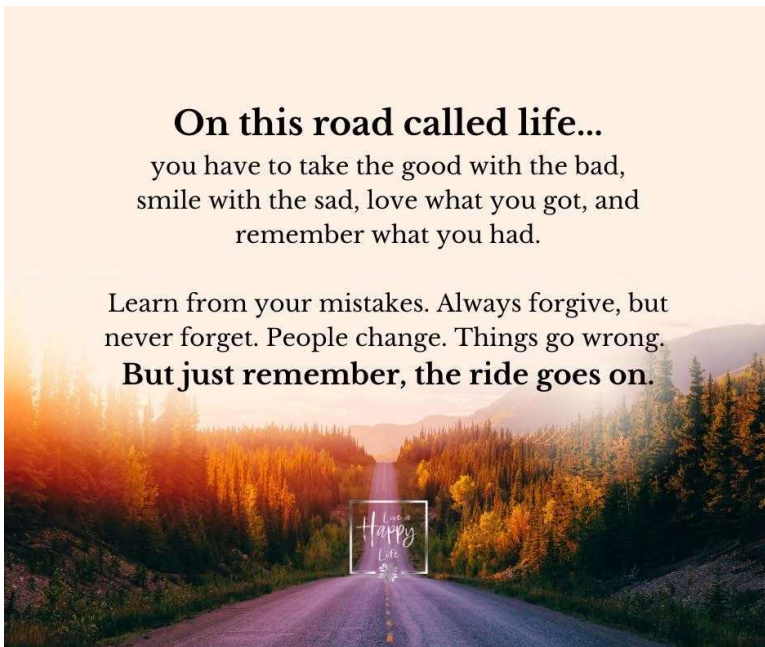
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

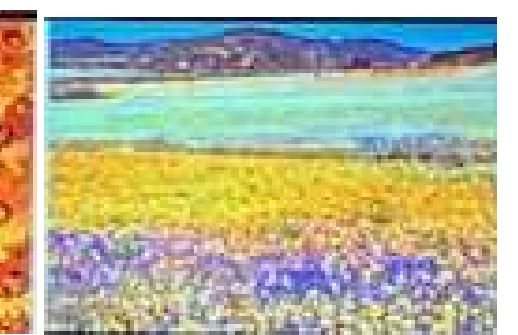
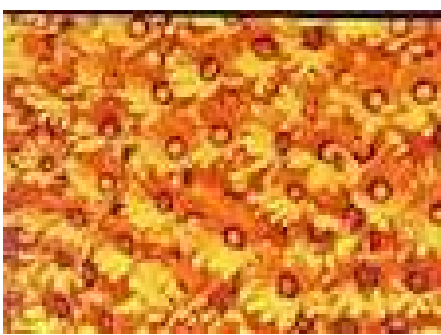
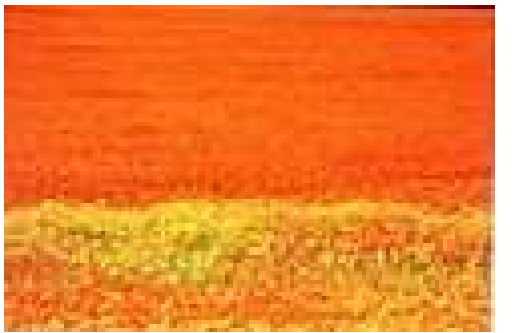
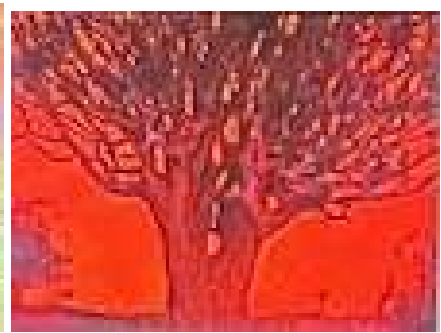
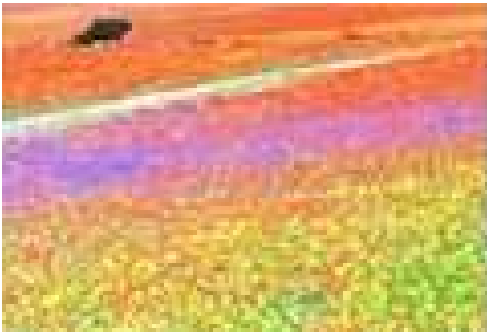
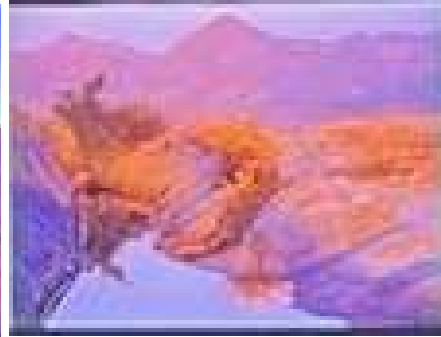
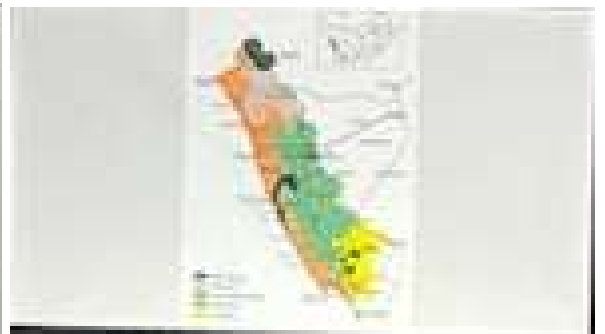
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

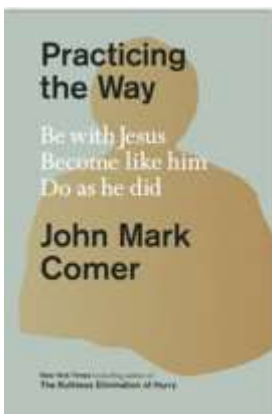
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

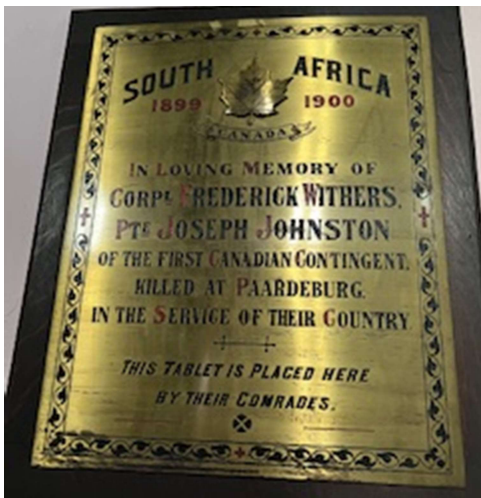


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

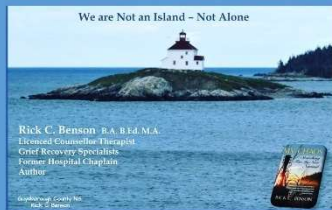
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

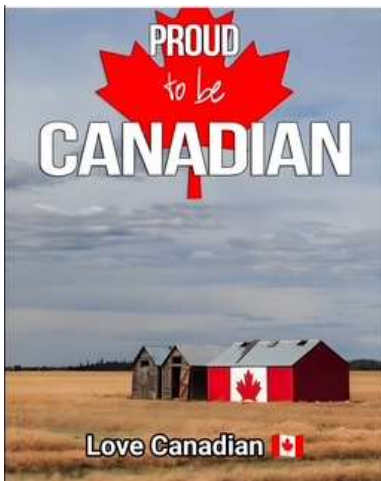
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

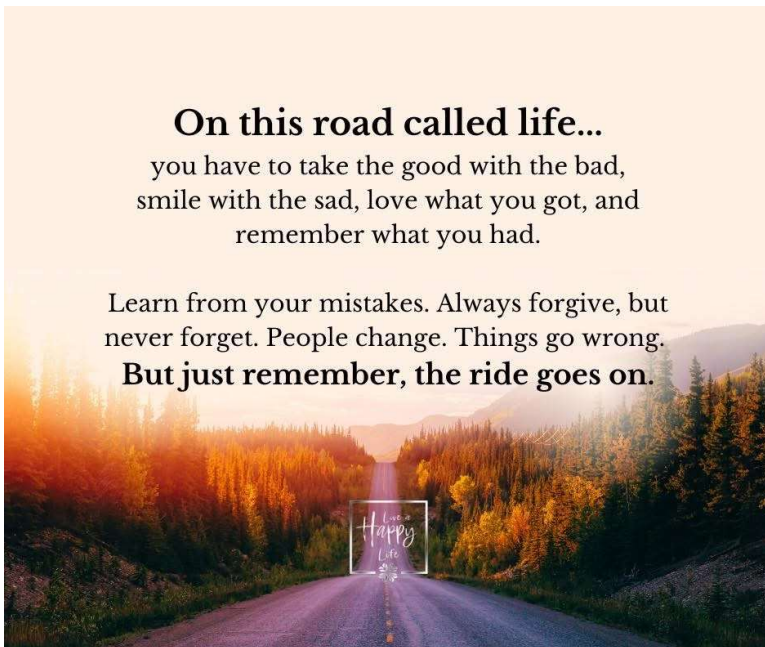
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants.



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

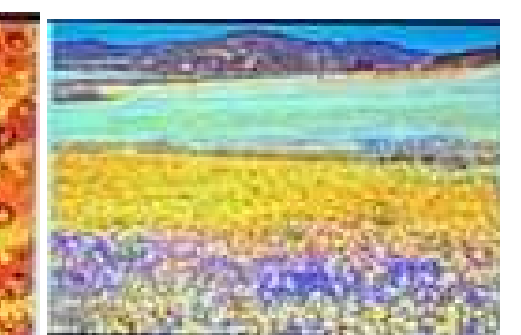
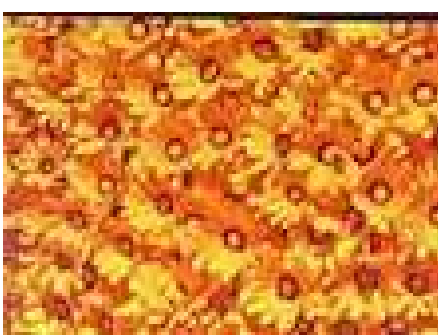
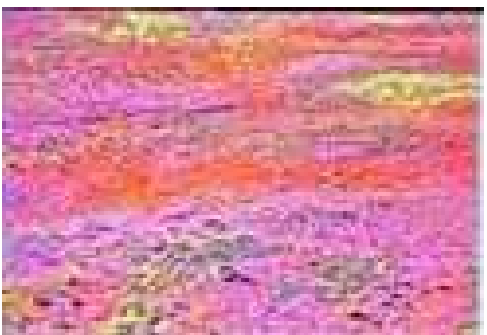
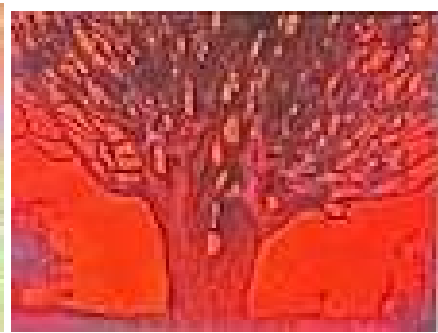
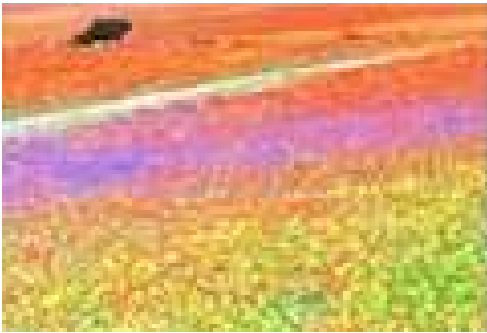
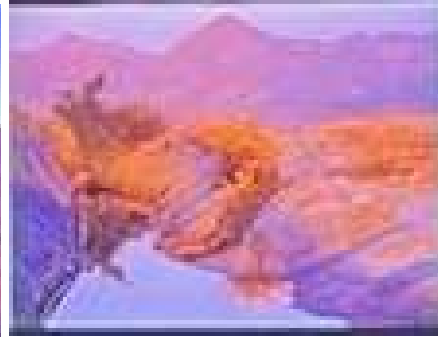
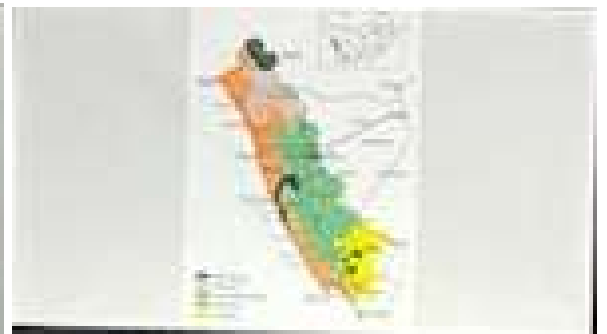
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamper's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

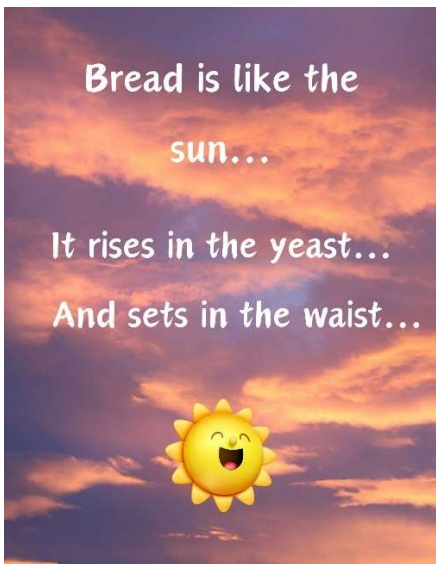
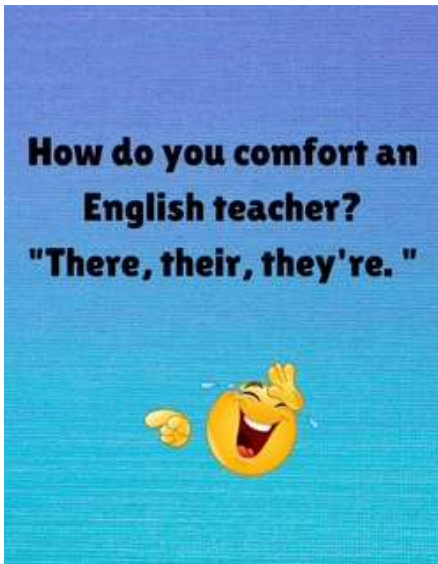
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

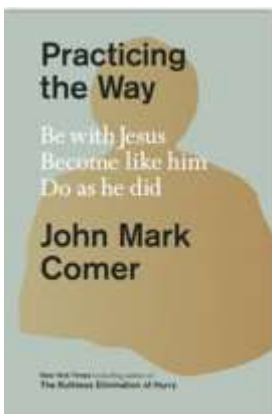
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

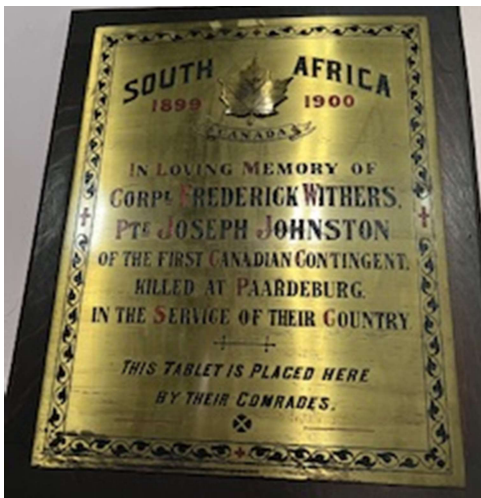


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

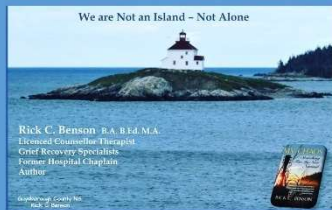
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

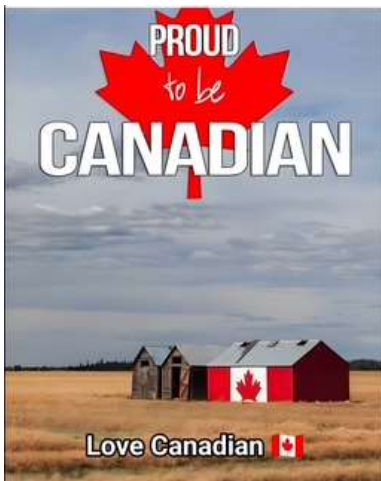
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

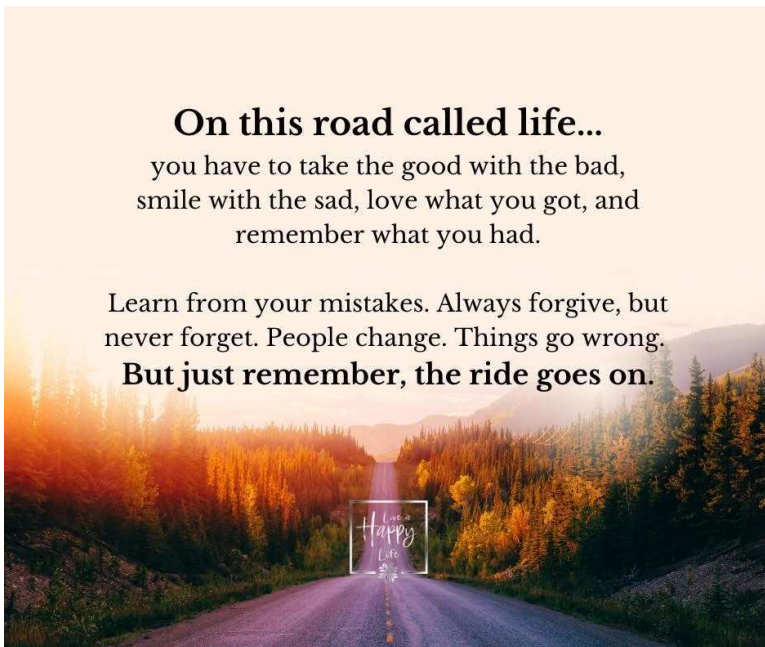
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

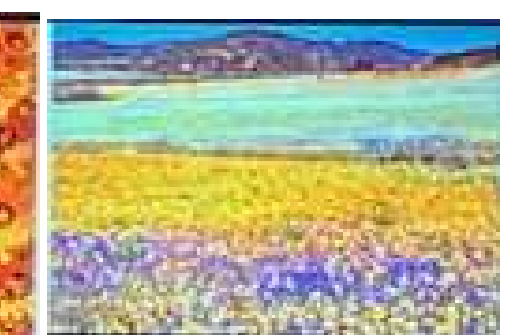
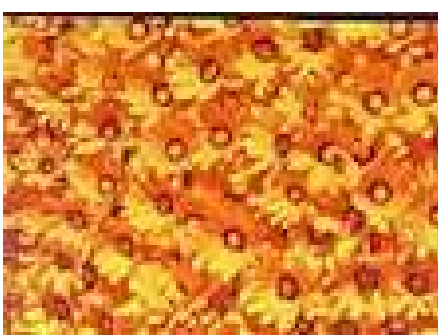
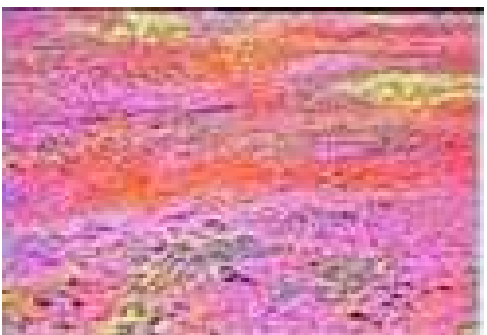
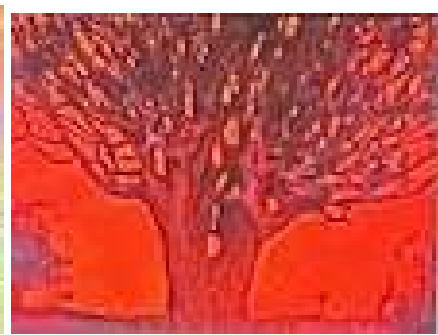
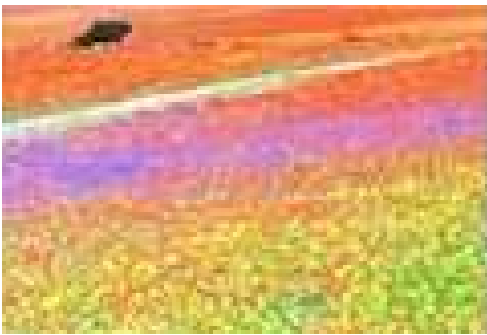
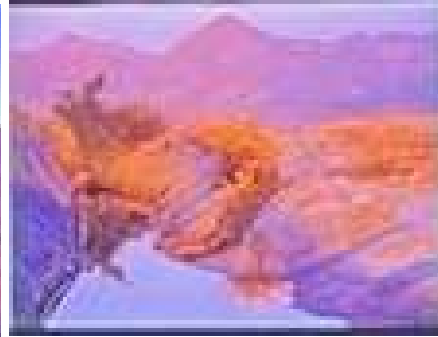
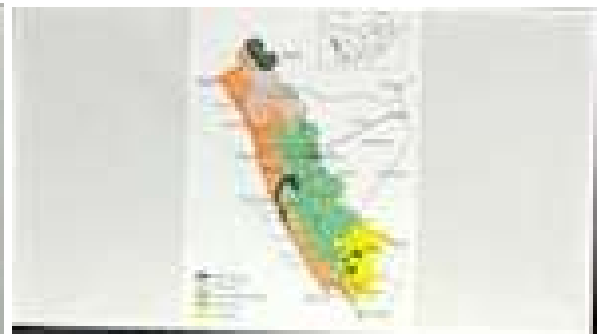
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

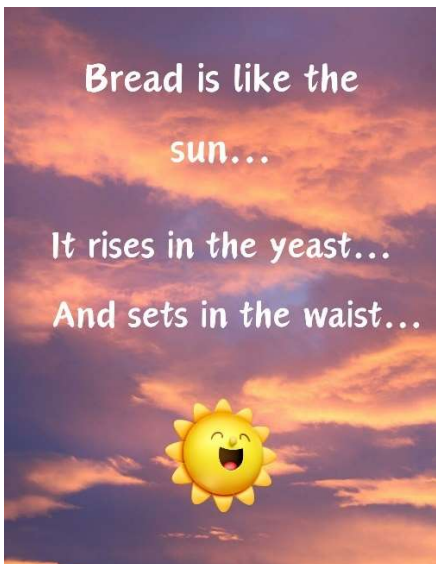
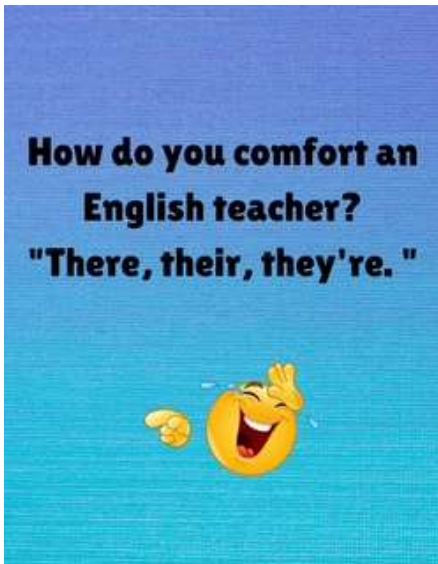
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

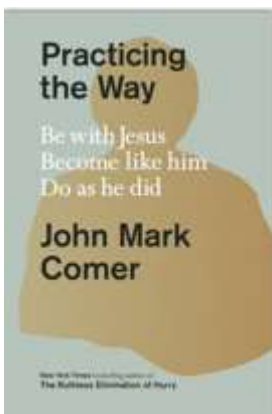
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

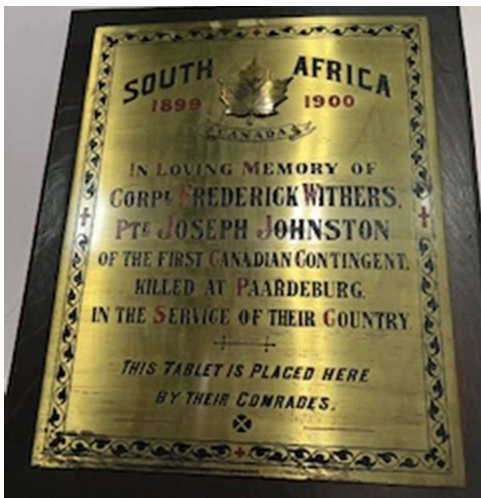


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

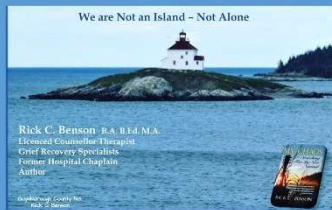
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

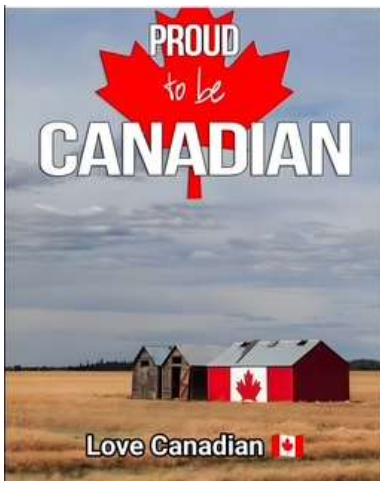
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

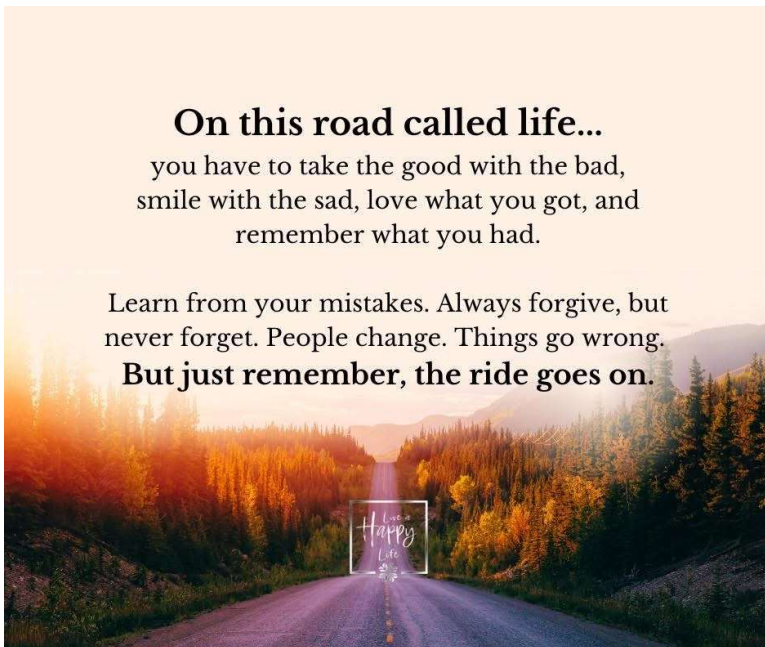
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

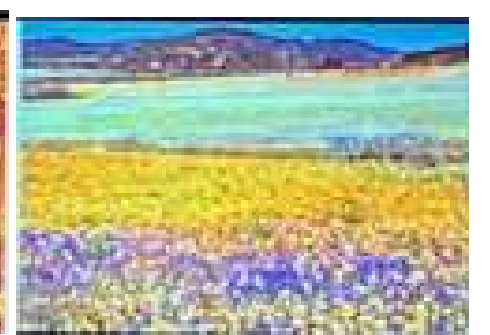
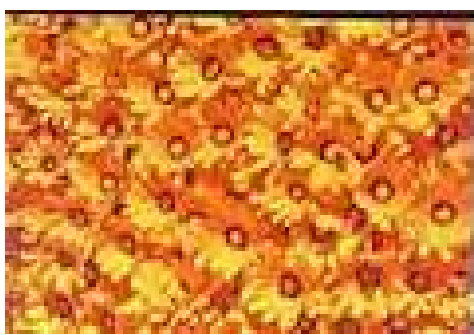
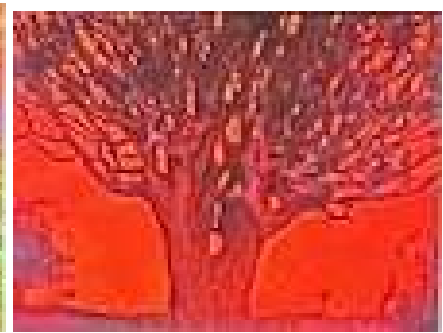
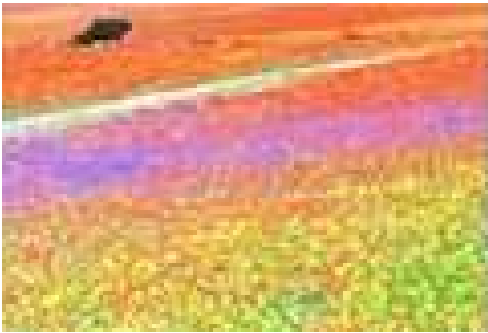
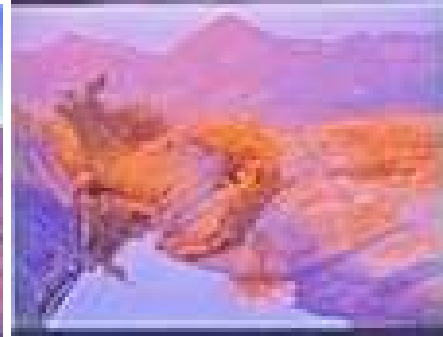
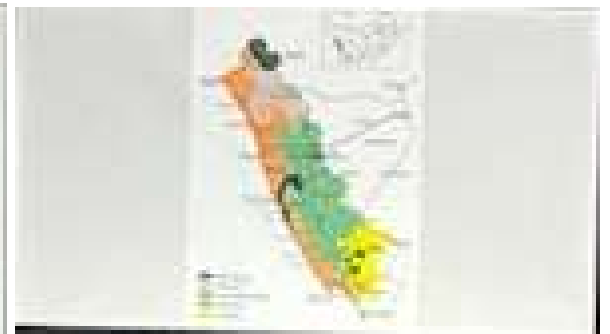
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

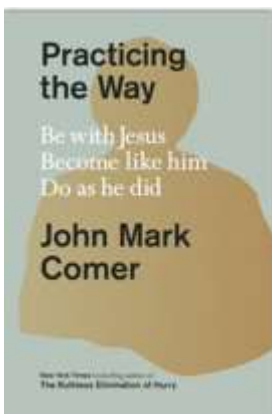
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthians 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthians 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

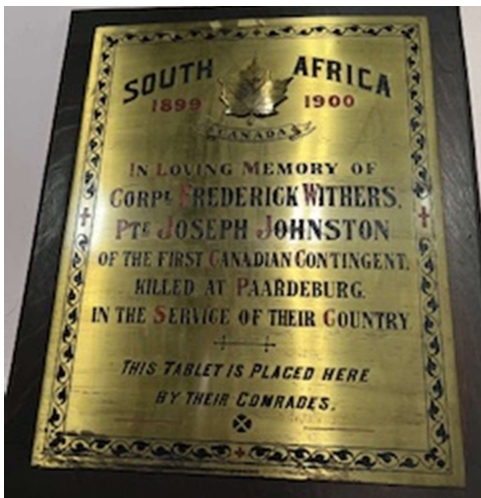


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trintsj@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

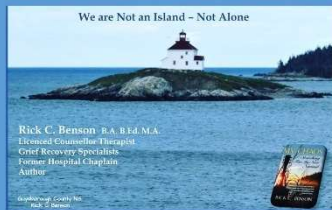
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

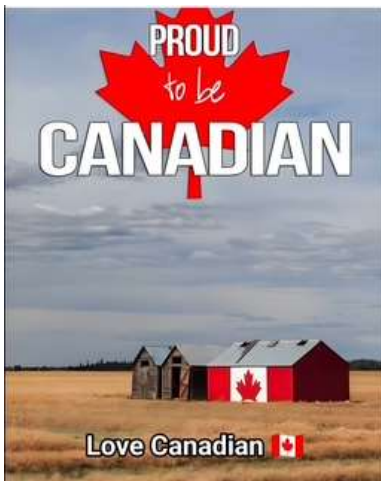
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

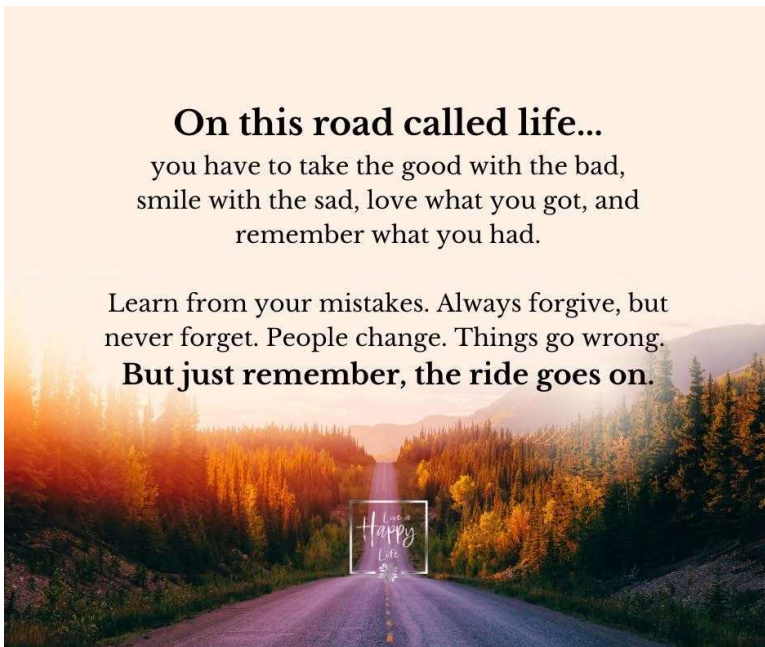
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

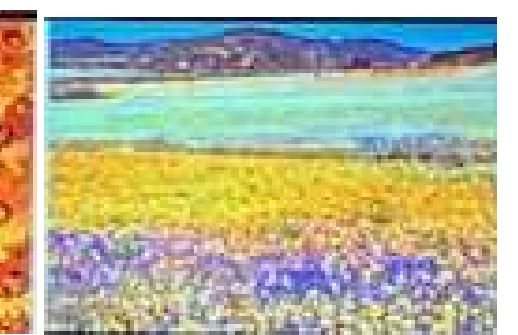
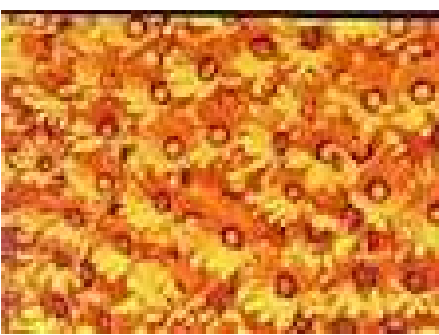
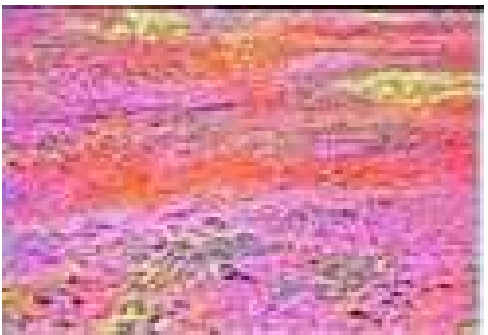
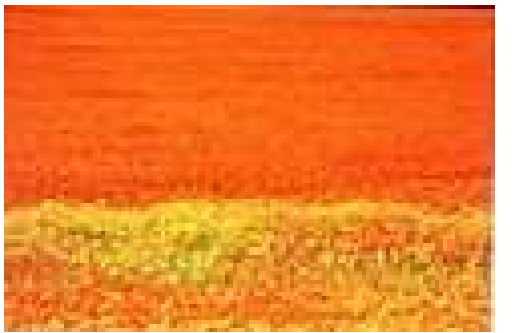
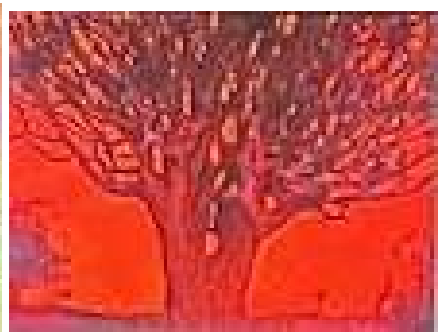
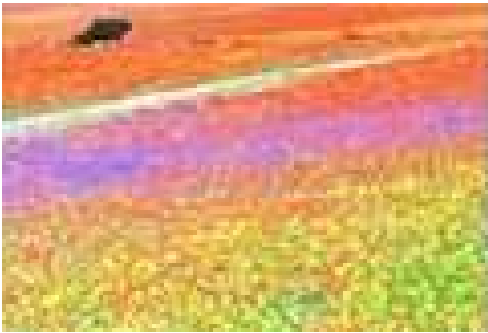
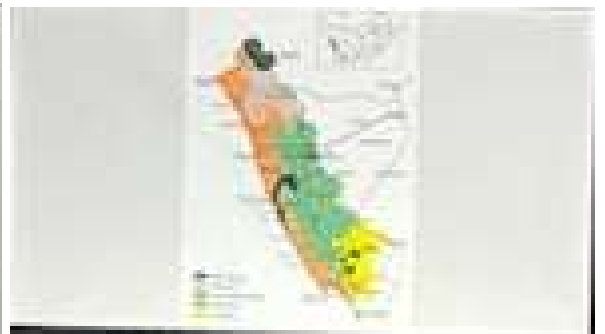
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve. It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

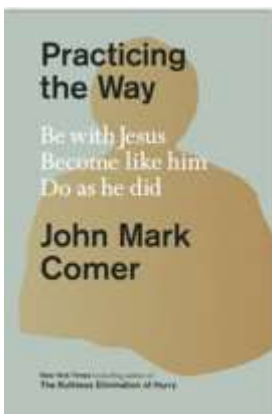
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

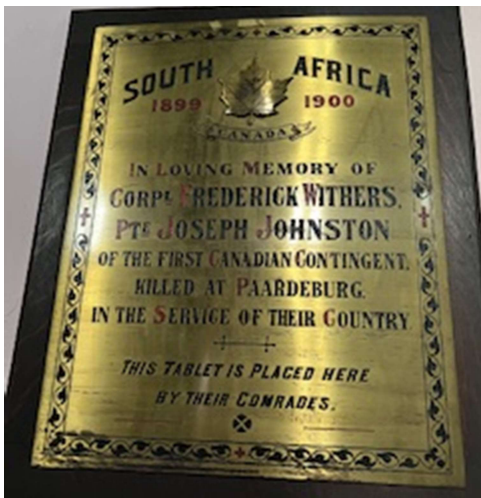


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

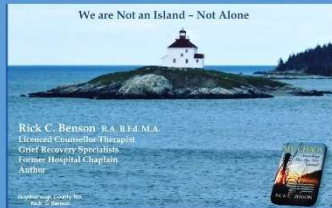
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

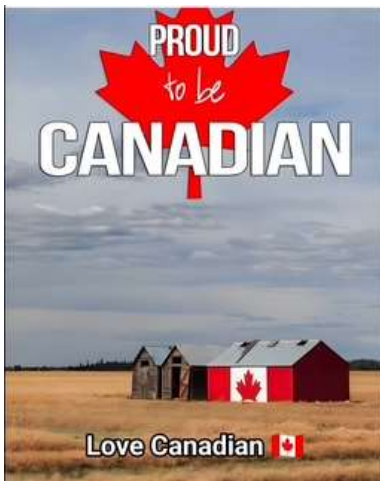
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

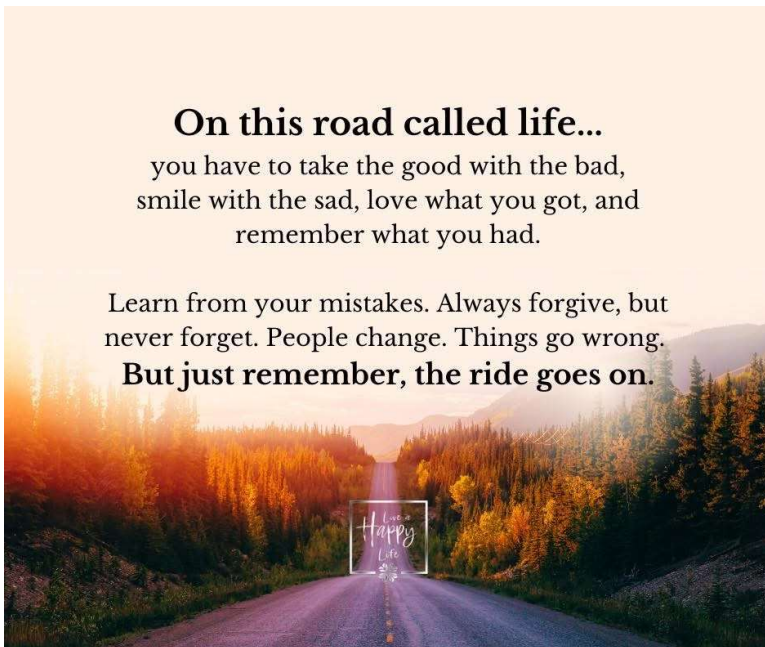
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

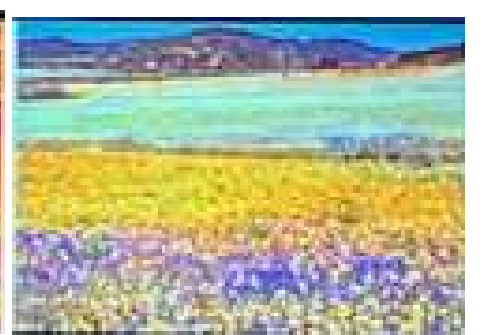
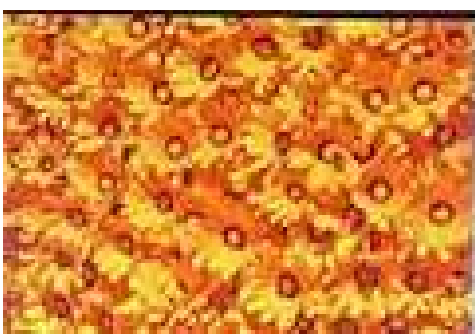
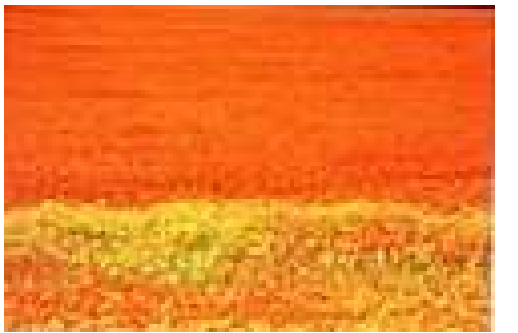
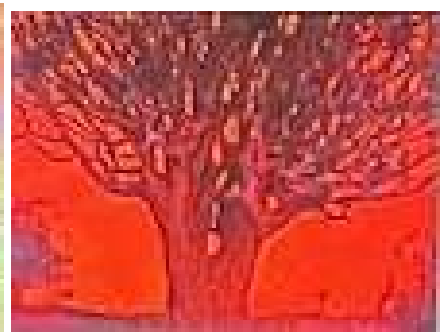
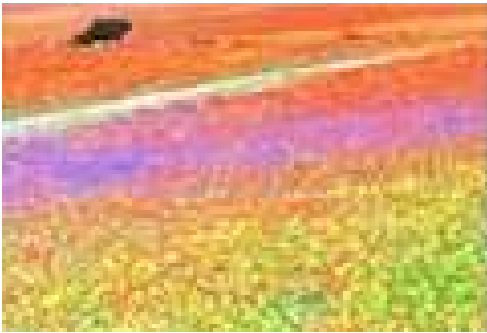
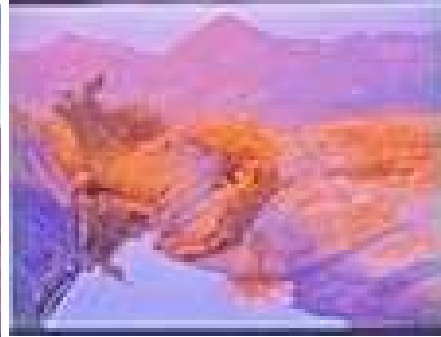
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

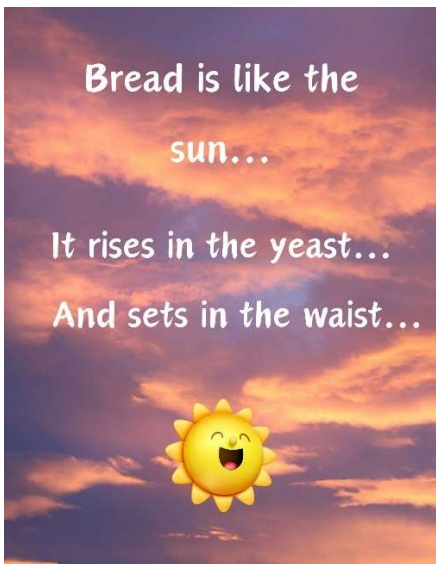
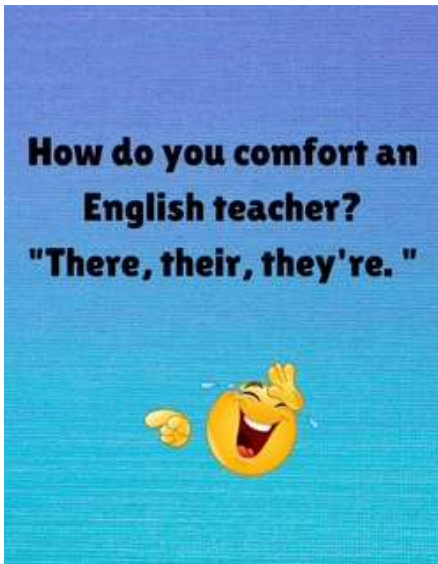
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – “**Water? No, It's Wine?!**” Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance “**Water? No, It's Wine?**” has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

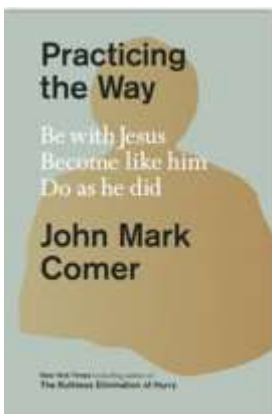
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

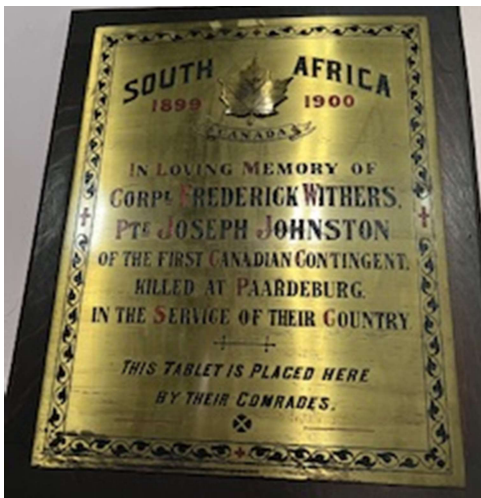


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

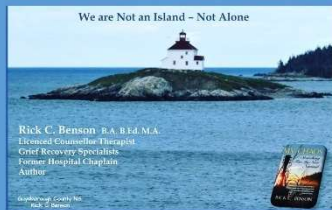
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

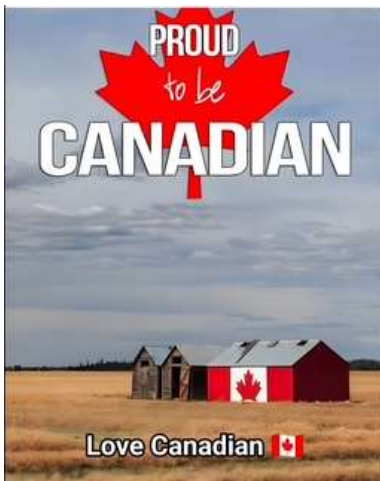
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

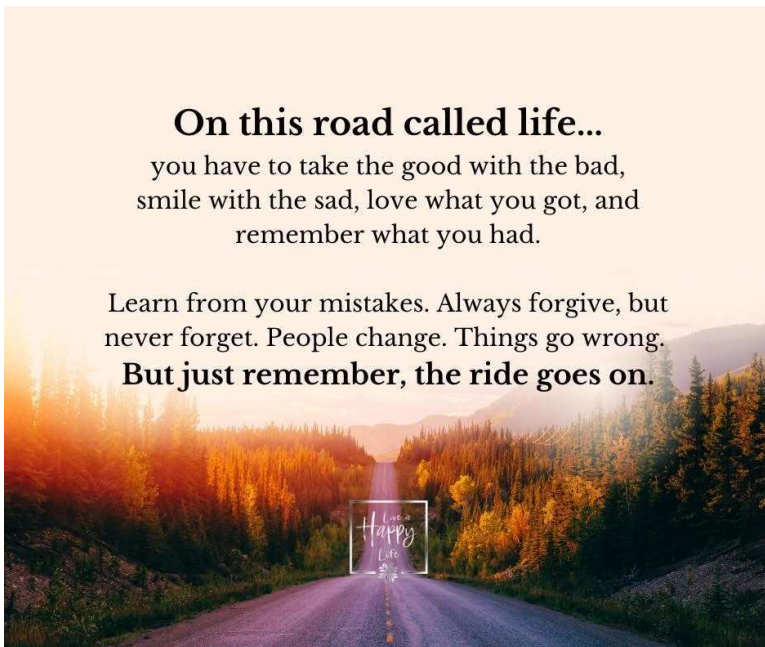
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

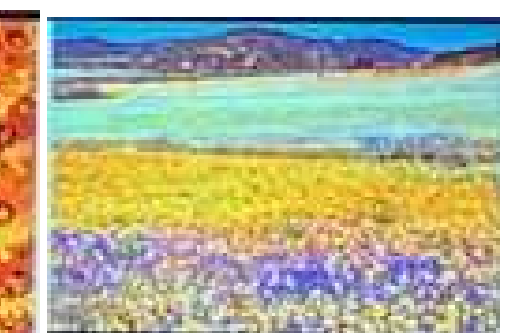
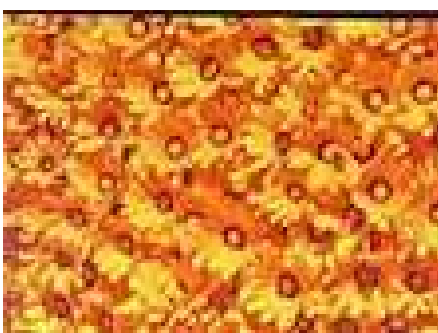
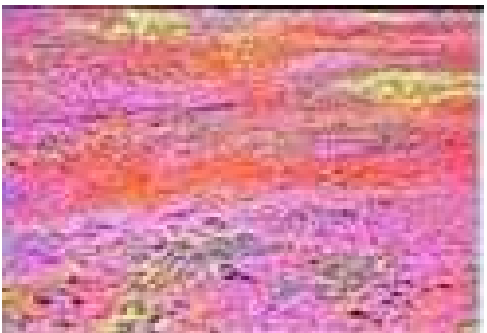
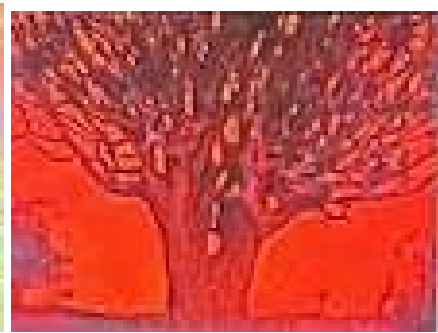
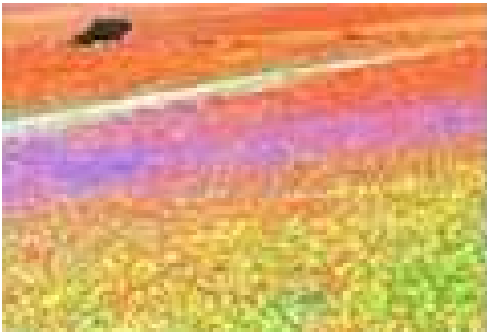
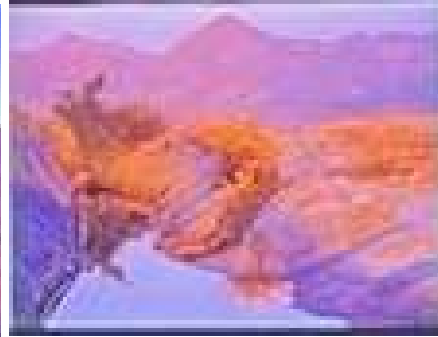
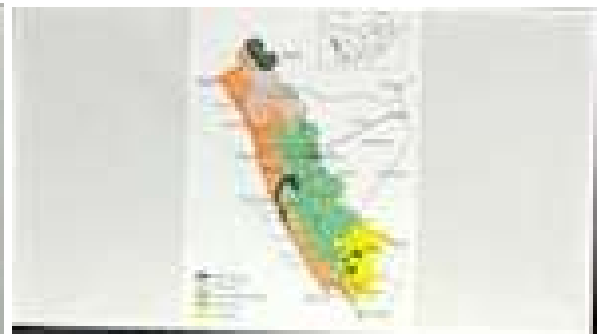
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

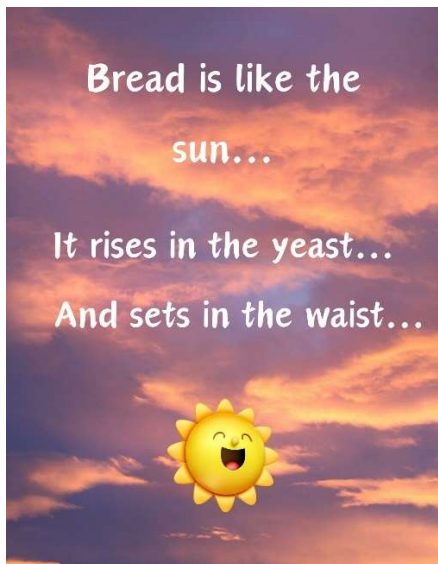
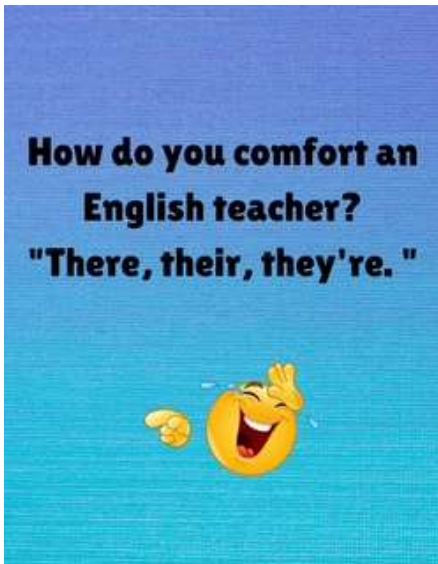
In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!





TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

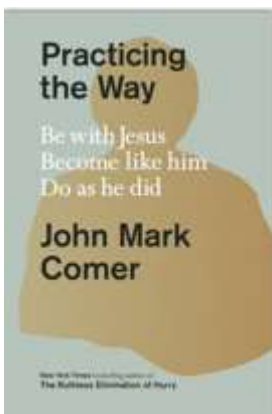
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Campion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

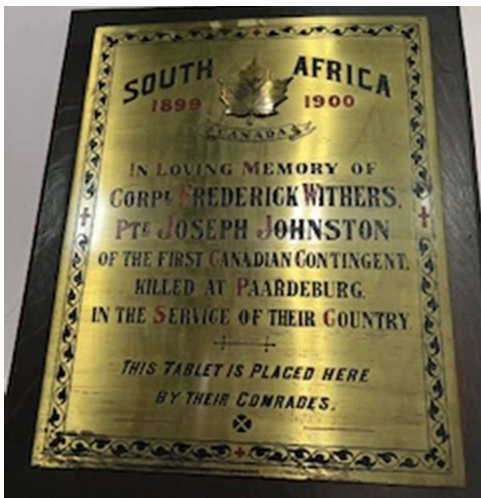


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

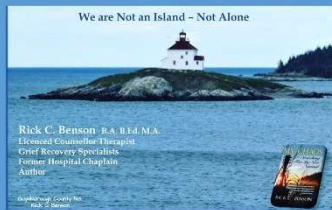
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

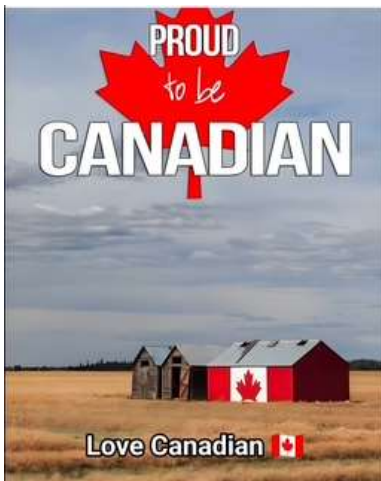
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

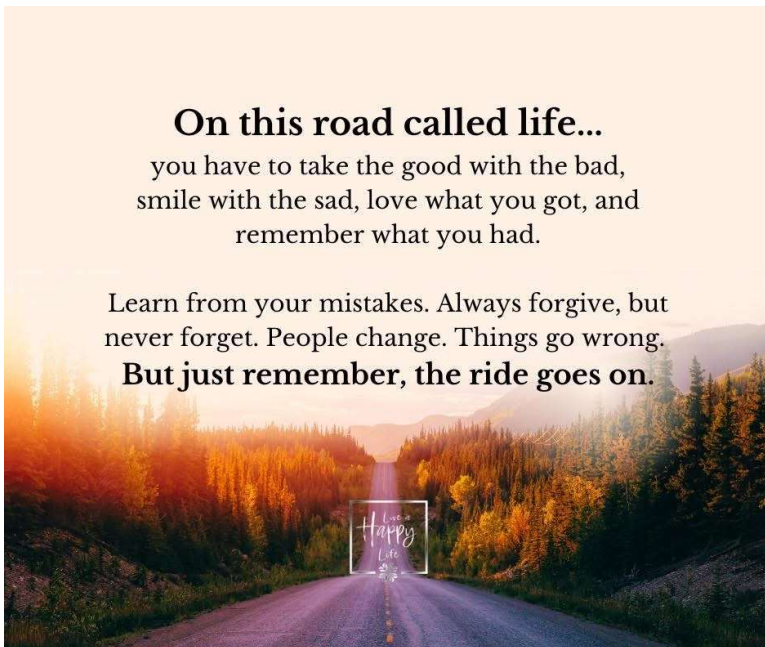
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

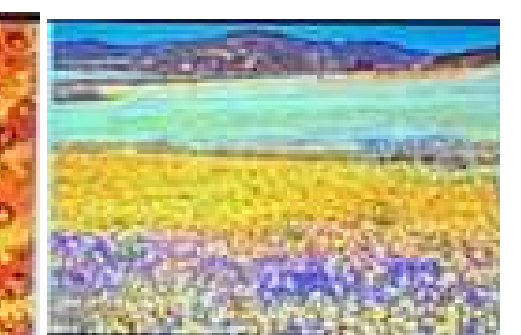
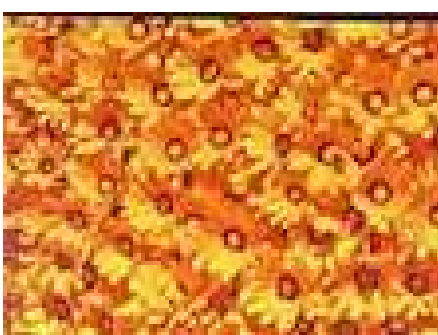
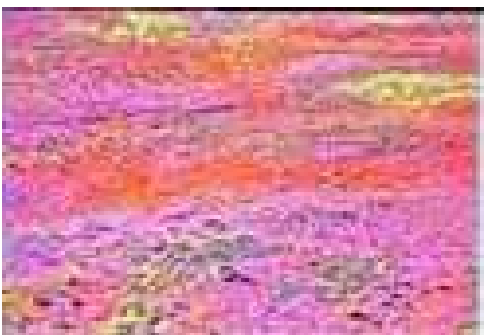
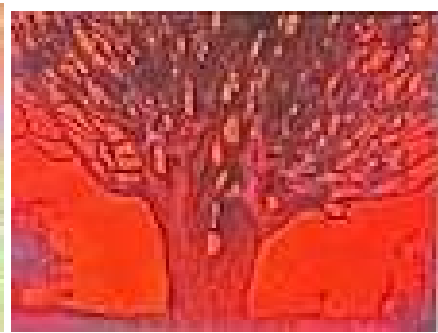
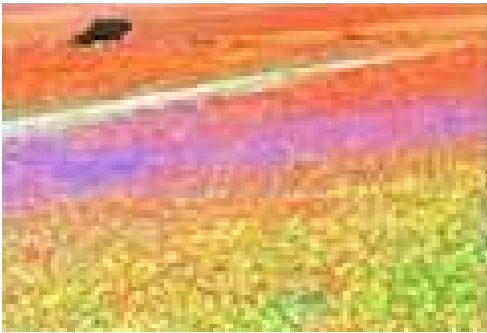
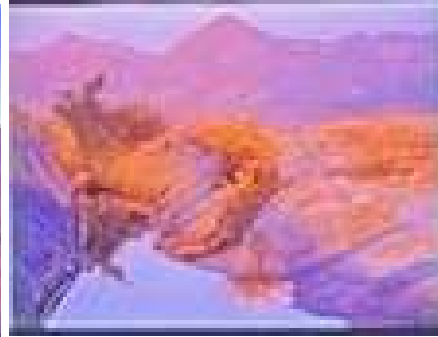
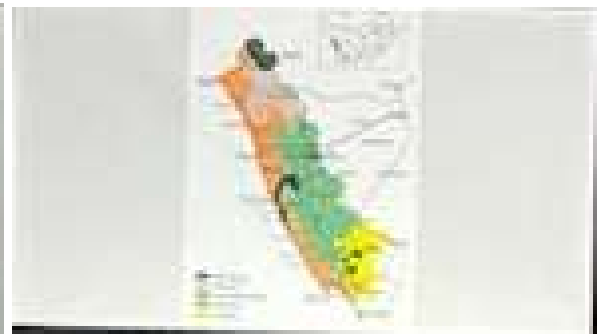
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...

It rises in the yeast...

And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, ***“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”***

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, ***“Today this scripture has been fulfilled in your hearing.”*** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

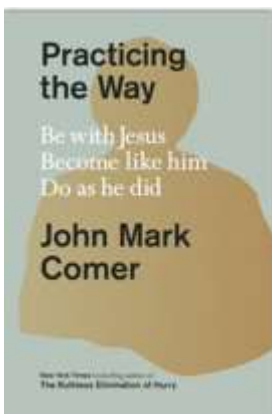
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

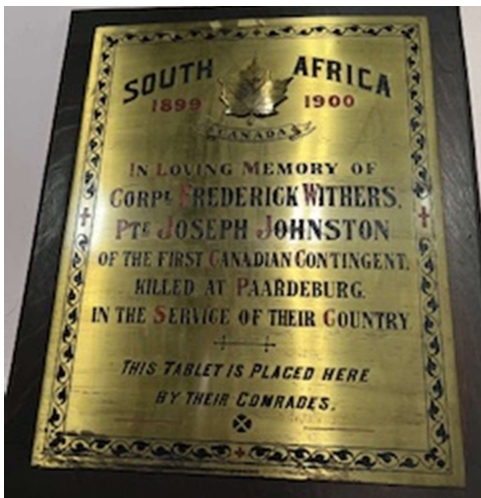


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantifest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

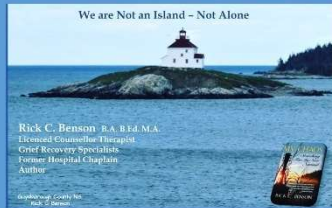
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

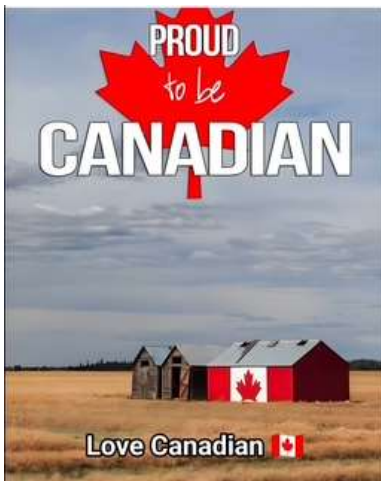
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

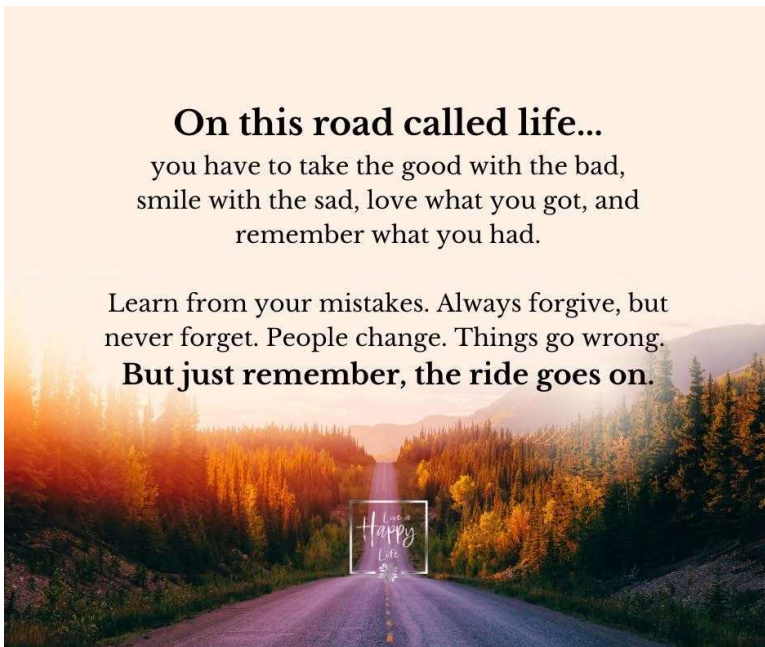
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

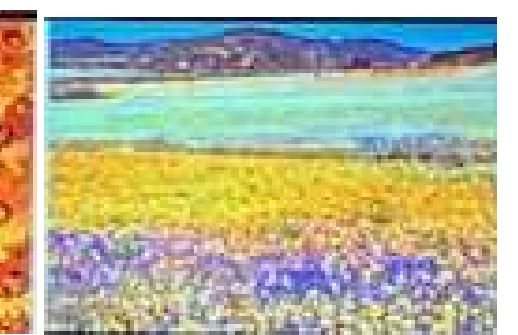
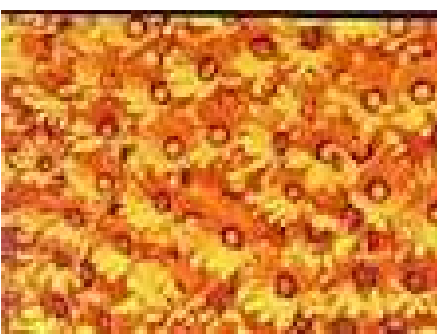
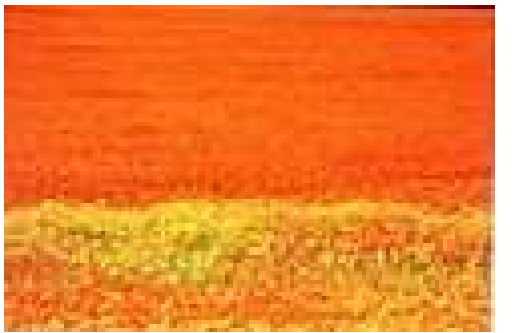
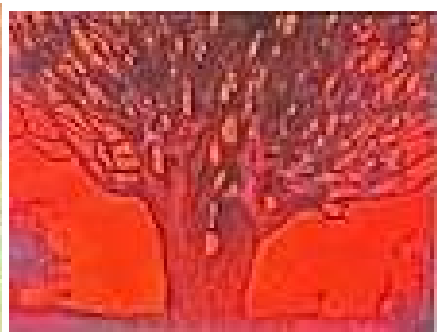
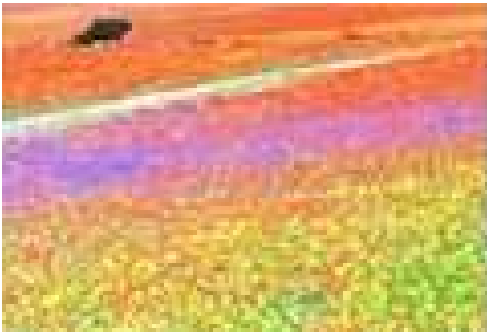
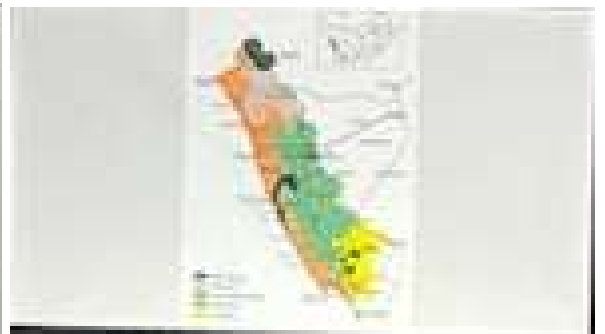
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

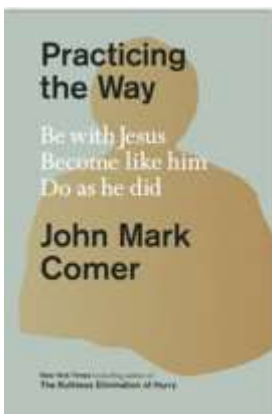
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

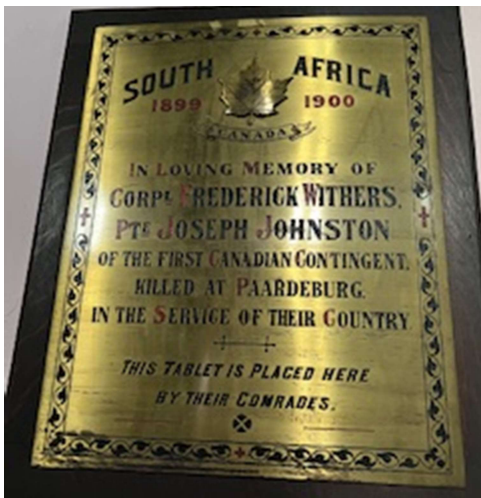


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger



Marshall Button



Archbishop David Edwards
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations

E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John's, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

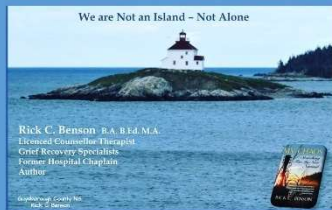
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

1. **We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
2. **Your experience is UNIQUE ... no exceptions.**
3. **You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
4. **To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

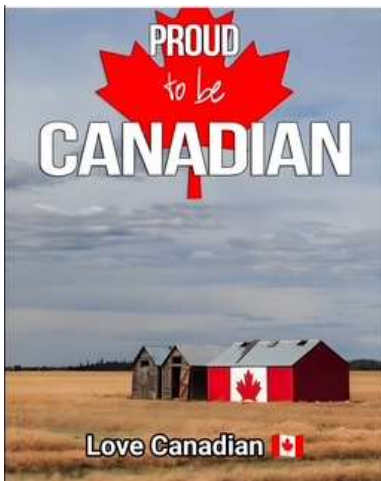
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb “It’s an ill wind that blows nobody any good.” The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood’s 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an ‘ill wind’ if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an ‘ill wind.’

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its’ country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made — handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirster wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

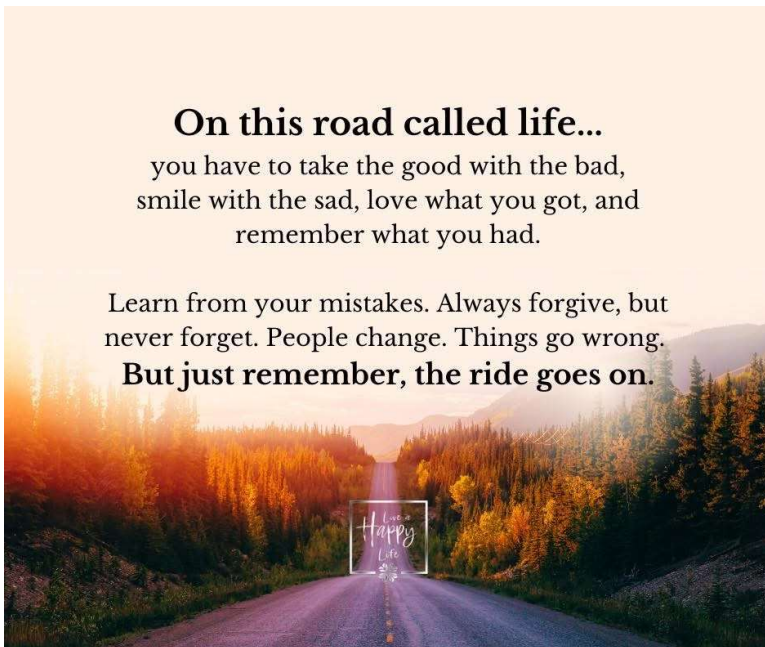
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

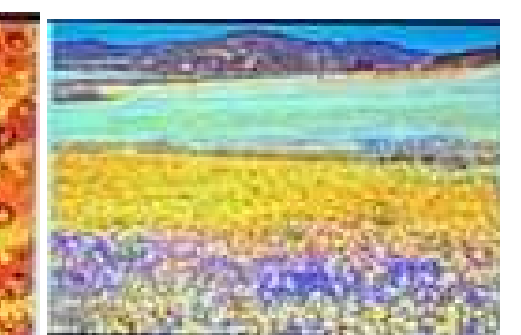
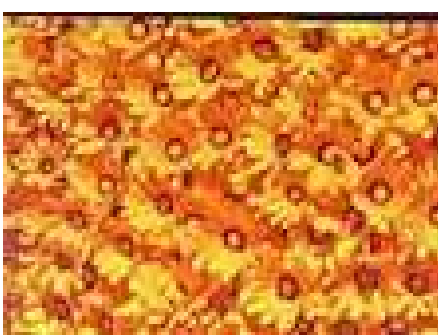
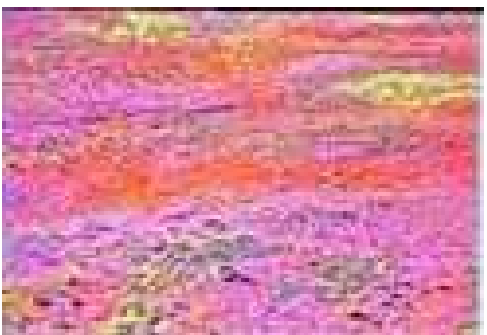
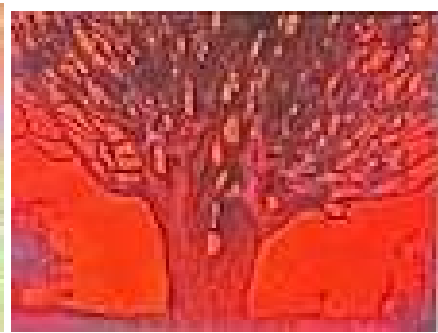
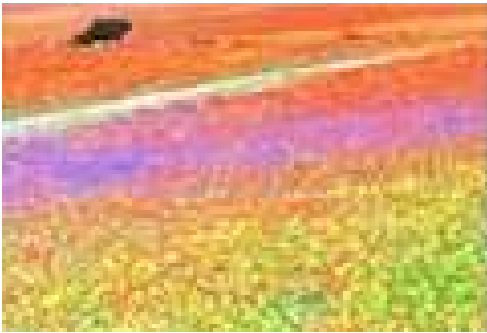
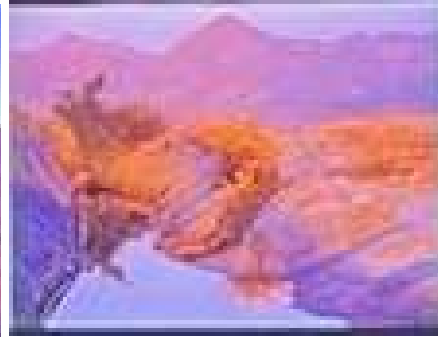
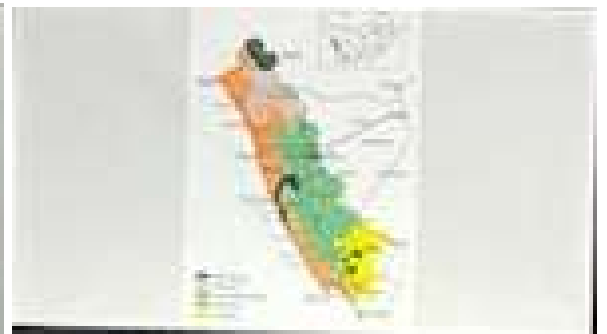
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shampers Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

Me: No more, your dog food bag says 1 cup.

The Dog: The Oreo box surely doesn't say 16 Oreos Tricia, but here we are...

How do you comfort an English teacher?
"There, their, they're."

I LIKE THIS BREAD.

IT'S JUST LIKE YOU.

IT IS?

IT'S CRUSTY ON THE OUTSIDE AND SOFT ON THE INSIDE.

AND IT LEAVES CRUMBS WHEREVER IT GOES.

Bread is like the sun...
It rises in the yeast...
And sets in the waist...



TRINITY WEEKLY NEWSLETTER

January 30, 2025

TRINITY CHURCH A Warm – Thriving – Christian Community

We are on Facebook! We invite you to “like” us!

<https://www.facebook.com/TrinityChurchUptownSJ>

Our Parish Events Calendar is available on our Webpage! <http://trinitysj.com>

You are receiving this weekly Trinity Newsletter as you are a member of the Trinity family. Should you not wish to receive this, please indicate by return e mail.

Photo Credit – Uptown Saint John

Trinity OFFICE HOURS: Our parish administrator works in the church office Tuesday, Wednesday and Thursday, 12-3 pm while working from the home office on Monday and Friday. All telephone messages regarding church business are to be directed to the office 506-693-8558 or trinsj@nb.aibn.com.

You Tube Trinity Services: You can view Trinity’s recorded services by going onto YouTube and typing in Trinity Anglican Church SJ. That will bring you to our channel and all of the previously recorded services.



The Trinity family wishes to extend a very happy birthday this week to Andre Ezeocha. We hope your special day is made even more special with family and friends sharing the day with you.

Annual General Meeting AGM for the Parish of Saint John, Trinity Anglican Church will be held on **March 9, 2025** immediately following the regular Sunday Worship Service. The meeting will be held in the Bennett Room and a light lunch will be provided. Please plan to attend as we review the great year the parish has had in 2024, the successful trending over the past number of years and be part of the planning for yet another great year 2025.

Time Line:

- All reports due no later than end of day Monday February 24th – sent to the Parish Office email (trinsj@nb.aibn.com)
- AGM Booklet available for distribution Sunday March 2
- AGM Meeting Sunday March 9

Trinity Financial Update



December – Revenue – was \$38k over budget with regular offering showing \$7k under against plan. Donations were over plan by \$36k due to the McKean Family Foundation being reconciled by RBC Wealth Management Toronto and funds that were deemed under distributed over past years were made current – with the sum of \$32,942 being received along with \$2.4k donation through Canada Helps site from an individual donor.

December– Expenses – Salaries and Benefits, Programs and Office and Administration were on or near plan for the month. Utilities was over plan by \$2.7k attributed by delayed billing from Liberty thus Nov & Dec billing

received in Dec. Maintenance was over plan by \$2.5k attributed to the resolve of the domestic hot water issue that has been ongoing for the past couple of years in Trinity Centre resulting in replacement of a pump and valves. Financing was over plan by \$3.3k due to timing of the invoice for the annual professional fees.

December – Net Income was improved by \$30k due to the above unexpected funds received as noted

Important to note – The December numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence the month was a very good month for Trinity financially.

Year to Date – December– 2024 – Revenue – YTD is \$55.7K ahead of plan. **Expenses** – were \$2.8k over plan. This results in a **Net Revenue** of \$15K against a budget Net Revenue for Dec YTD of (-\$37.7k). An overall improvement against the deficit budget of \$52.9k.

Important to note – The December year end numbers will have a couple of adjustments due to the delay in invoicing as a result of the Postal Strike. However in essence 2024 ended very well for Trinity financially.

E-Offering Stewardship Option Thank you to all who are supporting Trinity through their regular stewardship, as this helps the Treasurer meet the ongoing financial needs of Trinity’s ministry. Should you wish to join the E offering program, you can do so from your home by contacting Denise at 506-693-8558 or through the church email, trinsj@nb.aibn.com.

Trinity has currently 18 parishioners utilizing the E Offering option for ongoing stewardship. Thank you for your continued support.

Last Sunday at Trinity: Last Sunday Trinity celebrated The Third Sunday after Epiphany where we looked at Jesus’ Inaugural Address to His church – those present in the synagogue then and to us today. He was asked to read scripture in His childhood synagogue which He selected a passage from Isaiah, **“The Spirit of the Lord is upon me, because He has anointed me to bring Good News to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favor.”**

Jesus is in the very synagogue He was raised in, and now at the age of thirty, surrounded by friends, family I expect and others who knew him over the years. He openly gives them the mission of the church, His mission which He lived out fully in His next 3 ½ years of ministry up to his death on the cross. Not only does Jesus give them the mission of the church, but also clearly tells them that this prophesy He just read has been realized, as He said, **“Today this scripture has been fulfilled in your hearing.”** I often wonder what the average person in that synagogue would have understood from Jesus saying these few words, “Today this scripture has been fulfilled in your hearing?”

The church, not our buildings, but you and I have been charged with Jesus’ mission of that day and one His church has and still upholds. Jesus still does these things today, because His Church does them. The poor gain hope, whether it’s their souls or their bodies that are starved. The captives experience freedom, whether they are prisoners in a jail or prisoners in a mansion. The blind receive sight, whether it’s physical restoration by surgery or it is more often a change in lens in which we view the world through. The oppressed are set free, again whether that is in countries where certain race or beliefs oppressed are given light or ourselves who have in our own way oppressed our God given life. When Jesus reads that passage in the Nazareth synagogue, He announces a mission statement for Himself and for His body the Church.

We have not forgotten this here at Trinity. Here are some examples. Trinity supports the Saint John Food Bank which serves many on a weekly basis in our community. Also, monthly support for the Inner City Youth Ministry which helps children and youth in our greater city when it comes to food security and community. Donations of product and clothing to Beacon Cove who assist youth transitioning back into community. Being there for families at Christmas time through the Christmas Exchange, staffing the Salvation Army Kettle, some are part

of world relief, PWRDF programs and sponsorships for youth in Teen Challenge, Foster Parents Plan, Bishop McAllister College in Uganda, and Compassion Canada to name but a few.

Today, today, this scripture has been fulfilled in our hearing, if we truly realize who Jesus is for each and everyone of us.

In keeping with Pope Francis' guide for us preachers:

Focus of the message: Jesus mission for His Church (you and I) – to spread His Good News, proclaim release to the captives, recover sight to the blind, set the oppressed free and proclaim the year of the Lord's favor.

Call to Action: To seek out ways in which we may participate in His Mission more fully – spend time with a friend, donate some warm clothing to a shelter, offer of your time, talent or treasury to help others – the options are endless – just pick one this week and you will be forever blessed.

This Sunday at Trinity This Sunday Trinity will be hosting **The New Dawn Players** where they will be presenting a Mime titled – **“Water? No, It's Wine?!”** Mr. Rick Larder and his team have been with this talented group of performers for going on twenty-five years and we at Trinity provide the New Dawn Players a place to practice and rehearse on a regular basis and have enjoyed their interpretation of the scripture-based stories over the years.

The New Dawn Players evolved from the New Dawn Community group that worked for years on bringing L'Arche to Saint John. The New Dawn Players was and is made up of youth and young adults and as Rick Larder puts it, “I just look at the Players as friends engaged in an inclusive, faith-filled community pursuit.

The New Dawn Players have been together since December 2000 when they performed their very first mime presentation and this Sunday at Trinity will mark their 103rd performance. Over the years they have presented their interpretations of; The Prodigal Son, The Miracle of Cana, The Good Samaritan, The Prodigal Daughter (adapted from the Prodigal Son story to give the ladies a turn), along with eight variations of The Epiphany Story. In addition, adaptations of two folk tales from the 1950's readers; The Princess Who Never Laughed and The Golden Pears. Each story is so created to deliver a basic faith filled focus and message.

This Sunday's performance **“Water? No, It's Wine?”** has been performed ten times at six different churches since 2016. We are honored to have one of the original cast members from the inception of The New Dawn Players with us Sunday, Margaret Boyer, who will be playing Mary, the Mother of Jesus.

Do plan to come out and be blessed by the artistic presentation of The New Dawn Players this Sunday at 10:30am at Trinity.

Mark your calendar so you don't miss their last performance for this winter season.

Prayers

We offer special prayers for:



Prayers for Rt. Rev. Geoff Woodcroft Bishop of Rupert's Land. Bishop Geoff has been recently diagnosed with a terminal illness at the young age of 63. He was a fellow minister in Winnipeg when I was there and his wife, the Ven Jennifer Sissons, was my Archdeacon who jointly presented me to my bishop for Ordination ten years ago. His leadership in his diocese will live on. Please uphold Bishop Geoff, his family and the Diocese of Rupert's Land as they journey in faith going forward.

Prayers for Ukraine Most Holy God and Father. Hear our prayers for all who strive for peace and all who fight for justice. Help us, who today remember the cost of war, to work for a better tomorrow and as we commend to

you lives lost in terror and conflict, bring us all, in the end, to the peace of Your presence through Jesus Christ our Lord. Amen

Special Prayers ongoing for Viktoriia (34) and Alex (34) Yezerskaya and their children, Daniel (4) and Samuel (7). Let us pray for their safety and the blessings they will share as God's hands, speech, and feet in their answering of His call on them as they continue as missionaries in Russia among their own people.

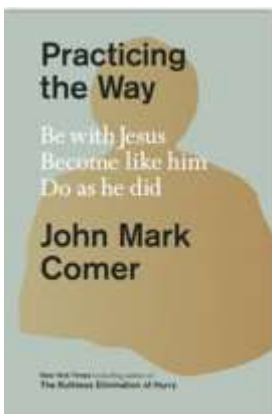
Anglican Cycle of Prayer The Anglican Church in Aotearoa, New Zealand and Polynesia, the Most Rev Justin Duckworth, the Most Rev Don Tamihere, the Most Rev Sione Uluilakepa, Primate. Council of the North, Diocese of the Arctic, Bishop David Parsons, Suffragan Bishops Annie Ittoshat, Lucy Netser and Joseph Royal, clergy and people, the Arthur Turner Training School in Pangnirtung. Anglican Church of Canada, Acting Primate Anne Germond. Diocese of Nova Scotia and Prince Edward Island, Bishop Sandra Fyfe. Diocese of Ho, Bishop Matthias Meduadues-Badohu. Diocese of Yukon, Bishop Lesley Wheeler-Dame, Teslin: St. Philip's, the Ven Sarah Usher (retired). Archbishop David, retired bishop William and their families.

Prayer for Israel and Palestine –we pray for the current peace actions and the safe release of those taken captive. We hold both communities in our prayers as they commence rebuilding their lives and that the peace presently experiencing will live on. Amen

Parish Prayer Requests Arthur Kristoffersen, Neil Patterson, Edmund Gallant, Helena Gomke, Katie Kassner, Richard (Dik) Coates, Theresa Wanamaker, Shirley Shaw, Winston Wilson, Ann Champion, Grace Gogan, Frank Rodgers, Kristin Gushurst, Alex Gushurst-Moore, Hannah Gushurst-Jones, Stephen James Du Plessis, Robert Signoretti, Jenny Bishop and Martin Palkovic.

Prayer Cards There will be prayer cards for you to fill out on Sunday's that will enable me to pray during the service for you - or your loved ones and friends by name – if you so wish. Please place them in the offertory plate and I will have them at the Altar for the intercessions. Thank you.

Educational & Spiritual Opportunities:



Our Archbishop David Edwards has recommended this book for our Diocese Lenten study – **Practicing the Way: Be with Jesus. Become like him. Do as he did.**

There are FIVE copies still available for a price of \$20 each. If we need more, we can see what we can do to secure additional copies. They are listed on line christianbook.com at \$14USD.

We will plan to hold a weekly lunch-hour Lenten Book Study focusing on the work of this book and where these words might inspire our discussion.

Session 1	Thursday March 13 – 12 noon - 1pm
Session 2	Thursday March 20 – 12 noon - 1pm
Session 3	Thursday March 27 – 12 noon - 1pm
Session 4	Thursday April 3 – 12 noon - 1pm
Session 5	Thursday April 10 – 12 noon - 1pm

TRINITY'S SERVICE CALENDAR

Date	Sunday	Service	Readings	Presider
Feb 2	The Presentation of the Lord The New Dawn Players Presentation "Water? No It's Wine?" Mime	BCP HC	Malachi 3:1-4 Psalm 84 Hebrews 2:14-18 Luke 2:22-40	Rev. Steven Scribner
Feb 9	Fifth Sunday after Epiphany	BCP HC	Isaiah 6:1-8 Psalm 138 1 Corinthian 15:1-11 Luke 5:1-11	Rev. Steven Scribner
Feb 16	Sixth Sunday after Epiphany	BCP MP	Jeremiah 17:5-10 Psalm 1 1 Corinthian 15:12-20 Luke 6:17-26	Rev. Steven Scribner
Feb 23	Seventh Sunday after Epiphany	BAS Eucharist	Genesis 45:3-11 Psalm 37: 1-12,42-42 1Corinthian 15:35-38, 42-50 Luke 6:27-38	

Winter Season at Trinity in a Glance:

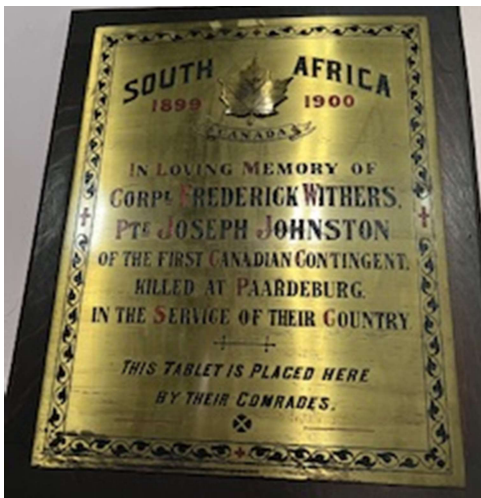


- Feb 2 – The New Dawn Players – “Water? No it’s Wine? Mime”
- Feb 8 & 15 - Rick C Benson’s two-part series on Grief Loss & Life Transitions (10am – 3pm)
- Feb 21 & 22 - Heritage Fair – Fri, Sat
- Feb 21 - 125th Anniversary Memorial service – Battle of Paardeburg (Boer War) - 1:30 – 2:30pm – Trinity Church
- Feb 22 - - 2pm - The use of Balloons in the war effort
- Mar 1 – 40 Words of Lent – Saturday 10am – 3pm
- Mar 4 Shrove Tuesday – Pancake Supper – 5pm
- Mar 5 - Ash Wednesday Service at 7pm
- Mar 9 - Annual General Meeting AMG – immediately following church service
- Mar 15 - Lent Bead Workshop – Prayer Chai / Beads – 4hr – Saturday
- Mar 20-22 - Spring Tide Shantyfest
- April 17 - Maundy Thursday – 7pm
- April 18 - Good Friday – three-hour service – 12 noon – 3pm
- April 20 - Easter Sunday 10:30am

Heritage Week at Trinity:

David Goss and Harold Wright are organizing the Heritage Fair once again at Trinity – with displays being presented in the Bennett Room on Friday and Saturday, February 21st and 22nd.

In conjunction Harold Wright is organizing the 125th Anniversary Memorial Service for the Battle of Paardeburg which was a significant battle in the Boer War which involved the 2nd Battalion, Royal Canadian Regiment. This was the Regiment’s first overseas action, and was the first loss of the Regiment’s troops during that war, including the first Canadian who was from New Brunswick. Of significant historical reference, the first Memorial



service for the South Africa war was held here at Trinity in 1900 with the only original Order of Service held at the New Brunswick Museum archives. You can see there is a plaque proudly displayed on Trinity's wall near the north-east of the Nave – pictured here.

This memorial service will be held in Trinity on Friday, February 21st at 1:30pm.

On Saturday, February 22nd at 2pm Harold Wright will be presenting a talk on the use of Balloons in the war – with this presentation being held in Trinity church also.

Mark your calendars for this two-day event hosted by Trinity for our city. Last year was a resounding success with many wonderful and informative displays of historic memorabilia with stories and facts

shared by a number of dedicated individuals and organizations passionate in sharing our history.

Beacon Cove Donations Toiletries in larger size (not travel size), feminine hygiene products, deodorant, toothbrushes, toothpaste, shampoo, conditioner and body wash. Also looking for clothing, shoes, socks, blankets and larger towels. Gift cards in small denominations. Paper products, toilet tissue, paper towels and facial tissue are welcomed.

Trinity will collect these products and deliver. Beacon Cove will also accept donations via the diocesan website – choose Beacon Cove from the drop-down menu: <https://www.canadahelps.org/en/dn/13778>.

Keep up the great work and remember the great work Beacon Cove is doing in our community

7th Trinity Speakers Dinner Series

7th Trinity Speakers Dinner
Annual
HUMOUR & WISDOM
MAKING PEOPLE LAUGH IS NO JOKE

An evening with:



James Mullinger **Marshall Button** + **Archbishop David Edwards**
moderator

Wednesday 30th April, 2025
6pm for 7pm
at the Union Club, 125 Germain St
Tickets: \$150
Sponsors: \$750
(includes wine & taxes)

Reservations
E-transfer: trints@rib.aibn.com
Please confirm: Trinity dinner

Trinity Anglican Church
115 Charlotte St
Saint John, NB E2L 2J2
506-693-8558

By way of this announcement please be advised the opportunity to reserve your ticket and or sponsorship is open for Trinity's 7th Speaker Dinner Series.

This Speaker Dinner series has been an over-the-top success and we thank Jacqueline Oland for her initiative dating back to December 9, 2016 when she brought forth the idea of a signature fund – fun raising event for Trinity.

We are very pleased to have two of New Brunswick's great comedians who will be joined by none other than our Archbishop David Edwards – who's sense of humor keeps us all grounded in this Diocese.

Mark your calendars and as you will not want to miss this exiting evening – tickets will sell quickly as the word gets out. Don't be on the outside looking in and saying I wished I went!

There are presently 18 tickets available with the preference to go to Trinity Parishioners – The tickets not reserved by February 10th will be made available to all interested parties.

GRIEF, LOSS and LIFE TRANSITIONS**Group Education Sessions**Saturday Feb 8th and 15th (2 Days)

10:00 am to 3:00 pm ... Lunches included

Trinity Anglican Church

115 Charlotte St.

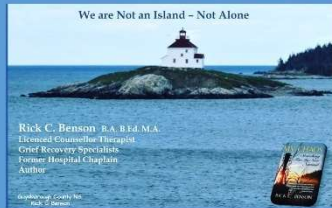
Saint John N.B.

All Welcome

\$40.00

Must Pre Register

506-693-8558



Limited Numbers Please Register in Advance

Please think about this opportunity to be guided in a number of life challenging pressures we accept but rarely know what to do with them to keep our health – healthy.

I have set up with Mr. Rick C. Benson, B.A. B.Ed., M.A. Licensed Counselling Therapist, Grief Loss & Life Transitions, Spiritual Health Counsellor / Educator, Author / Speaker to offer a two day session which will cover many areas we all find challenging to navigate when life throws us those curve balls

Grief Loss and Life Transitions – Educational Group Sessions

TRINITY CHURCH - February 8th and 15th
Rick C Benson BA, Bed, MA, LCT

Then, they sat on the ground with him for seven days and seven nights. No one said a word to him because they saw how great his suffering was.

Job 2:13

We will learn how to develop stronger “Listening Hearts”.

These sessions are for anyone who is finding their experience challenging or hopes to support loved ones who are finding it challenging to cope with a variety of grief, loss, and life transitions. They are not meant as training sessions. We will have an interactive format where participants can share 1:1 and, if they choose, within the group.

Loss of life is often what we think of when we think about Grief. It involves many other descriptions and experiences as below, but not limited to,

Death, Divorce, Serious Illness like Cancer, Dementia, Addictions and much more.

Loss of Relationships, Work, Homes, Health (Mental and Physical), Pets, Faith

FOUR PILLARS - Proven Strategies from **MY CHAOS, Searching for My New Normal**

- 1. We are not meant to deal with grief loss and life transitions alone. Resiliency is more effective when we involve OTHERS.**
- 2. Your experience is UNIQUE ... no exceptions.**
- 3. You are on a SPIRITUAL journey. There is a mystery and not a coincidence.**
- 4. To search for MEANING is more realistic than searching for happiness. Who am I now?**

There are many proven strategies, including mindfulness, Meditation, Nature, Exercise, Music, Groups, and more. We will learn about these coping mechanisms and practice them.

It is recommended that you purchase a copy of MY CHAOS-Searching For My New Normal.

Session 1 Saturday February 8, 2025 10am – 3pm (light lunch will be provided)
Session 2 Saturday February 15, 2025 10am – 3pm (light lunch will be provided)

Registration is required with a fee of \$40 to secure your participation for the two-session program. Registration will be limited to a maximum of sixteen (16). **Currently there are five registered to attend. Please do not let this opportunity pass you by.**

Place Bennett Room Trinity Centre

The workshop will cross a number of topics that Rick has included in his book, My Chaos – Searching for my new normal - and he presently has 5 hard cover copies at \$29 each, and 1 soft cover copies at \$25. Indigo has a number in store copies or one can buy through Indigo on line and shipped free to the store. Also available through Amazon.ca.

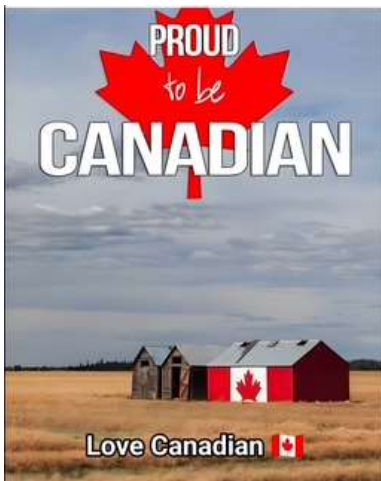
It's ok not to be ok.

We all have choices:

I am forever reminded that old saying or proverb "It's an ill wind that blows nobody any good." The origin of this saying comes from the British who have lots of sayings drawn from the sea, and in particular, the navy. In the days of sail, a battle could be won or lost on a change of wind direction. An early reference is found in John Heywood's 1546 book of proverbs (An yll wynde that blowth no man to good, men say) You can describe an unfortunate event as an 'ill wind' if someone benefits from it.

Well, I might suggest the recent pollical climate to the south of us, is just that, an 'ill wind.'

When I worked in industry, I would forever coach the unions never to go on strike if they could. If they chose to strike it would open the books so to say on all aspects of the business. Often there were ideas that were discussed at management levels, but tabled, however now during an interruption in the business such as a labor disruption, it would create a perfect time to reset how the industry would go forward.



I see this as being very similar with the last weeks of threats coming from the south. The bluster, threats and statements without factual basis might just come to bite the sender. It will be for me personally a time to take the extra effort and question what I am purchasing and to research its' country of origin. As most of us who are on social media can attest to as over this last week, we are being bombarded with Canadian options to many of the products we consume on a regular basis. I was also informed that if the tariffs go forward as promised, the Canada Dollar will be weakened by a further 25%.

The facts are, the US has 0% Nickel deposits – and depend 100% on Canada for their needs. They are significantly deficient in Electric Power production and Crude Oil supply – huge options for Canada. What needs to happen for Canada is to aggressively seek other markets and become less dependent on the US going forward.

As in my industry experience, a significant event, such as a labor disruption or for us presently in the political landscape – I might suggest we as a nation and as individuals will come through this transitional period with some pain however in the long game be stronger for it. Only one will ultimately lose at their own game.

My personal take. We as consumers have immense political power in this game being played out – play on!

The wonderful events of St. George's Anglican Church S.J. West

By none other than Donna and David Goss – who are avid supporters of Trinity now

A total of 50 Saint Johners got an early start on their Christmas decorating when they attended the "Family Crafts for Christmas" program sponsored by the recreation and parks department.

Held at St. George's Hall in West Saint John and hosted by David and Donna Goss, the afternoon had all the elements of a large family gathering to prepare to celebrate an old fashioned Christmas.

There were decorations to be made – handed out by the youngest Gosses, Derek and Christy. There was a visit from Santa, with George Conner arranging a bit of

padding to carry out the job. There was a Mexican Penata to break and nine children tried to spill its candy contents before Gerald Irish was successful with a mighty wack of a Boy Scout staff.

The whole Peanuts gang was there, too. All families received one of the 14-inch high, famous characters from the comic page, to color. When all had finished and cut out their figures, they were placed on the wall, forming a giant mural depicting Charlie Brown and all his friends gathered around their Christmas tree.

During a family project hour, several families com-

pleted a snowman, Santa and choirister wall decoration. Others completed only one or two, as they lingered too long around the tea pot munching on gaily decorated cake and cookies created by Donna Goss and Eileen Irish.

The afternoon was complemented with the usual Christmas decorations in the hall, a wreath-making demonstration, festive music and lots of children's laughter. Overall, most participants expressed a hope that such a program would again be offered by the recreation and parks department prior to Christmas next year.

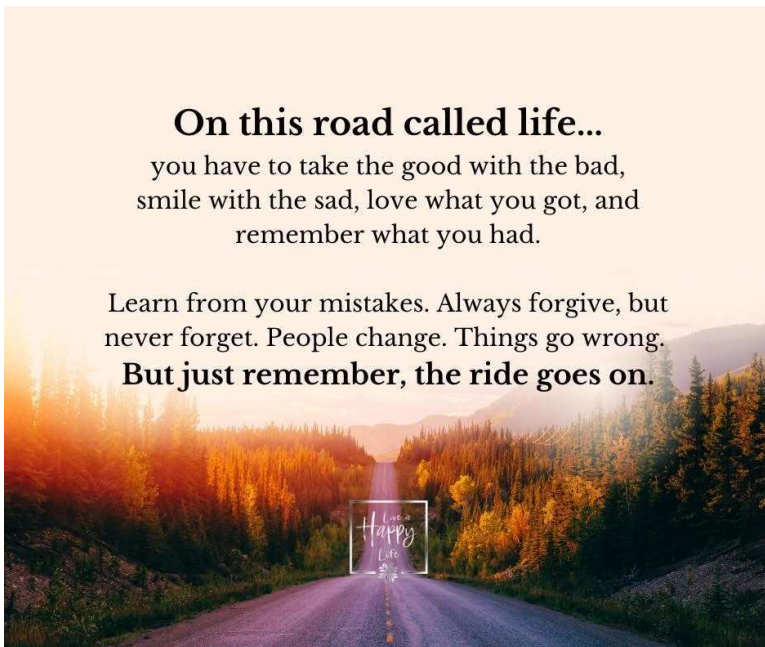
Thoughts to Ponder

On this road called life...

you have to take the good with the bad,
smile with the sad, love what you got, and
remember what you had.

Learn from your mistakes. Always forgive, but
never forget. People change. Things go wrong.

But just remember, the ride goes on.



Interesting chart. Realizing that the print is too small at the top, the criteria used to create this 2024 Best



Countries ranking table from U.S. News based on an international survey of nearly 17,000 participants. This list reflects the perceptions of a subset of approximately 5,900 respondents aged mid 40's and older. The countries were evaluated based upon seven key attributes identified by respondents' affordability, favorable tax environment, friendliness, desirability as a place to live, pleasant climate, respect for property rights and having a well-developed public health system.

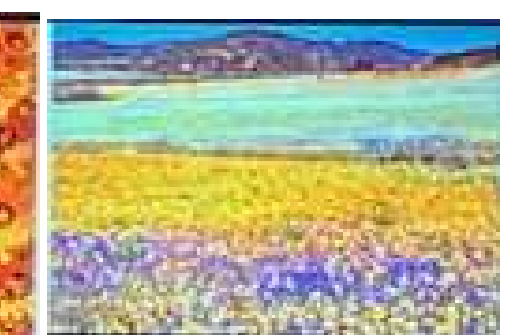
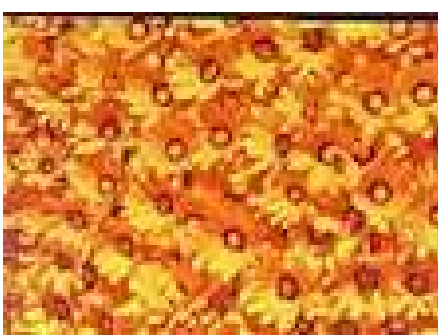
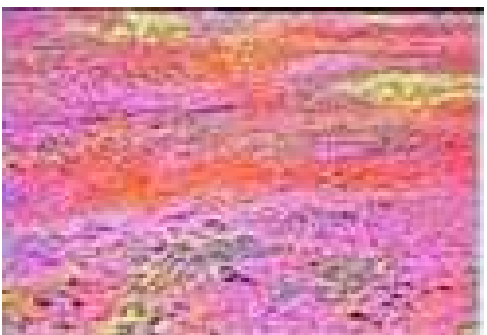
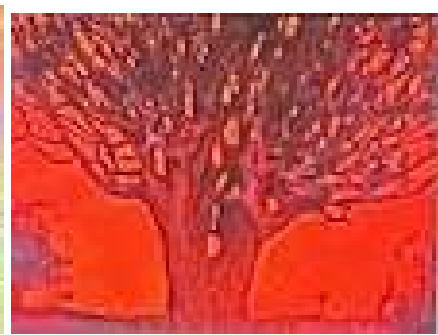
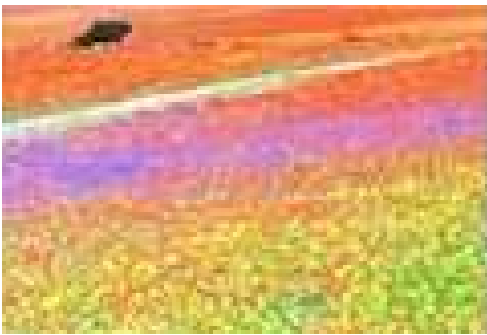
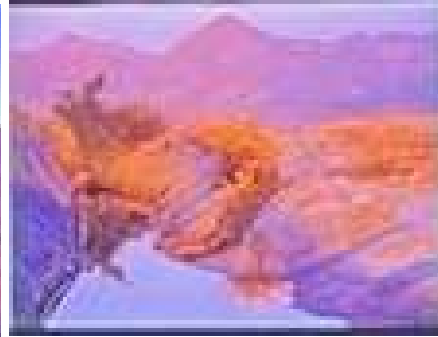
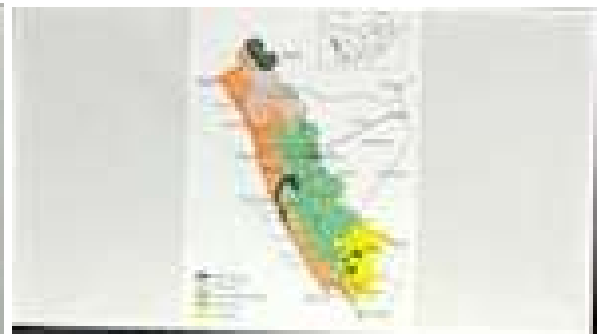
Canada is rated 5 out of 38 and our neighbour to the south is rated 30 out of 38.

Kingston Peninsula Heritage Presentation The KPH hosted a very informative and visually spectacular presentation on an area of South Africa where Mr. Freeman Patterson has visited some fifty times and commented that when he added up all the time he has spent there it would exceed eight years of his life. Mr. Freeman Patterson is a world accredited photographer born in what was once called Grey Mills, just south of Gorham's Bluff and lives in a spectacular side hill property at Shamber's Bluff, Kingston Peninsula.

His presentation which was focused on the natural floral beauty of this somewhat remote area of South Africa highlighted some three-thousand different species of wild, natural seeded flowers. And what was most interesting was how fragile they are based upon the season and the environmental conditions. These pictures are taken in the spring time there, which is July and one would miss the beauty altogether if off by one week. He showed pictures of the landscape in February – which one might mistake as a desert and the same area in the spring which are shown here in full bloom.

The presentation was held in the Kingston Parish Hall at the 'Four Corners' in Kingston to a totally max'd out attendance of over two hundred and fifty. The hour plus presentation was followed up with a brief question and answer period and light refreshments.

If you ever get an opportunity to attend one of Mr. Freeman Patterson's talks, please consider going as he will afford you a travel experience you will never forget.



Vintage Uptown Pictures:



Another picture of Rothesay Ave in the early 1970's. On the right you have T. McAvity & Sons – which was known for its' foundry and a brass shop and the owner of the patent of the McAvity Fire Hydrant one can still see world wide. Note of interest, this series of pictures that seem to be placed on Facebook must have been taken the same day in succession as the photographer must have been driving in his vehicle following this 1970 Ford Cortina which I commented on last week.



I really should look more closely – This car is identical to my first car and the same color green -may be me driving it? Here we have a view of Rothesay Avenue where Russel Street joins in. Showing the third drive in restaurant the A&W, the others being The Dog n Suds and the Roll n Shake, both on Rothesay Avenue all three of which you ordered from your car, and the food was delivered on a tray which hooked on to the drivers' door window and the family dined in the luxury of their own vehicle. On the left is shown the 1 mile Used Car

Lot. Just past this car lot on the left in my earlier days would have stood the 1 Mile House (not sure of its' prominence- possibly a rooming house of sorts) and there used to be the 3-mile house further out Rothesay Avenue. The blue house just past the A&W belonged to relatives of our family and was expropriated for the widening of Rothesay Avenue back in the day.

Request for all of our readers.



These two pictures have been sent from David Goss's files – which came from the estate of Louise and Ruth Knight dating back to Trinity Choirs of 1900. I count twenty boys in this choir picture and that would have been just a fraction of the Trinity Choir in its' day.

Keep looking if you will and we will be able to assemble a Choir and Organist / Choir Director history for Trinity over the years. Thank you, David Goss for these two pictures.

Can we check our old photos for pictures of past choirs and Organists / Choir Directors?

In assembling the history of Trinity, I would like to capture pictures of Trinity's past choirs and organists over the years. We have two choir members who are regular readers of this newsletter weekly who sang in the Trinity Choir over thirty plus years ago under the Organist and Choir Director Ruth Clarke.

We have the Advent Calendar – now the Christmas Calendar



Humour

The oldest computer was owned by Adam and Eve.
It was an Apple with very limited memory. Just 1 byte and everything crashed!

